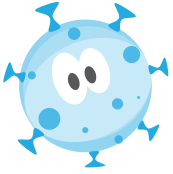
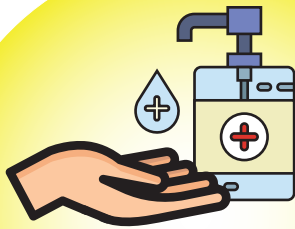
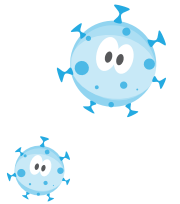


Hand Sanitizing!



Stop the Spread of Germs

If you do not have access to soap and water,
use a hand sanitizer with at least 60% alcohol.



1

Apply 1 to 2 pumps
of sanitizer.



2

Rub hands
together.



3

Rub liquid
into the palms, backs of
hands, between fingers
and under nails.



4

Rub hands
until dry.

Always sanitize your hands after you:

- Sneeze, cough or blow your nose
- Use the washroom
- Play outdoors

Before and after you:

- Touch or eat food
- Touch a cut

If hands are dirty use soap and water.