

Do You Use Drugs?

Reading This Could Save Your Life!

WARNING: Suspected Poisonings in Peterborough, December 12, 2022

Peterborough Public Health reports high numbers of suspected drug poisonings in the community. This is suspected to be the result of an opiate product that may contain benzodiazepines. This serves as an important reminder that the street drug supply is unpredictable and harm reduction practices are essential. Beware that using even a small amount of drug can be fatal.

What to do if you inject, inhale, snort or ingest drugs:

- Drug poisoning is possible from inhaling drugs.
- Never share supplies. Avoid using damaged or modified pipes/needles.
- Don't use drugs alone. Visit the Consumption Treatment Services site at 220 Simcoe Street (open 9:30am-8:00pm, 7 days/week).
- If using with a friend, do not use at the exact same time.
- Have a plan - Ask someone to check on you or call the National Overdose Response Service [1-888-688-6677](tel:1-888-688-6677).
- Carry a naloxone kit. Keep it visible and close by.
- Avoid mixing drugs.
- Test your drug by using a small amount first.
- Call 911 immediately if someone cannot be resuscitated after naloxone is administered.

Under Canada's Good Samaritan Drug Overdose Act, if you seek medical help for yourself or for someone else who has overdosed, YOU WILL NOT be charged for possessing or using drugs for your own use.

Signs of POISONING:



Skin feels cold and clammy



Fingernails or lips are blue or purple



Body is very limp



Can't wake the person up



Deep snoring or gurgling sounds



Breathing is very slow, erratic or has stopped



Pupils are very small

**See an overdose?
Call 911.
Give naloxone.
Stay with the person.**

If you need help or have questions:



**Peterborough
Public Health**

705-743-1000

www.peterboroughpublichealth.ca

To get naloxone contact:

Peterborough Public Health... 705-743-1000

PARN... 705-749-9110

FourCAST... 705-876-1292

The Elizabeth Fry Society... 705-749-6809

360 Clinic... 705-874-3900

Canadian Mental Health Association... 705-748-6711

Curve Lake Health Centre... 705-657-2557

Mobile Support Overdose Resource Team (MSORT)... 705-760-0673

Participating Pharmacies

Other... ontario.ca/naloxone

To seek professional help for drug and alcohol use contact:

Rapid Access Addiction Medicine (RAAM) Clinic

360 George Street North, Peterborough

Open: Monday, Wednesday, Friday: 8:00 – 12 a.m. Phone: 705-749-9708