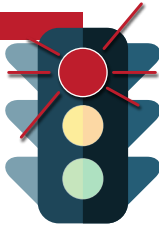


PHYSICAL DISTANCING: What does it mean?



Reducing close contact
between people to slow the
spread of infection and disease.

NOT Safe to DO



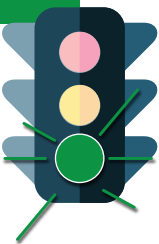
- Group Gatherings
- Sleepovers
- Playdates
- Using Playground Structures
- Movie/Theatre Outings
- Athletic Events
- Crowded Retail Stores
- Malls
- Workouts in Gyms
- Visitors in your House
- Non-essential Workers in your House
- Mass Transit Systems
- Travelling
- Dining out at Restaurants
- Concerts

USE CAUTION



- Visit Grocery Store
- Picking up Take Out Food
- Pick up Medications
- Donating Blood

Safe to DO



- Take a Walk
- Go for a Hike
- Work/Play in your Yard
- Clean out a Closet
- Read a Good Book
- Listen to Music
- Cook a Meal
- Family Game Night
- Go for a Drive
- Group Video Chats
- Stream a Favourite Show
- Call a Friend
- Call on Elderly Neighbour
- Virtual Field Trips of Museums/Art Galleries