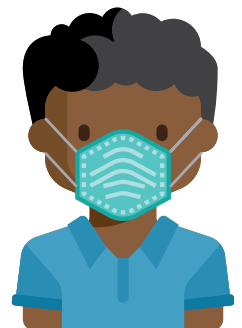
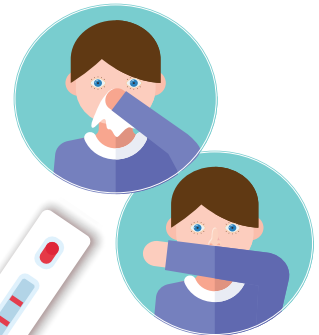


Reducing the Spread of Illness in Child Care

If illness is spreading in your facility, this resource can be used as a tool to ensure that your child care centre is taking the correct measures to reduce the spread of illness.

- ✓ Encourage frequent hand hygiene among staff and children. Assist children in proceeding through [the six steps of proper handwashing](#).
- ✓ Increase access to hand hygiene stations throughout the facility. [Alcohol based hand rub \(ABHR\)](#) can be used when soap and water are unavailable. If ABHR is to be used on children, they must be supervised.
- ✓ Implement enhanced cleaning and disinfection practices for high touch surfaces. Ensure that disinfectants have a DIN. Reach out to your center's Public Health Inspector if you have questions regarding cleaning or disinfecting.
- ✓ Encourage use of [Screening Tool](#) by children and staff. If indicated, follow the additional requirements on the screening tool for masking recommendations.
- ✓ Open windows and move activities outdoors, when it is safe to do so.
- ✓ Encourage [respiratory etiquette](#).
- ✓ Ensure masks are available to staff and to children who are able to wear a mask.
- ✓ Ensure Rapid Antigen Tests (RATs) are available to staff and children.
- ✓ Keep masks on at all times except when eating in designated locations.
- ✓ When removing masks for eating or drinking, maintain 6 feet between staff and children when possible.
- ✓ Restrict group sensory activities.
- ✓ Request additional support from PPH's School Health Team as needed: schools@peterboroughpublichealth.ca
- ✓ To report outbreaks with vomiting, diarrhea, or other reportable diseases, please call the Infectious Disease Program at [705-743-1000](tel:705-743-1000) ext. 511



Peterborough
Public Health

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