

2022 ANNUAL REPORT



Peterborough
Public Health

Serving the residents of **Curve Lake** and **Hiawatha First Nations**,
and the **County** and **City of Peterborough**

Message from...

Dr. Thomas Piggott, Medical Officer of Health & Chief Executive Officer
Andy Mitchell, Former Chair, Board of Health

There is no question that the last several years have showcased the tireless dedication of Ontario's public health sector to the health and wellbeing of the communities we serve. Locally, Peterborough Public Health entered 2022 with an unwavering commitment to protect and promote the health of the people who call this beautiful region home.

Last year, our commitment to healthy communities occurred on multiple fronts. We continued our ongoing response to COVID-19, investigating 140 local outbreaks and vaccinating over 80% of the local population. We also cast our sights beyond the pandemic by starting to restore critical public health programs and services, which had been paused for nearly 2 years. Finally, we articulated a bold path forward for the organization through our health equity-focused 2022-2025 Strategic Plan.

Despite these forward-looking efforts, 2022 began with arrival of a new COVID variant and the beginning of the pandemic's fifth wave. With that, Peterborough Public Health marked the New Year by rapidly mobilizing to blunt the impact of the fast-spreading Omicron variant. Over a matter of weeks, we stepped up data surveillance and reporting, case and outbreak management, immunization clinics and outreach, and infection prevention and control efforts.

Despite this massive redeployment of our team to the COVID response, a small but mighty team remained behind the scenes to ensure the delivery of crucial programs and services that could not be paused. This skeleton crew worked to reduce barriers to life-saving harm reduction and prevention services, provided vital child health services, maintained public health inspections and investigations, and delivered community services to some of our communities most vulnerable residents.

Despite the immense impact of the pandemic on our staff and community, all of these efforts saved lives. In September 2022, we released new data demonstrating that nearly 300 lives were saved through COVID-related preventative measures embraced by the community. Earlier, in February, we joined with community partners

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Dr. Thomas Piggott
MD, MSc, CCFP, FRCPC
Medical Officer of Health &
Chief Executive Officer



Andy Mitchell
Mayor, Township of Selwyn
Chair, Board of Health
(2022)

to celebrate the years-long effort to establish a Consumption and Treatment Services Site in Peterborough and the expansion of local harm reduction services.

The last year has given us multiple opportunities to reflect on our strengths, challenges, and lessons learned. More than ever, 2022 has shown us that public health plays a vital role in maintaining the physical, mental, and social wellbeing of the communities we serve --- and we are incredibly grateful to our community for recognizing the importance of this work.

This report provides a glimpse into some of the achievements of 2022, and highlights the hard work and dedication of our staff in a time of immense community need. Despite the challenges and uncertainty that continues to face public health, Peterborough Public Health staff remain our greatest asset in the work of protecting and promoting the health of the communities we serve.

It is our pleasure to present Peterborough Public Health's **2022 Annual Report.**



Here for Healthy Communities.

We are guided by our mission to protect and promote the health of the communities we serve. We believe in our responsibility to address the upstream causes of health and strive for equity and respect for individual choice within the greater context of health protection and promotion for all.



2022-2025 Strategic Plan

Equity flows through everything we do.

In 2022, we announced the release of our 2022-2025 Strategic Plan, which outlines the priorities to guide the work of our organization and community while sustaining our response to, and recovery from, the COVID-19 pandemic.

The goal of public health is to address underlying determinants of health to prevent disease at a population level. It is through advocacy for social programs, basic needs, and systems change that public health agencies strive to close the gap in equality. Equity flows through all of the work that we do, and we are driven by a commitment to make attainment of health fairer for all.

This strategic plan aims to prioritize the needs of our community members and partners, the well-being of our staff, and the role we play in the healthcare system - using a health equity lens to guide each priority.



Scan to learn more.

Our Strategic Priorities



OUR TEAM

An organization that fosters staff wellbeing and public health impact.



OUR COMMUNITY

In providing public health services to the entire Peterborough Public Health Region, we will prioritize health issues that affect underserved populations to impact health equity.



OUR SYSTEM

Positioning Peterborough Public Health to lead in the health and public health system of the future.

Health Promotion Program Highlights



2121 dental appointments completed



Supported Nourish's JustFood Program in packing & delivery of **5536** fruit & vegetable boxes



359 residents attended food literacy programs



390 school-aged dental health screenings



2700 home visits to support parents & families



7861 naloxone kits distributed to community partners

ORAL HEALTH

Oral hygiene can lay a strong foundation for lifelong health. In 2022, the Oral Health Team helped to provide a foundation for health in our community by screening over 390 school-aged children in Kindergarten and Grades 2 and 4. In addition, our Community Dental Health Clinic supported healthy smiles by providing 2121 dental care appointments for eligible individuals and families.

FAMILY & COMMUNITY HEALTH

In 2022, the Family and Community Health Team welcomed staff back from COVID redeployment and began refocusing on community needs, strategic plan priorities, and the implementation of local interventions as outlined in the Ontario Public Health Standards. Staff began work to advance strategic priorities related to the prevention of Adverse Childhood Experiences, Climate Change Adaptation, and the local response to the drug poisoning crisis. Staff also ensured the continued delivery of a range of public health services, from nutrition programs focused on increasing food literacy and social connection, to the distribution of naloxone, and collaboration with local schools to improve the well-being of children and youth.

CHILD HEALTH SERVICES

Ensuring the best start possible for local children and families was a key focus underlying the restoration of child health services programming in 2022. This included the completion of over 2700 home visits by staff working within the Healthy Babies, Healthy Children and Infant & Child Development programs. This team also initiated work on Peterborough Public Health's strategic priority to enhance services for underserved single parents and families, with a goal of creating healthy, safe, and nurturing environments for local children.



Health Protection Program Highlights



300 animal bite investigations



250+ child care, congregate living & personal service settings inspected



65,534 COVID-19 vaccines administered



70 food safety complaints investigated



6500+ positive COVID-19 case investigations completed



140 COVID-19 outbreaks managed

IMMUNIZATION & SEXUAL HEALTH

Apart from a brief closure to support our COVID-19 Mass Immunization Clinic in early 2022, the Immunization and Sexual Health Team maintained essential services throughout the pandemic. This included diagnosis and treatment of sexually transmitted infections (STIs), and providing contraception and routine immunizations to residents without access to healthcare providers. Program staff also collaborated with other Peterborough Public Health teams to mount a local response to the global Mpox outbreak in February, ensuring cases in our community were supported with testing, case and contact management, and immunization.

INFECTIOUS DISEASE

Effective infection prevention and control measures are central to preventing the spread of disease and ensuring people remain healthy. In 2022, the Infectious Diseases Team leveraged strong community partnerships to protect vulnerable populations from a range of respiratory and enteric illnesses. Together, this team ensured an effective response to over 140 local outbreaks, investigated 215 diseases of public health significance, including 547 cases of influenza, and over 6500 cases of COVID-19 cases. The team also completed over 250 inspections in child care centres, congregate living settings, and personal service settings.

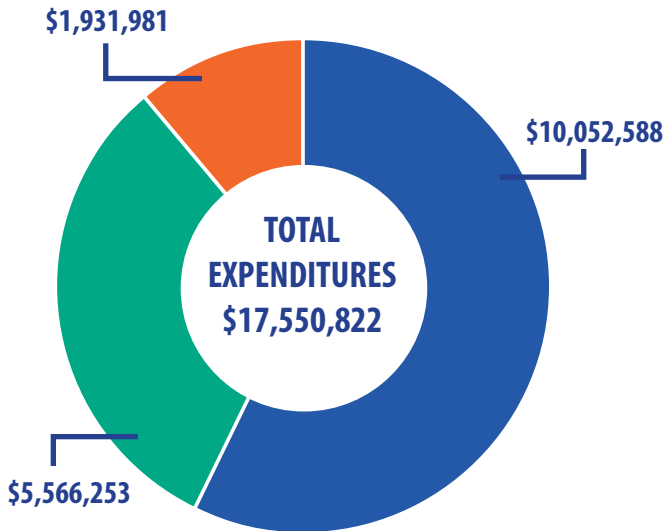
ENVIRONMENTAL HEALTH

In 2022, the Environmental Health Team provided essential inspection services to prevent and mitigate health hazards, and ensure compliance with provincial legislation and the Ontario Public Health Standards. The team mobilized quickly to prevent the spread of avian influenza by supporting local poultry operators with control measures and Personal Protective Equipment (PPE), while providing education and facilitating access to prophylaxis when indicated. Furthermore, the team played a central role in public communication and outreach, offering a vital source of information for municipal partners during the 2022 avian influenza outbreak.



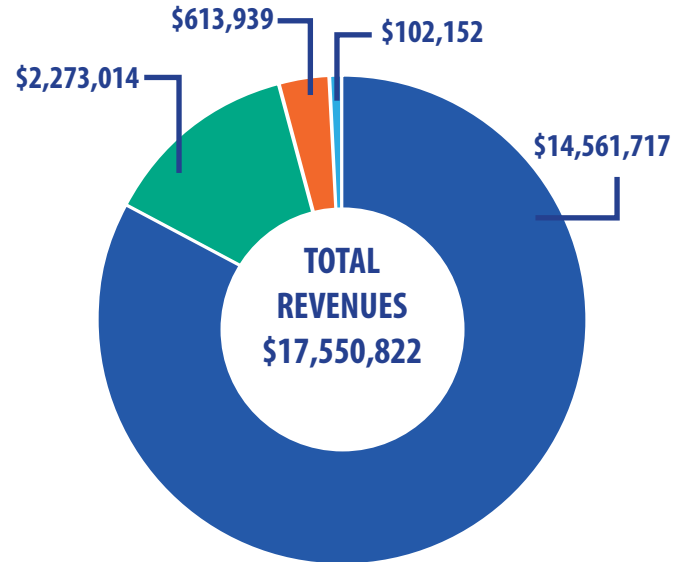
2022 Financial Summary

EXPENDITURES



- Ontario Public Health Standards Programs
- COVID-19 Response
- Administration & Occupancy, Change in Accumulated Surplus

REVENUES



- Province of Ontario
- Municipalities & First Nations
- Fee for Service & Other
- Interest

2022 BOARD OF HEALTH MEMBERS

Chair: Mayor Andy Mitchell, Township of Selwyn

Vice-Chair: Councillor Henry Clarke, City of Peterborough

Members at Large:

Councillor Gary Baldwin, City of Peterborough

Deputy Mayor Bonnie Clark, Township of Otonabee-South Monaghan

Deputy Mayor Matthew Graham, Township of Cavan Monaghan

Councillor Nodin Knott, Curve Lake First Nation

Mr. Dan Moloney, Provincial Appointee

Dr. Hans Stelzer, Provincial Appointee

Councillor Don Vassiliadis, City of Peterborough

Councillor Kathryn Wilson, Hiawatha First Nation

