

My Child Was TESTED for COVID-19... Now what?

Follow-up instructions for children and household members who were tested for COVID-19

If your child has symptoms of COVID-19 they cannot go to school/child care.

If your symptomatic child has NOT been identified as a close contact of someone who tested positive for COVID-19 they must self-isolate at home regardless of vaccination status and can return to school/childcare when:

- 1) they have a negative test result, and
- 2) their symptoms have been improving for at least 24 hours, or 48 hours for gastrointestinal symptoms (nausea, vomiting and diarrhea).

All students, child care attendees and staff should complete the COVID-19 school and child care screen daily before leaving for school or care. It can be found at <https://covid-19.ontario.ca/school-screening/>.

If your symptomatic child has been identified as a close contact of someone who tested positive for COVID-19:

If they are fully vaccinated for COVID-19 (received 2nd dose of vaccine at least 14 days ago) or have been positive for COVID-19 in the past 90 days, they must self-isolate while awaiting test results and can return to school/childcare when:

- 1) they have a negative test result, and
- 2) their symptoms have been improving for at least 24 hours, or 48 hours for gastrointestinal symptoms (nausea, vomiting and diarrhea).

If they are not fully vaccinated for COVID-19 and have not been positive for COVID-19 in the past 90 days, self-isolation is required even if their test result is negative.

If your child's test result is negative they can return to school/childcare when:

- 1) **they have completed their 10 days of self-isolation**, and
- 2) their symptoms have been improving for at least 24 hours, or 48 hours for gastrointestinal symptoms (nausea, vomiting and diarrhea).

If your child has no symptoms, BUT they have been identified as a close contact of someone who tested positive for COVID-19:

If they are fully vaccinated for COVID-19 (received 2nd dose of vaccine at least 14 days ago) or have been positive for COVID-19 in the past 90 days, they must self-monitor for symptoms but are not required to self-isolate while awaiting test results.

If they are not fully vaccinated for COVID-19 and have not been positive for COVID-19 in the past 90 days, self-isolation is required even if their test result is negative. They can return to school after completing their 10 days of self-isolation.

What should household members do?

Household members who are not fully vaccinated including siblings must self-isolate while symptomatic child is awaiting test results. Once the child with symptoms receives a negative COVID-19 test result, household members may return to work/school.

Household members who are fully vaccinated (received 2nd dose of vaccine at least 14 days ago) or were previously positive for COVID-19 in the past 90 days do not need to isolate. If symptoms develop, isolate and seek testing.

What if my child's test result is positive?

If your child tests positive for COVID-19 you will be contacted by a public health nurse who will work with you to identify any close contacts and will provide recommendations to your child's contacts about self-isolation and testing. Public health will advise you when your child can return to school.

Close physical contact means:

- Living in the same home; or
- Being less than 2 metres (6 feet) away in the same room or area from another person for more than 15 minutes; or
- Being in the same classroom or seated within close vicinity on the same school bus

You will be notified by public health about next steps including the period of isolation if your child is considered a close contact of someone who tested positive.

For questions or more information, call **705-743-1000** or visit
peterboroughpublichealth.ca/covid19