

ALERT: Confirmed Human Rabies Case in Ontario

September 9, 2024

Key Information:

- Brant County Health Unit has publicly shared a confirmed case of human rabies within their region;
 - o First locally acquired case in Ontario since 1967
- When a case of human rabies was reported in British Columbia in 2019, PPH and Health Units saw a significant increase in suspect rabies exposures, eventually leading to a shortage of rabies immunoglobulin in Ontario
 - There is currently no shortage of immunoglobulin (if this happens, we will communicate with directions)
- Health care providers should continue to conduct risk assessments for potential exposures and consult with public health when necessary; PPH staff are on call 24/7 to support
- Current guidance for post-exposure prophylaxis is available online from the Ministry of Health

Situation:

On September 6th, 2024, the Brant County Health Unit publicly announced a confirmed human case of rabies within their region. The suspected exposure was from a bat in the Gowganda area of the Timiskaming region. Close contacts have been/are being followed up with, to be provided with post-exposure prophylaxis care. This is the first domestically acquired case of human rabies in Ontario since 1967. Peterborough Public Health (PPH) has identified multiple <u>bats</u> positive within our own region this year.

Please note that bat bites may not leave clear, visible marks and caution is needed. When a nearby human case is publicized, there may be an increased number of individuals seeking care or advice for potential exposures. **All suspect rabies exposures and potential clinical cases of rabies must be reported immediately** to PPH, using the appropriate reporting form. During business hours (8:30am-4:30pm, M-F), reports can be faxed to 705-743-2897 or by phoning 705-743-1000. Outside of business hours, reports must be made by phoning 705-760-8127.

Post-Exposure Prophylaxis:

Guidance from the Ministry of Health for post-exposure prophylaxis should always be followed. Prophylaxis is recommended for anyone who has been:

- In close contact with someone who is a confirmed case of rabies; or
- Bitten, scratched or otherwise exposed via mucosal membrane to wild animals (racoons, skunks, foxes); or
- In direct skin contact with a bat when bite/scratch cannot be ruled out; or
- In direct contact with a bat and a bite, scratch, or saliva exposure into a wound/mucous membrane cannot be ruled out entirely*; and
- In other specified cases*.

Currently, PPH distributes three rabies biologicals (listed below). These can be ordered from PPH during business hours, Monday to Friday, using the order form.

- KAMRAB Immunoglobulin
- <u>Imovax (rab</u>ies vaccine)
- RabAvert (rabies vaccine)

Health Care Professional Alerts from PPH:

PPH is transitioning all communication with HCPs to an email subscription using Mailchimp. As of October 1st, 2024, alerts will no longer be sent outside of Mailchimp. HCPs must sign up online to receive alerts on this system.

^{*}Some scenarios may be nuanced and require further considerations. PPH has trained staff who are available 24/7 to support exposure assessments.