

Initial Control Measures Information Package

These Initial Control Measures are intended to guide facilities in the minimum initial control measures you should implement immediately when there is a new confirmed case or cluster of cases to prevent further transmission. Most initial control measures reference guidance for COVID-19 which should be in place until COVID-19 is ruled out through testing. Peterborough Public Health (PPH) staff will meet with you to review these, and any additional measures needed based on the specific situation.

1. **Contact PPH about your new resident case, outbreak related staff or cluster of cases:**
 - Long-term Care & Retirement Homes
 - **Monday – Friday 8:30 a.m. to 4:30 p.m.:**
 - Complete the [online form](#)
 - Call 705-743-1000 ext 511 to report
 - **After Hours:** Monday to Friday evenings from 4:30 pm – 8:30 am, Weekends and Statutory Holidays:
 - Call 705-760-8127
2. **Post notification signage:**
 - If you are suspecting or have a confirmed outbreak: Post signage for staff/visitors.
3. **Initiate Droplet/Contact Precautions (DCP):**
 - Positive and/or ill residents.
 - Roommates of ill residents who are pending a MRVP or COVID-19 PCR result.
 - Roommates of a confirmed influenza resident case do not need to be placed on DCP.
 - Roommates of positive COVID-19 cases.
 - Roommates who were previously positive within the last 90 days do not need to be placed on DCP or tested unless symptomatic.
 - Non-roommate resident/patient close contacts who remain asymptomatic do not need to be on DCP but should be monitored twice daily, wear a mask, and physically distance from others for 7 days post-exposure.
4. **Management of Staff:**
 - Ensure positive and/or ill staff are not working while symptomatic. Please refer to [COVID-19 Guidance: Long-Term Care Homes, Retirement Homes and Other Congregate Living Settings for Public Health Units.](#)
5. **Contact Tracing:**
 - Initiate contact tracing for all positive patient and staff cases.
 - Initiate cohorting of staff and residents as required. For example, clusters of cases.
6. **Testing:**
 - Respiratory:
 - PCR test all ill residents/patients with respiratory symptoms for COVID-19 and MRVP

- Symptomatic staff are encouraged to get COVID-19 testing. Refer to [COVID-19 Guidance: Long-Term Care Homes, Retirement Homes and Other Congregate Living Settings for Public Health Units](#) document.
 - Enteric:
 - PCR test all ill residents/patients for COVID-19
 - Collect a stool sample for residents/patients with enteric symptoms
- 7. New admissions, transfers, and absences:**
- Refer to the [Minister's Directive: COVID-19 response measures for long-term care homes.](#)
- 8. Visitors and Essential Caregivers:**
- [Refer to the Minister's Directive: COVID-19 response measures for long-term care homes.](#)
- 9. Reinforce IPAC measures** such as diligent hand hygiene, appropriate PPE use, masking, physical distancing, active symptom surveillance and environmental cleaning.
- 10. Meet with PPH to review control measures.** PPH will contact you with an OMT meeting time once we receive your reporting form. Please ensure you include your available time(s) within the reporting form.