

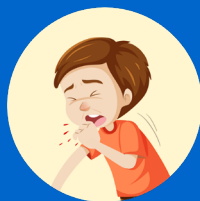
TUBERCULOSIS (TB)

Active TB Disease (TB)

Common Symptoms of Active TB:



Chest Pain



Bad Cough
(lasting 3+ weeks)
Coughing up blood
in sputum (phlegm)

Other Symptoms of Active TB:



Fatigue and
Weakness



Weight Loss
(Unintentional)



Loss of Appetite



Fever



Chills



Night Sweats

Am I contagious? If you have TB in your lungs, you can spread the germs to others. If TB is in another part of your body, you are likely not contagious. A health care provider will be able to determine this.

Treatment: People with active TB must receive treatment to prevent the spread of this disease. Peterborough Public Health will work with your health care provider to arrange a treatment plan.

Latent TB Infection (LTBI)

What is LTBI? With LTBI, the TB germs are found in the body, but are considered inactive or dormant. Generally, people who have latent TB do not have any symptoms or feel sick.

Symptoms: People with LTBI do not have symptoms. People often do not know they are infected.

Am I contagious? No, you cannot spread Latent TB to others. However, if you start having symptoms this could mean the TB germs in your body are becoming activated meaning you now have Active TB.

What to do if symptoms develop? If you start having symptoms of TB, get medical care as soon as possible. A health care provider will assess you and may order tests see if it is TB making you sick.

Do I need treatment? It is possible that you may be prescribed treatment; talk with your health care provider about next steps. Treatment prevents TB germs from becoming active and making you sick.

Without treatment, 5-10% of individuals with LTBI will develop Active TB over the course of their life. The risk of LTBI becoming Active TB is highest within the first two years of infection.



Peterborough
Public Health

705-743-1000, ext. 131

Jackson Square, 185 King Street, Peterborough
www.peterboroughpublichealth.ca