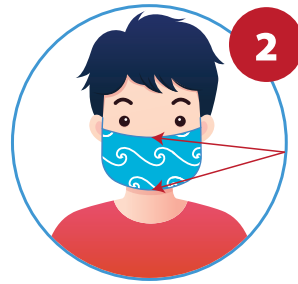


How to SAFELY wear a cloth mask or face covering...



Before putting on a mask, wash your hands & secure hair away from your face.



Place the mask snugly over your mouth & nose, make sure there are no gaps.



Avoid touching your face & mask while using it. Do not leave the mask on your neck, forehead or hanging from your ear.



Change your mask as soon as it gets damp or soiled.



Remove the mask without touching the outside of the mask & launder it before wearing again.



Wash your hands & clean any surfaces that the dirty mask touches.

REMEMBER: stay 2 metres apart from others, and wear a face covering when you can't maintain physical distancing.