

9 MONTHS – Bababa Baby Talk Translated...or not



Your baby is now 9 months old! You have probably found that your baby is very curious about everything. This month we'll talk about speech and language development.

Let's talk about some milestones!

Your baby is continually able to do new things. For example, does your child:

- Act shy, clingy, or fearful around strangers?
- Show several facial expressions, like happy, sad, angry, and surprised?
- Make a lot of different sounds like “mamamama” and “bababababa”?
- Look for objects when dropped out of sight (like their spoon or toy)?
- Bang two things together?
- Gets to a sitting position by themselves?
- Moves things from one hand to their other hand?

For a list of more developmental milestones for this age, including **picture and video examples** of what these look like, you can visit the [CDC Milestones](#) website, or download the [app](#).

This website has great up to date information, but the resources it links to are American. **If you have any concerns about your child's development, contact your healthcare provider.** You can also contact the [SmartStart Hub at Five Counties Children's Centre](#) to get connected directly to services.

Remember: **You know your child best.** Don't wait. If your child is not meeting one or more milestones, has lost skills they once had, or you have other concerns, act early.

[CDC Milestones](#)



Speech and Language

In the first year of life, your baby learns from watching your face and listening to your voice. The more you talk, sing, play, and read with them, the more sounds and words they will learn.

Tips for helping your baby develop speech and language skills:

- Speak to your baby face-to-face so they can watch your face and interact with you more easily.
- Follow your baby's lead and repeat sounds and babble.
- Sing and talk throughout daily routines.
- Name familiar objects.
- Avoid the use of screen time.

Read brightly coloured books with pictures of things your baby sees every day (e.g., food, animals, and clothing).

Kid Talk

Learn more about enhancing your child's [speech skills](#), tips for [communicating with your child](#), and the importance of [hearing and vision](#) in the development of language at kidtalk.on.ca.

Have a good month!
We'll connect again next month when your baby turns 10 months old.

