

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



PETERBOROUGH Gets Active JUNE 2019

FREE

kids activities
all month long!

For more information, visit
peterboroughpublichealth.ca
and search **Healthy Kids**
or contact
Claire Townshend
at **705-743-1000, ext. 355**



HEALTHY KIDS PETERBOROUGH



AquaFit

(Ages 12+ years)
Peterborough Sport
and Wellness Centre
8:05 a.m. - 8:50 a.m.

Fitness Bootcamp

(12+ Years)
Peterborough Sport
and Wellness Centre
9:15 a.m. - 10:15 a.m.

Me and My Dad

(Ages 0-6 years)
Peterborough Child & Family
Centres

Antrim Site

9:30 a.m. - 12:00 p.m.

Facilitated Craft Program

Peterborough Sport
and Wellness Centre
10:00 a.m. - 11:00 a.m.

*Child and Family Yoga

Norwood Public Library
10:00 a.m. - 11:00 a.m.

Farm Animals & More Harley Farms

Keene
10:00 a.m. - 5:00 p.m.

Yoga

(12+ years)
Peterborough Sport
and Wellness Centre
10:30 a.m. - 11:45 a.m.

Family Gym Drop In

Peterborough Sport
and Wellness Centre
10:30 a.m. - 1:30 p.m.

Hands on Fun

Kawartha Lakes Public Library
Omeme
10:30 a.m. - 1:30 p.m.

Try it Tennis

Quaker Park Tennis Club
11:00 a.m. - 3:00 p.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres

Antrim Site

1:00 p.m. - 3:30 p.m.

Public Swim

Peterborough Sport
and Wellness Centre
2:00 p.m. - 4:00 p.m.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
International Trails Day Harold Town Conservation Area 10:00 a.m. - 3:00 p.m. *Archery (Ages 8-13 years) Peterborough Multisport Club 12:30 p.m. - 2:30 p.m. IMPROV with Linda Kash (Ages 7-14 years) Peterborough Academy of Performing Arts 3:00 p.m. - 4:00 p.m.	Family Play to Learn 2 (Ages 0-6 years) Peterborough Child & Family Centres <i>Otonabee Valley Site</i> 9:00 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Norwood Site</i> 9:30 a.m. - 12:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 10:00 a.m. - 11:30 a.m. *Little Samurai (Ages 5-7 years) Peterborough Multisport Club 4:00 p.m. - 4:45 p.m. *Karate (Ages 14+ years) Peterborough Multisport Club 6:30 p.m. - 8:00 p.m.	Family Play to Learn 3 (Ages 0-6 years) Peterborough Child & Family Centres <i>Otonabee Valley Site</i> 9:00 a.m. - 11:30 a.m. Family Play to Learn Lakefield (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 9:30 a.m. - 12:00 p.m. Drop in Story Time Peterborough Public Library 10:30 a.m. - 11:00 a.m. Mom and Tots (Ages 0-4 years) Kawartha Lakes Public Library <i>Omeme</i> 10:15 a.m. - 12:00 p.m. Kids Yoga (Ages 2+) Play Café 1:30 p.m. - 2:00 p.m. Family Play to Learn (Ages 0-12months) Peterborough Child & Family Centres <i>St. John Site</i> 1:30 p.m. - 3:00 p.m. Cavendish Youth Group Trent Lakes Public Library <i>Cavendish Branch</i> 6:00 p.m. - 7:30 p.m. Ninja Kids (Ages 1-6 years) Peterborough Sports & Wellness Centre 5:15 p.m. - 6:15 p.m. Judo by Ninja Kids (Ages 5+) Peterborough Sports & Wellness Centre 6:15 p.m. - 7:15 p.m. Bowling Lakeview Bowl 6:00 p.m. - 8:00 p.m. *Aiki Jujutsu (Ages 10 -14 years) Peterborough Multisport Club 6:30 p.m. - 7:15 p.m.	Family Play to Learn 4 (Ages 0-6 years) Peterborough Child & Family Centres <i>Antrim Site</i> 9:30 a.m. - 12:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>St. John Site</i> 9:30 a.m. - 12:00 p.m. Yoga Frog Story Time (Ages 0-5 years) Trent Lakes Public Library <i>Buckhorn Branch</i> 11:00 a.m. - 12:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Norwood Site</i> 1:00 p.m. - 3:00 p.m. *Let's Cook Together The Old Millbrook School EarlyON Child and Family Centre 4:00 p.m. - 5:30 p.m. Tech Fest Kawartha Lakes Public Library <i>Omeme Branch</i> 4:30 p.m. - 6:30 p.m. *Karate Peterborough Multisport Club (Ages 7-13 years) 5:30 p.m. - 6:30 p.m. *Karate (Ages 14+ years) Peterborough Multisport Club 6:30 p.m. - 8:00 p.m. *Child & Family Zumba Norwood Library <i>Westwood Branch</i> 7:00 p.m. - 8:00 p.m. World Environment Day Guided Photography Hike Beavermead Park 6:00 p.m. - 7:30 p.m.	Family Play to Learn 5 (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 9:30 a.m. - 12:00 p.m. Story Time (Ages 0-4 years) Cavan Monaghan Libraries <i>Bruce Johnston Branch</i> 10:00 a.m. - 11:00 a.m. Family Play to Learn (Ages 0-12 months) Peterborough Child & Family Centres <i>Antrim Site</i> 10:00 a.m. - 11:30 a.m. Apsley Play to Learn (Ages 0-6 years) North Kawartha Community Centre 10:00 a.m. - 12:00 p.m. *Family Jitsu (Ages 8+ years) Peterborough Multisport Club 5:00 p.m. - 6:30 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Antrim Site</i> 1:00 p.m. - 3:30 p.m. *Little Legionnaires Fencing (Ages 5-9 years) Peterborough Multisport Club 5:00 p.m. - 6:00 p.m. Scavenger Hunt The Canadian Canoe Museum 5:00 p.m. - 8:00 p.m. See PTBO by BIKE Family Ride Greenup - Meet at Rogers Cove 6:00 p.m. - 7:30 p.m. Bowling Lakeview Bowl 6:00 p.m. - 8:00 p.m. *Aiki Jujutsu (Ages 10 -14 years) Peterborough Multisport Club 6:30 p.m. - 7:15 p.m.	Story Time 6 (Ages 0-4 years) Cavan Monaghan Libraries <i>Millbrook Branch</i> 10:00 a.m. - 11:00 a.m. *Dogs, Dogs, Dogs The Old Millbrook School EarlyON Child and Family Centre 10:00 a.m. - 11:30 a.m. *Giant Games (Ages 4+) Selwyn Public Library <i>Lakefield Branch</i> 10:30 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>St. John Site</i> 9:30 a.m. -12:00 p.m. *LEGO Block Party (Ages 4+) Selwyn Public Library <i>Lakefield Branch</i> 1:30 p.m. - 2:30 p.m. *Karate (Ages 7-13 years) Peterborough Multisport Club 5:30 p.m. - 6:30 p.m. Backyard Games Downtown Youth Space <i>Confederation Park</i> 3:00 p.m. - 6:00 p.m.	Me and My Dad 7 (Ages 0-6 years) Peterborough Child & Family Centres <i>Antrim Site</i> 9:30 a.m. - 12:00 p.m. Hands on Fun 10:30 a.m. - 1:30 p.m. Kawartha Lakes Public Library <i>Omeme Branch</i> Kids on Bikes PTBO Greenup - Meet at Silver Bean Cafe 10:00 a.m. - 2:00 p.m. Outdoor Nature & Play Camp Kawartha <i>Environment Centre</i> 1:00 p.m. - 4:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Antrim Site</i> 1:00 p.m. - 3:30 p.m. Farm Animals & More Harley Farms Keene 10:00 a.m. - 5:00 p.m. Ninja Kids Trent - Athletics Centre Ages 2-3 years - 9:00 a.m. Ages 3-5 years - 10:00 a.m. Ages 4-6 years - 11:00 a.m.



SUNDAY

Ice Age Mammals
Peterborough Museum & Archives
Open Daily
Monday - Friday
9:00 a.m. - 5:00 p.m.
Saturday & Sunday
10:00 a.m. - 5:00 p.m.

MONDAY

Family Play to Learn ⁹
(Ages 0-6 years)
Peterborough Child & Family Centres
Otonabee Valley Site
9:00 a.m. - 11:30 a.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Norwood Site
9:30 a.m. - 12:00 p.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Lakefield Site
10:00 a.m. - 11:30 a.m.
Turtle Education
Ontario Turtle Conservation Centre
11:00 a.m. - 2:00 p.m.
***Little Samurai**
(Ages 5-7 years)
Peterborough Multisport Club
4:00 p.m. - 4:45 p.m.
***Karate**
(Ages 14+ years)
Peterborough Multisport Club
6:30 p.m. - 8:00 p.m.

TUESDAY

Family Play to Learn ¹⁰
(Ages 0-6 years)
Peterborough Child & Family Centres
Otonabee Valley Site
9:00 a.m. - 11:30 a.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Lakefield Site
9:30 a.m. - 12:00 p.m.
Mom and Tots
(Ages 0-4)
Kawartha Lakes Public Library
Omeme Branch
10:15 a.m. - 12:00 p.m.
Family Play to Learn
(Ages 0-12 months)
Peterborough Child & Family Centres
St. John Site
1:30 p.m. - 3:00 p.m.
Cavendish Youth Group
Trent Lakes Public Library
Cavendish Branch
6:00 p.m. - 7:30 p.m.
Bowling!
Lakeview Bowl
6:00 p.m. - 8:00 p.m.
***Aiki Jujutsu**
(Ages 10 -14 years)
Peterborough Multisport Club
6:30 p.m. - 7:15 p.m.

WEDNESDAY

Family Play to Learn ¹¹
(Ages 0-6 years)
Peterborough Child & Family Centres
Antrim Site
9:30 a.m. - 12:00 p.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
St. John Site
9:30 a.m. - 12:00 p.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Norwood Site
1:00 p.m. - 3:00 p.m.
***Karate**
(Ages 7-13 years)
Peterborough Multisport Club
5:30 p.m. - 6:30 p.m.
***Karate**
(Ages 14+ years)
Peterborough Multisport Club
6:30 p.m. - 8:00 p.m.

THURSDAY

Open Gym ¹²
The Old Millbrook School
EarlyON Child and Family Centre
9:00 a.m. - 11:30 a.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Lakefield Site
9:30 a.m. - 12:00 p.m.
Story Time
(Ages 0-4)
Cavan Monaghan Libraries
Bruce Johnston Branch
10:00 a.m. - 11:00 a.m.
Family Play to Learn
(Ages 0-12 months)
Peterborough Child & Family Centres
Antrim Site
10:00 a.m. - 11:30 a.m.
Apsley Play to Learn
(Ages 0-6 years)
North Kawartha Community Centre
10:00 a.m. - 12:00 p.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Antrim Site
1:00 p.m. - 3:30 p.m.
***Little Legionnaires Fencing**
(Ages 5-9)
Peterborough Multisport Club
5:00 p.m. - 6:00 p.m.
***Family Jitsu**
(Ages 8+ years)
Peterborough Multisport Club
5:00 p.m. - 6:30 p.m.
Scavenger Hunt
The Canadian Canoe Museum
5:00 p.m. - 8:00 p.m.
Bowling
Lakeview Bowl
6:00 p.m. - 8:00 p.m.
***Aiki Jujutsu**
(Ages 10 -14 years)
Peterborough Multisport Club
6:30 p.m. - 7:15 p.m.

FRIDAY

Family Play to Learn ¹³
(Ages 0-6 years)
Peterborough Child & Family Centres
St. John Site
9:30 a.m. - 12:00 p.m.
Story Time
(Ages 0-4)
Cavan Monaghan Libraries
Millbrook Branch
10:00 a.m. - 11:00 a.m.
***Karate**
(Ages 7-13 years)
Peterborough Multisport Club
5:30 p.m. - 6:30 p.m.

SATURDAY

Diggin' the Dino's ¹⁴
Peterborough Museum and Archives
9:30 a.m. - 11:30 a.m.
Me and My Dad
(Ages 0-6 years)
Peterborough Child & Family Centres
Antrim Site
9:30 a.m. - 12:00 p.m.
Farm Animals & More
Harley Farms
Keene
10:00 a.m. - 5:00 p.m.
Father's Day Story Time
Peterborough Public Library
10:30 a.m. - 11:00 a.m.
Hands on Fun
Kawartha Lakes Public Library
Omeme Branch
10:30 a.m. - 1:30 p.m.
Family Play to Learn
(Ages 0-6 years)
Peterborough Child & Family Centres
Antrim Site
1:00 p.m. - 3:30 p.m.
Solar Viewing
Peterborough Astronomical Association
Riverview Park & Zoo
1:00 p.m. - 4:00 p.m.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Machinery Day

Keene, Hope Mill
9:30 a.m. - 4:00 p.m.
Yoga
(Ages 7-12 years)
Salti Yoga
12:00 p.m. - 12:45 p.m.

16

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Otonabee Valley Site
9:00 a.m. - 11:30 a.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Norwood Site
9:30 a.m. - 12:00 p.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Lakefield Site
10:00 a.m. - 11:30 a.m.

*Little Samurai

(Ages 5-7 years)
Peterborough Multisport Club
5:00 p.m. - 6:00 p.m.

*Karate

(Ages 14+ years)
Peterborough Multisport Club
6:30 p.m. - 8:00 p.m.

17

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Otonabee Valley Site
9:00 a.m. - 11:30 a.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Lakefield Site
9:30 a.m. - 12:00 p.m.

Mom and Tots

(Ages 0-4 years)
Kawartha Lakes Public Library
Omeme Branch
10:15 a.m. - 12:00 p.m.

Family Play to Learn

(Ages 0-12months)
Peterborough Child &
Family Centres
St. John Site
1:30 p.m. - 3:00 p.m.

Cavendish Youth Group

Trent Lakes Public Library
Cavendish Branch
6:00 p.m. - 7:30 p.m.

Bowling

Lakeview Bowl
6:00 p.m. - 8:00 p.m.

*Aiki Jujutsu

(Ages 10 -14 years)
Peterborough Multisport Club
6:30 p.m. - 7:15 p.m.

18

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Antrim Site
9:30 a.m. - 12:00 p.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
St. John Site
9:30 a.m. - 12:00 p.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Norwood Site
1:00 p.m. - 3:00 p.m.

*Karate

(Ages 7-13 years)
Peterborough Multisport Club
5:30 p.m. - 6:30 p.m.

*Karate

(Ages 14+ years)
Peterborough Multisport Club
6:30 p.m. - 8:00 p.m.

19

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Lakefield Site
9:30 a.m. - 12:00 p.m.

Story Time

(Ages 0-4)
Cavan Monaghan Libraries
Bruce Johnston Branch
10:00 a.m. - 11:00 a.m.

Family Play to Learn

(Ages 0-12 months)
Peterborough Child &
Family Centres
Antrim Site
10:00 a.m. - 11:30 a.m.

Apsley Play to Learn

(Ages 0-6 years)
North Kawartha Community
Centre
Apsley Branch
10:00 a.m. - 12:00 p.m.

Kids Yoga (Ages 2+)

Play Café
1:30 p.m. - 2:00 p.m.

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Antrim Site
1:00 p.m. - 3:30 p.m.

*Little Legionnaires

Fencing

(Ages 5-9)
Peterborough Multisport Club
5:00 p.m. - 6:00 p.m.

*Family Jitsu

(Ages 8+ years)
Peterborough Multisport Club
5:00 p.m. - 6:30 p.m.

Scavenger Hunt

The Canadian Canoe Museum
5:00 p.m. - 8:00 p.m.

Twilight Tales

Peterborough Public Library
Millennium Park
6:30 p.m. - 7:30 p.m.

Bowling

Lakeview Bowl
6:00 p.m. - 8:00 p.m.

*Aiki Jujutsu

(Ages 10-14 years)
Peterborough Multisport Club
6:30 p.m. - 7:15 p.m.

20

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
St. John Site
9:30 a.m. - 12:00 p.m.

Story Time!

(Ages 0-4)
Cavan Monaghan Libraries
Millbrook Branch
10:00 a.m. - 11:00 a.m.

*Karate

(Ages 7-13 years)
Peterborough Multisport Club
5:30 p.m. - 6:30 p.m.

Free Youth Night

Drop-In

(Ages 10-14 years)
YMCA
7:00 p.m. - 9:00 p.m.

21

Me and My Dad!

(Ages 0-6 years)
Peterborough Child &
Family Centres
Antrim Site
9:30 a.m. - 12:00 p.m.

Farm Animals & More

Harley Farms

Keene
10:00 a.m. - 5:00 p.m.

Hands on Fun

10:30 a.m. - 1:30 p.m.
Kawartha Lakes Public Library
Omeme Branch

Family Play to Learn

(Ages 0-6 years)
Peterborough Child &
Family Centres
Antrim Site
1:00 p.m. - 3:30 p.m.

22



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<div>23</div> <div>Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Otonabee Valley Site</i> 9:00 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Norwood Site</i> 9:30 a.m. - 12:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 10:00 a.m. - 11:30 a.m.</div>	<div>24</div> <div>Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Otonabee Valley Site</i> 9:00 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 9:30 a.m. - 12:00 p.m. Mom and Tots (Ages 0-4) Kawartha Lakes Public Library Omemee Branch 10:15 a.m. - 12:00 p.m. Gymnastics Kawartha Gymnastics 5:00 p.m. - 7:00 p.m. Cavendish Youth Group Trent Lakes Public Library <i>Cavendish Branch</i> 6:00 p.m. - 7:30 p.m. Bowling Lakeview Bowl 6:00 p.m. - 8:00 p.m.</div>	<div>25</div> <div>Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Antrim Site</i> 9:30 a.m. - 12:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Norwood Site</i> 1:00 p.m. - 3:00 p.m.</div>	<div>26</div> <div>Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Antrim Site</i> 9:30 a.m. - 12:00 p.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 9:30 a.m. - 12:00 p.m. Story Time Cavan Monaghan Libraries <i>Bruce Johnston Branch</i> (Ages 0-4) 10:00 a.m. - 11:00 a.m. Family Play to Learn (Ages 0-12 months) Peterborough Child & Family Centres <i>Antrim Site</i> 10:00 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) 1:00 p.m. - 3:30 p.m. Peterborough Child & Family Centres <i>Antrim Site</i> Scavenger Hunt The Canadian Canoe Museum 5:00 p.m. - 8:00 p.m. Bowling Lakeview Bowl 6:00 p.m. - 8:00 p.m.</div>	<div>27</div> <div>Open Gym The Old Millbrook School EarlyON Child and Family Centre 9:00 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) Peterborough Child & Family Centres <i>Lakefield Site</i> 9:30 a.m. - 12:00 p.m. Story Time Cavan Monaghan Libraries <i>Bruce Johnston Branch</i> (Ages 0-4) 10:00 a.m. - 11:00 a.m. Family Play to Learn (Ages 0-12 months) Peterborough Child & Family Centres <i>Antrim Site</i> 10:00 a.m. - 11:30 a.m. Family Play to Learn (Ages 0-6 years) 1:00 p.m. - 3:30 p.m. Peterborough Child & Family Centres <i>Antrim Site</i> Scavenger Hunt The Canadian Canoe Museum 5:00 p.m. - 8:00 p.m. Bowling Lakeview Bowl 6:00 p.m. - 8:00 p.m.</div>	<div>28</div> <div>Story Time Cavan Monaghan Libraries <i>Millbrook Branch</i> (Ages 0-4) 10:00 a.m. - 11:00 a.m.</div>	<div>29</div> <div>Muay Thai (Ages 5+) Dohjo Muay Tai & Fitness 12:30 p.m. - 1:30 p.m. Free Family Day Pass YMCA 7:00 a.m. - 5:00 p.m. Farm Animals & More Harley Farms Keene 10:00 a.m. - 5:00 p.m. Hands on Fun Kawartha Lakes Public Library <i>Omemee Branch</i> 10:30 a.m. - 1:30 p.m.</div>

*Registration Required

*Registration Required

Ice Age Mammals
 Peterborough Museum & Archives
Open Daily
 Monday - Friday
 9:00 a.m. - 5:00 p.m.
 Saturday & Sunday
 10:00 a.m. - 5:00 p.m.



Check out the **TD Summer Reading Club** happening in July and August at your local library! It's Canada's biggest, bilingual free summer reading program for kids of all ages, interests, and abilities. Celebrating Canadian authors, illustrators and stories, it is designed to inspire kids to explore the fun of reading their way – the key to building a lifelong love of reading. This year's theme is The Natural World. Curious? Check out their website at www.tdsommerreadingclub.ca



Peterborough will be participating in the **ParticipACTION Community Better Challenge** from May 31st – June 16th, as we strive to be named Canada's Most Active Community. We are encouraging everyone to get active and incorporate physical activity where they live, work and play. Download the ParticipACTION App or sign-up at www.participACTION.com and start tracking your physical activity minutes as an individual or on behalf of your children.



Pathways to Stewardship & Kinship is an initiative which encourages students, teachers, parents to get kids outside, fostering connection to nature as part of developing an ethic of stewardship.

How do we raise engaged and concerned citizens in our community? How can we teach children to care for each other and the land and water we share? The Pathway to Stewardship & Kinship is a community-based strategy that attempts to answer these important questions. It provides a way forward so that we, collectively, can foster tomorrow's stewards, today. campkawartha.ca/pathway-to-stewardship/