

**Board of Health for
Peterborough Public Health
AGENDA
Board of Health Meeting
Wednesday, April 12, 2023 – 5:30 p.m.
Multipurpose Rooms, 185 King Street, Peterborough**

1. Call to Order

Land Acknowledgement (Example)

We respectfully acknowledge that we are on the Treaty 20 and traditional territory of the Mississauga Anishnaabeg. We offer our gratitude to the First Nations for their care for, and teachings about, our earth and our relations. May we honour those teachings.

2. Confirmation of the Agenda

3. Declaration of Pecuniary Interest

4. Consent Items to be Considered Separately

Board Members: Please identify which items you wish to consider separately from section 9 and advise the Chair when requested. For your convenience, circle the item(s) using the following list: 9.1.1; 9.2 a b c d e f g h; 9.3.1; 9.3.2

5. Delegations and Presentations

5.1. Presentation: Board of Health Responsibilities and Liability

Presenter: Suzanne Hunt, BA, MPA, JD
Partner, Templeman LLP

- [Cover Report](#)

6. Confirmation of the Minutes of the Previous Meeting

- [Cover Report](#)
 - a. [Minutes, March 8, 2023](#)

7. Business Arising From the Minutes

8. Staff Reports

8.1. Presentation: Informational Review of Mandatory Standards and Program Delivery: Health Promotion Division

- Cover Report
- a. Presentation

9. Consent Items

9.1. Correspondence for Direction

9.1.1. Bill S-254, An Act to amend the Food and Drugs Act

- Cover Report
- a. Timiskaming Letter
- b. Northwestern Health Unit Letter
- c. Simcoe Muskoka District Health Unit Letter

9.2. Correspondence for Information

- Cover Report
- a. alPHa e-newsletter
- b. alPHa - Ontario 2023 Budget Summary
- c. Public Appointments Unit - Professor David Newhouse
- d. Minster Jones - Dr. Stelzer Reappointment
- e. Consumption and Treatment Site Funding – Sudbury & District
- f. Food Insecurity – North Bay Parry Sound
- g. Food Insecurity – Sudbury & District
- h. Physical Literacy – Windsor Essex

9.3. Staff Reports

9.3.1. Staff Report: Summary of Peterborough Public Health's Annual Service Plan Submission

- Staff Report
- a. Ontario Public Health Standards (*web hyperlink*)

9.3.2. Report: Association of Local Public Health Agencies Membership Renewal

- Cover Report
- a. alPHa letter
- b. alPHa invoice

9.4. Committee Reports

10. New Business

11. In Camera to Discuss Confidential Matters

In accordance with the Municipal Act, 2001, Section 239(2)

(i) a trade secret or scientific, technical, commercial, financial or labour relations information, supplied in confidence to the municipality or local board, which, if disclosed, could reasonably be expected to prejudice significantly the competitive position or interfere significantly with the contractual or other negotiations of a person, group of persons, or organization.

12. Motions for Open Session

13. Date, Time, and Place of the Next Meeting

Wednesday, May 10, 2023, 5:30 p.m.

Peterborough Public Health

14. Adjournment

**PETERBOROUGH PUBLIC HEALTH
BOARD OF HEALTH**

| | |
|---------------|---|
| TITLE: | Board of Health Responsibilities and Liability |
| DATE: | April 12, 2023 |

PROPOSED RECOMMENDATIONS

That the Board of Health for Peterborough Public Health receive the following presentation for information:

- Title: Board of Health Responsibilities and Liability
- Presenter: Suzanne Hunt, BA, MPA, JD, Partner, Templeman LLP

**PETERBOROUGH PUBLIC HEALTH
BOARD OF HEALTH**

| | |
|---------------------|--|
| TITLE: | Approval of Meeting Minutes |
| DATE: | April 12, 2023 |
| PREPARED BY: | Alida Gorizzan, Executive Assistant |
| APPROVED BY: | Dr. Thomas Piggott, Medical Officer of Health & CEO |

PROPOSED RECOMMENDATIONS

That the Board of Health for Peterborough Public Health approve the minutes of the meeting held on March 8, 2023.

ATTACHMENTS

- a. [Board of Health Minutes, March 8, 2023](#)

**Board of Health for
Peterborough Public Health
DRAFT MEETING MINUTES
Board of Health Meeting
Wednesday, March 8, 2023 – 5:30 p.m.
Multipurpose Rooms, 185 King Street, Peterborough**

In Attendance:

| | |
|-----------------------|--|
| Board Members: | Deputy Mayor Ron Black Warden Bonnie Clark Mayor Matthew Graham Councillor Dave Haacke (virtual) Councillor Nodin Knott (virtual) Councillor Joy Lachica Mr. Dan Moloney, Acting Chair Councillor Keith Riel Dr. Hans Stelzer Councillor Kathryn Wilson (virtual) |
| Staff: | Ms. Hallie Atter, Acting Director, Health Promotion Division Mr. Evan Brockest, Manager, Communications & I.T. Ms. Carolyn Doris, Manager, Family & Community Health Ms. Alida Gorizzan, Executive Assistant (Recorder) Dr. Thomas Piggott, Medical Officer of Health & CEO Mr. Larry Stinson, Director of Operations |

1. Call to Order

Due to virtual participation, Councillor Wilson requested that the Vice Chair, Mr. Moloney, chair the meeting. Mr. Moloney called the meeting to order at 5:35 p.m.

2. Confirmation of the Agenda

A correction was noted to the numbering in the agenda.

MOTION:

That the agenda be approved, as amended.

Moved: Warden Clark

Seconded: Dr. Stelzer

Carried. (M-2023-024)

3. Declaration of Pecuniary Interest

4. Consent Items to be Considered Separately

MOTION:

That the following items be passed as part of the Consent Agenda: 9.2 a,c,d,e; 9.4.1a,b; 9.4.2 a,b,c,d,e,f,g,h; 9.4.3 a,b,c,d,e.

Moved: Mayor Graham

Seconded: Deputy Mayor Black

Motion carried. (M-2023-025)

MOTION (9.2 a,c,d,e):

That the Board of Health for Peterborough Public Health receive the following for information:

- a. E-newsletter dated February 14, 2023 from the Association of Local Public Health Agencies (ALPHA).
- c. Letter dated March 3, 2023 from the Board Chair to Provincial Ministers Jones and Clark regarding indoor air quality.
- d. Letter dated March 3, 2023 from the Board Chair to local governments regarding indoor air quality.
- e. Letter dated March 3, 2023 from the Board Chair to local school boards and private schools regarding indoor air quality.

Moved: Mayor Graham

Seconded: Deputy Mayor Black

Motion carried. (M-2023-025)

MOTION (9.4.1a,b):

That the Board of Health for Peterborough Public Health:

- a. receive meeting minutes of the Indigenous Health Advisory Circle (IHAC) from December 12, 2022 for information; and,
- b. recommend the following community member appointments to the Board of Health at its next meeting for 2023:
 - Barbara Card, Métis Nation of Ontario, Peterborough & District Wapiti Métis Council
 - David Newhouse, Trent University
 - Angela Connors, Executive Director, Nijkiwendidaa Anishnaabekwewag Services Circle
 - Ashley Safar, Executive Director, Nogojiwanong Friendship Centre
 - Elizabeth Stone, Fleming College
 - Rebecca Watts, Lovesick Lake Native Women's Association

Moved: Mayor Graham

Seconded: Deputy Mayor Black

Motion carried. (M-2023-025)

MOTION (9.4.2 a,b,c,d,e,f,g,h):

That the Board of Health for Peterborough Public Health:

- a. receive meeting minutes of the Governance Committee from November 1, 2022 for information;
- b. approve 2-80 Accessibility (no changes)
- c. approve 2-120 By-Law Number 3 Calling of and Proceedings at Meetings (revised, further amendments noted)
- d. approve 2-261 Appointments, Provincial Representatives (no changes)
- e. approve 2-280 Complaints (revised)
- f. approve 2-340 Medical Officer of Health Performance Appraisal (revised)
- g. send a letter to the Minister of Health (via the Public Appointments Unit) with copies to local MPPs to express support for the reappointment of Dr. Hans Stelzer to the Board of Health; and,
- h. send a letter to the Minister of Health (via the Public Appointments Unit) with copies to local MPPs, inquiring about the status of the provincial appointment request for Professor David Newhouse to the Board of Health.

Moved: Mayor Graham

Seconded: Deputy Mayor Black

Motion carried. (M-2023-025)

MOTION (9.4.3 a,b,c,d,e.):

That the Board of Health for Peterborough Public Health:

- a. receive meeting minutes of the Stewardship Committee from November 1, 2022 for information;
- b. receive the staff report, *2022 Audit Letter of Engagement*, for information; engage the audit services of Baker Tilly Kawarthas LLP, and, authorize the Chair and Vice-Chair to sign the Letter of Engagement;
- c. receive the staff report, 2023-24 Budget Approval - Healthy Babies, Healthy Children Program, for information; and, recommend approval of the 2023-24 budget for the Healthy Babies, Healthy Children program in the total amount of \$928,413;
- d. receive the staff report, 2023-24 Budget Approval - Infant and Toddler Development Program, for information; and, recommend the approval of the 2023-24 budget for the Infant and Toddler Development Program in the total amount of \$242,423;
- e. receive the staff report, 2024 PPH Budget Considerations, for information.

Moved: Mayor Graham

Seconded: Deputy Mayor Black

Motion carried. (M-2023-025)

5. Delegations and Presentations

6. Confirmation of the Minutes of the Previous Meeting

MOTION:

That the Board of Health for Peterborough Public Health approve the minutes of the meeting held on February 8, 2023.

Moved: Warden Clark

Seconded: Mayor Graham
Motion carried. (M-2023-026)

7. Business Arising From the Minutes

8. Staff Reports

8.1. Presentation: Opioid-Related Harms Update

MOTION:

That the Board of Health for Peterborough Public Health receive the presentation, Opioid-Related Harms Update, for information.

Moved: Warden Clark

Seconded: Deputy Mayor Black

Carried. (M-2023-027)

8.2. Presentation: COVID-19 and Respiratory Virus Update

MOTION:

That the Board of Health for Peterborough Public Health receive the presentation, COVID-19 and Respiratory Virus Update, for information.

Moved: Dr. Stelzer

Seconded: Councillor Riel

Carried. (M-2023-028)

8.3. Presentation: Informational Review of Mandatory Standards and Program Delivery: Health Protection Division

MOTION:

That the Board of Health for Peterborough Public Health receive the presentation, Informational Review of Mandatory Standards and Program Delivery: Health Protection Division, for information

Moved: Warden Clark

Seconded: Dr. Stelzer

Carried. (M-2023-029)

8.4. alPHa Conference Oral Update

Councillor Lachica attended the Association of Local Public Health Agencies virtual 2023 Winter Symposium held on February 24, 2023.

MOTION:

That the Board of Health for Peterborough Public Health receive the oral report, alPHa 2023 Winter Symposium, for information.

Moved: Warden Clark
Seconded: Councillor Riel
Carried. (M-2023-030)

9. Consent Items

MOTION (9.2b):

That the Board of Health for Peterborough Public Health receive the following for information:

- b. Letter dated March 3, 2023 from the Board Chair to Federal Ministers Duclos and LeBlanc regarding indoor air quality.

Moved: Deputy Mayor Black

Seconded: Councillor Riel

Carried. (M-2023-031)

10. New Business

11. In Camera to Discuss Confidential Matters

12. Motions for Open Session

13. Date, Time, and Place of the Next Meeting

Wednesday, April 12, 2023, 5:30 p.m.

Multipurpose Rooms, 185 King Street, Peterborough

14. Adjournment

MOTION:

That the meeting be adjourned.

Moved by: Warden Clark

Seconded by: Mayor Graham

Motion carried. (M-2023-032)

The meeting was adjourned at 7:35 p.m.

Chairperson

Medical Officer of Health

**PETERBOROUGH PUBLIC HEALTH
BOARD OF HEALTH**

| | |
|---------------------|--|
| TITLE: | Informational Review of Mandatory Standards and Program Delivery: Health Promotion Division |
| DATE: | April 12, 2023 |
| PREPARED BY: | Hallie Atter, Acting Director, Health Promotion Division |
| APPROVED BY: | Dr. Thomas Piggott, Medical Officer of Health & CEO |

PROPOSED RECOMMENDATIONS:

That the Board of Health for Peterborough Public Health receive the presentation, Informational Review of Mandatory Standards and Program Delivery: Health Promotion Division, for information.

ATTACHMENTS:

- a. [Presentation](#)

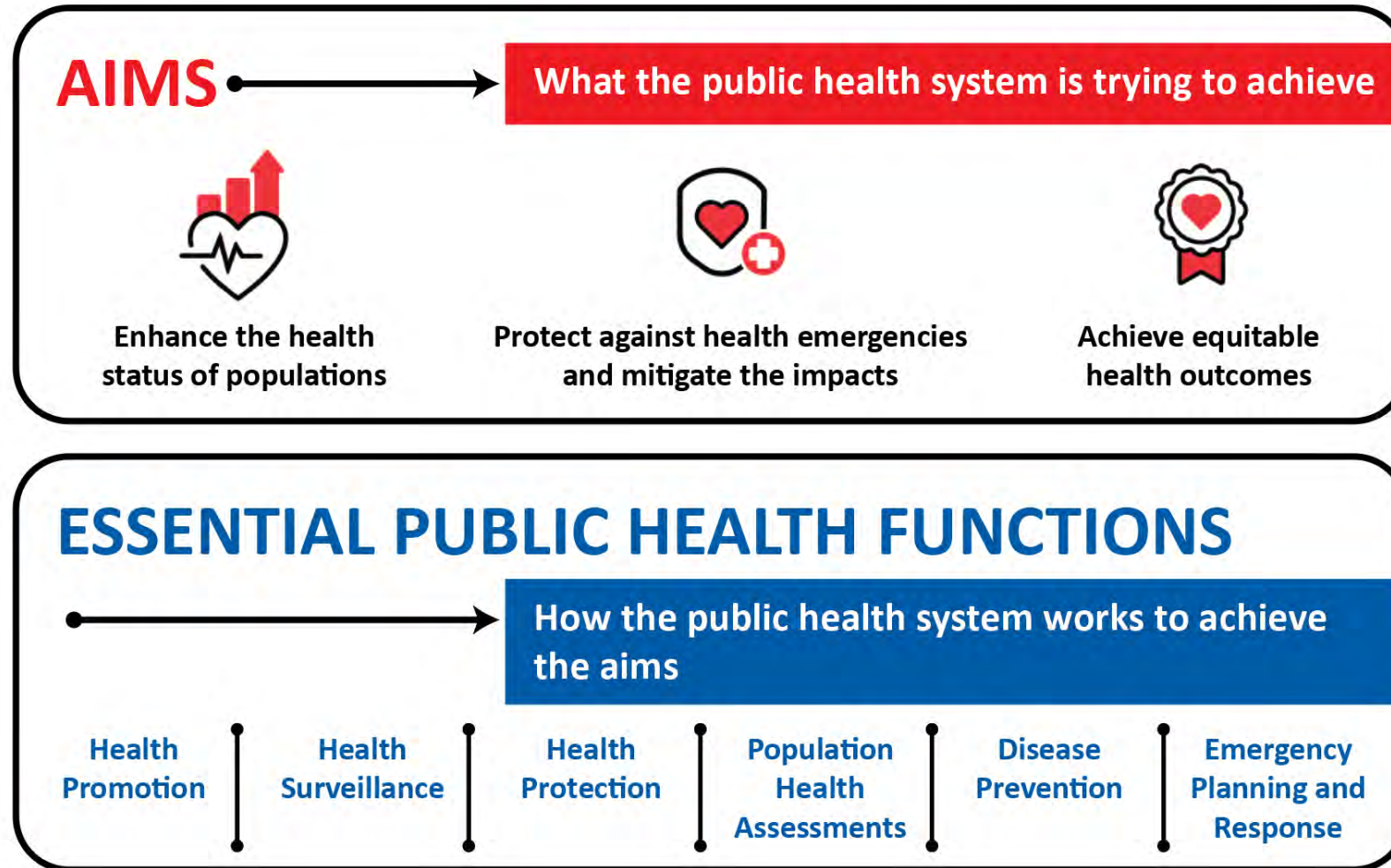
Informational Review of Mandatory Standards and Program Delivery:

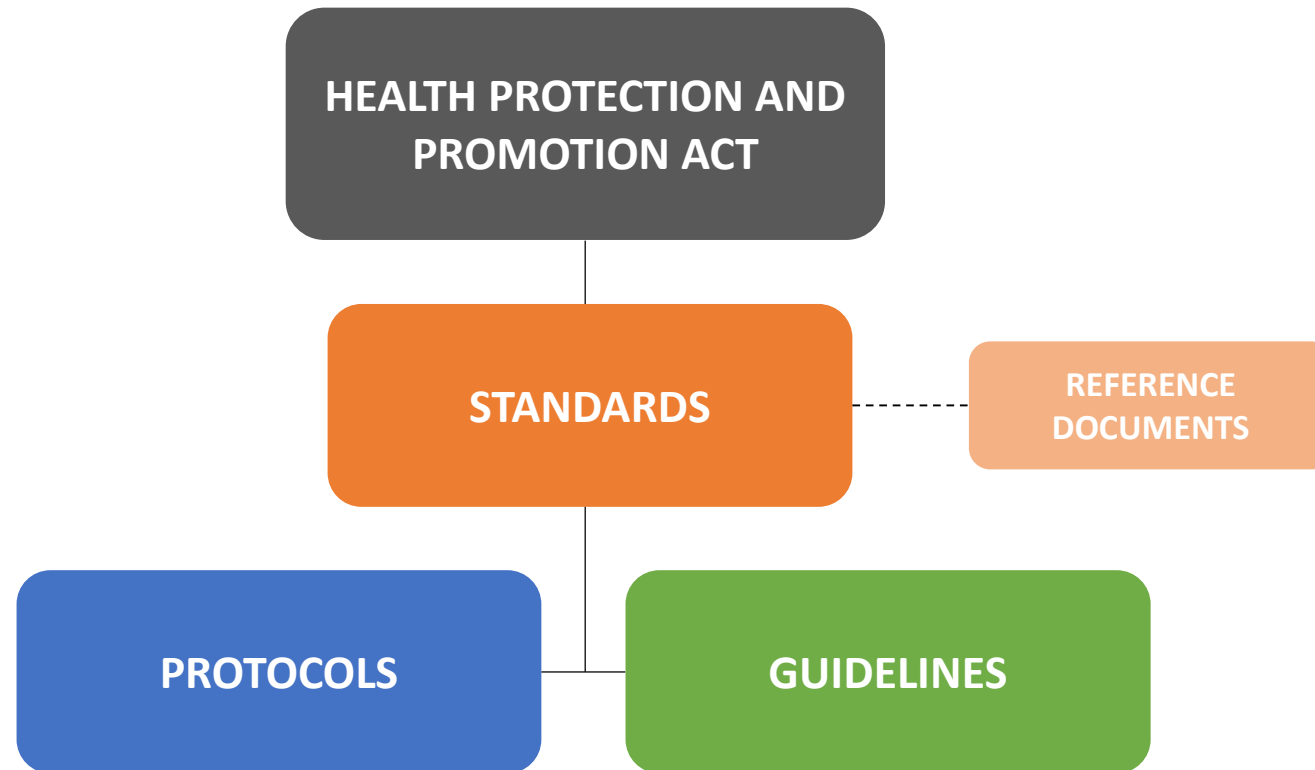
Health Promotion Division

Hallie Atter
Acting Director, Health Promotion Division



The Role of Public Health





STANDARDS

Foundational Standards

- Population Health Assessment
- Health Equity
- Effective Public Health Practice
- Program Planning, Evaluation, & Evidence-Informed Decision-Making
- Research, Knowledge Exchange, & Communication
- Quality & Transparency
- Emergency Management

Program Standards

- Chronic Disease Prevention & Well-Being
- Food Safety
- Healthy Environments
- Healthy Growth & Development
- Immunization
- Infectious & Communicable Diseases Prevention & Control
- Safe Water
- School Health
- Substance Use & Injury Prevention

Organizational Requirements

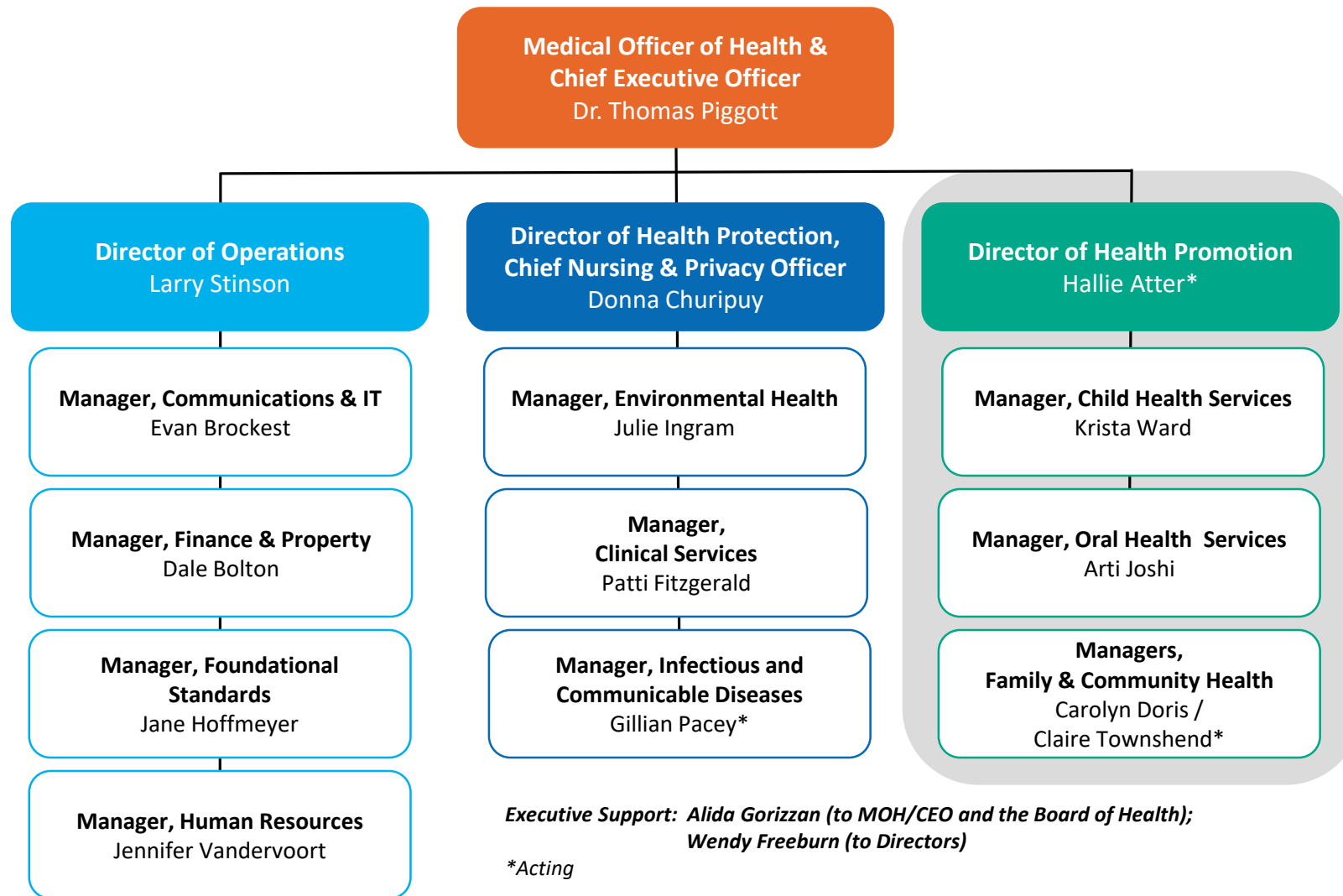
- Delivery of Programs & Services Domain
- Fiduciary Requirements Domain
- Good Governance & Management Practices Domain
- Public Health Practice Domain
- Common to All Domains

PROTOCOLS

- Child Visual Health & Vision Screening
- Consumption & Treatment Services Compliance & Enforcement
- Food Safety
- Health Hazard Response
- Healthy Babies, Healthy Children Program
- Immunization for Children in Schools & Licensed Child Care Settings
- Infection Prevention & Control Complaint
- Infection Prevention & Control Disclosure
- Infection Prevention & Control
- Infectious Diseases Institutional/Facility Outbreak Management
- Menu Labelling
- Oral Health
- Population Health Assessment & Surveillance
- Qualifications for Public Health Professionals
- Rabies Prevention & Control
- Recreational Water
- Safe Drinking Water & Fluoride Monitoring
- Sexual Health & Sexually Transmitted/Blood-Borne Infections Prevention & Control
- Tanning Beds
- Tobacco, Vapour & Smoke
- Tuberculosis Prevention & Control
- Vaccine Storage & Handling

GUIDELINES

- Chronic Disease Prevention
- Emergency Management
- Health Equity
- Healthy Environments & Climate Change
- Healthy Growth & Development
- Injury Prevention
- Management of Avian Chlamydiosis in Birds Management of Avian Influenza or Novel Influenza in Birds or Animals
- Management of Echinococcus Multilocularis Infections in Animals
- Management of Potential Rabies Exposures
- Mental Health Promotion
- Operational Approaches for Food Safety
- Operational Approaches for Recreational Water Personal Service Settings
- Relationship with Indigenous Communities
- School Health
- Small Drinking Water Systems Risk Assessment
- Substance Use Prevention & Harm Reduction Tobacco, Vapour & Smoke
- Tuberculosis Program



*Executive Support: Alida Gorizzan (to MOH/CEO and the Board of Health);
Wendy Freeburn (to Directors)*

**Acting*

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Email: info@peterboroughpublichealth.ca



EARLY
YEARS

AGE 0 - 4



SCHOOLS

AGE 5 - 18

HEALTH PROMOTION THROUGH THE LIFE CYCLE

AGE 18 - 64



HEALTH EQUITY
& HEALTHY
ENVIRONMENTS

AGE 65+



CHRONIC DISEASE,
MENTAL HEALTH &
SUBSTANCE USE



EARLY YEARS

Ontario Public Health Standards

- Healthy Growth and Development
- Chronic Disease Prevention and Well-being
- Substance Use and Injury Prevention
- Health Equity



EARLY YEARS

Adverse Childhood Experiences

- Surveillance and monitoring
- Assessment of community need
- Partnership engagement/education/coalition development
- Babies First (following 19 families)

Staffing:

Manager 0.5 FTE

Public Health Nurse 2 FTEs

Health Promoter 0.5 FTE

Registered Dietitian 1.0 FTE

Administrative Assistant 0.5 FTE



EARLY YEARS

Family Visiting Programs (HBHC/ITDP/NFP)

- Healthy Babies Healthy Children (HBHC)
 - Current case load - 76, 8 on wait list
 - Funded by MCCSS
- Infant Toddler Development (ITD)
 - Current case load - 40, 0 on wait list
 - Funded by MCCSS
- Nurse Family Partnership **NEW! Fall 2023**

Staffing:

Manager 1 FTE

Administrative Assistant 1 FTE

HBHC

Public Health Nurses 4.8 FTEs

Family Home Visitors 1.8 FTEs

ITD

Infant Toddler Workers 1.5 FTEs

Nurse Family Partnership

Public Health Nurses 2 FTEs



SCHOOLS

Ontario Public Health Standards:

- School Health
- Chronic Disease Prevention and Well-being
- Substance Use and Injury Prevention
- Health Equity



SCHOOLS

Comprehensive School Health (CHS)

- CSH activities in 10 priority schools
- Coordination of work with other LPHAs
- Other support upon request
- Student Nutrition Programs
 - Delivering SNPS to 50 schools (for 30 years!)
 - Coalition Support

Staffing:

Manager 0.4 FTE

Health Promoter 0.5 FTE

Public Health Nurse 4 FTEs

(2 PHNs funded by the School-Focused Nurse Initiative)

Registered Dietitian 0.8 FTE

Administrative Assistants 0.4 FTE



SCHOOLS

Healthy Smiles Ontario (School Oral Health Screening)

- Students Screened- 2296 to date for school year /goal of 7000 in 47 schools by Fall 2023

Child Visual Health and Vision Screening

- Currently not delivering this program

Staffing (HSO):

Manager 0.4 FTE

Administrative Assistant 1 FTE

Registered Dental Hygienists 1 FTE

Certified Dental Assistants 2.6 FTE



HEALTH EQUITY & HEALTHY ENVIRONMENTS

Ontario Public Health Standards

- Health Equity
- Healthy Environments & Climate Change



HEALTH EQUITY & HEALTHY ENVIRONMENTS

Climate Change:

- Vulnerability Assessment
- Engagement of priority population

Staffing:

Manager 0.2 FTE

Health Promoter 1 FTE

Public Health Nurse 1 FTE

Registered Dietitian 0.5 FTE



HEALTH EQUITY & HEALTHY ENVIRONMENTS

Food Security

- Surveillance and monitoring
 - Food Affordability Monitoring
- Assessment of community need
- Partnership engagement/education
- Coalition Support (PFAN)
- Income Advocacy

Staffing:

Manager - 0.1 FTE

Registered Dietitian - 0.2 FTE



CHRONIC DISEASE, MENTAL HEALTH & SUBSTANCE USE

Ontario Public Health Standards

- Chronic Disease Prevention and Well-being
- Substance Use and Injury Prevention
- Health Equity



CHRONIC DISEASE, MENTAL HEALTH & SUBSTANCE USE

Food Literacy

- Partnership engagement/education/coalition support
- Food Literacy Classes
 - Come Cook with Us - 8 series/26 classes/86 attendees
 - Virtual Drop-in - 10 sessions with 165 attendees in total
 - Cooking from Home challenge – hosted 3 challenges, 180 challenges completed
- Just Food Box - support ordering, packing and delivery of 5536 boxes in 2022

Staffing:

Manager 0.4 FTE

Registered Dietitian 0.2 FTE

Community Food Workers 3 FTEs



CHRONIC DISEASE, MENTAL HEALTH & SUBSTANCE USE

Drug Poisoning Response

- Surveillance and monitoring
 - Early Warning and Surveillance System
 - 24 alerts were shared in 2022
 - 10 alerts shared to date in 2023
- Peterborough Drug Strategy support
- CTS - supporting drug checking, service users group, community advisory
- Engagement of people who use drugs



CHRONIC DISEASE, MENTAL HEALTH & SUBSTANCE USE

Drug Poisoning Response cont'd.

Needle Exchange Program:

- Support for PARN to deliver NEP
- 192,334 distributed & collections in 2022

Ontario Naloxone Distribution Program:

- Ordering and supporting 18 Distribution sites
- Onboarded 3 new distribution sites: Brock, Overflow, Cameron House in 2023
- Naloxone kits distributed in 2022:
 - *Nasal Kits* - 3257
 - *Injectable Kits* - 754
 - *Refills* - 2633

Staffing:

Manager 0.5 FTE

Health Promoters 4 FTEs

Public Health Nurses 2 FTEs



CHRONIC DISEASE, MENTAL HEALTH & SUBSTANCE USE

Ontario Seniors Dental Program/ Non-Mandatory Oral Health Services

- Seniors Dental- 596 unique patients in 2022
- Non-mandatory Oral Health Services- 420 unique patients in 2022

Staffing:

Manager 0.4 FTE

Administrative Assistants 2 FTEs

Registered Dental Hygienists 2 FTE

Certified Dental Assistants 3 FTEs

Contract Dentist 0.4 FTE

(currently recruiting for another 1 FTE)

STRATEGIC PLAN

2022 - 2025



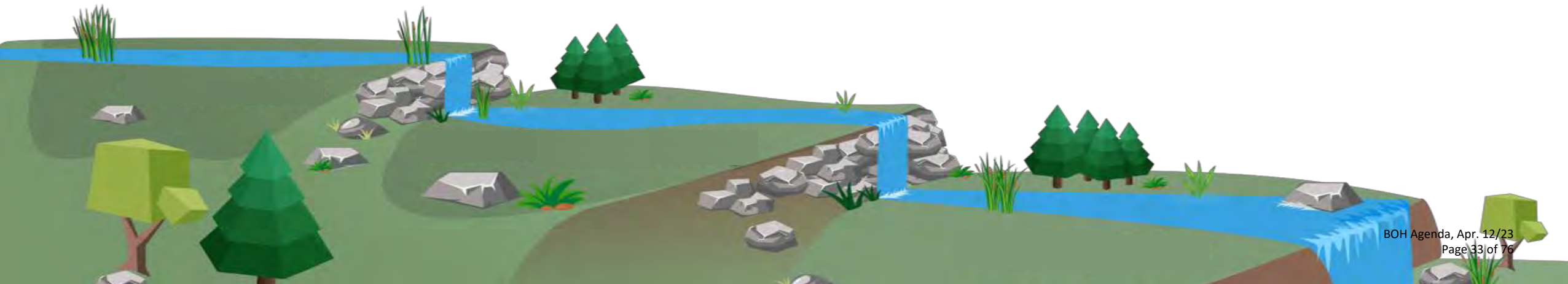
Our Community

In providing public health services to the entire Peterborough Public Health region, we will prioritize health issues affecting under-served populations to impact health equity

People who use drugs (PWUD) have enhanced access to public health services and supports in our collaborative response to the drug poisoning crisis.

Under-served single parents and families are supported in creating healthy, safe and nurturing environments for child development.

People most vulnerable to the health impacts of climate change are supported in adapting to and reducing negative health impacts.



Our System

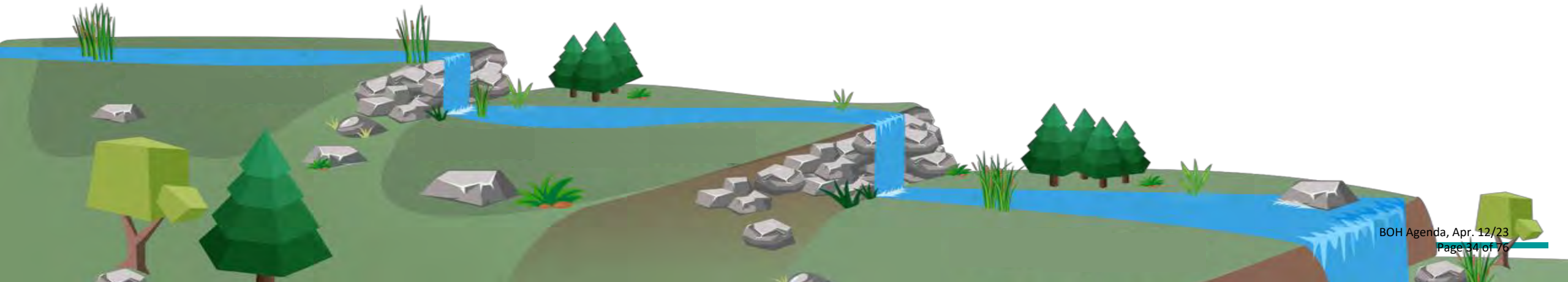
Positioning PPH to lead in the health & public health system of the future

Stronger health system through relationships with primary care and health system partners

PPH is fully committed to practising active allyship for Indigenous self-determination and health equity within the health and social system.

Positive outcomes of public health system restructuring to ensure principles previously identified are considered.

Partners providing health care and social services address health inequities and barriers to services, in particular in relation to housing and mental health





**PETERBOROUGH PUBLIC HEALTH
BOARD OF HEALTH**

| | |
|---------------------|--|
| TITLE: | Correspondence for Direction – Bill S-254 |
| DATE: | April 12, 2023 |
| PREPARED BY: | Dr. Thomas Piggott, Medical Officer of Health & CEO |

PROPOSED RECOMMENDATION:

That the Board of Health for Peterborough Public Health:

- receive correspondence regarding alcohol labels and Bill S-254 from:
 - Timiskaming Health Unit,
 - Northwestern Health Unit, and
 - Simcoe Muskoka District Health Unit;
- write to the Prime Minister of Canada in support of Senate Bill S-254, An Act to amend the Food and Drugs Act (warning label on alcoholic beverages), based on Peterborough Public Health's perspectives of the anticipated benefits increasing awareness of the health impacts of alcohol; and,
- send copies of this correspondence to local MPs, the Association of Local Public Health Units and Ontario Boards of Health.

BACKGROUND:

Senate Bill S-254 is currently in its second reading in Canadian Senate. The bill proposes to amend the Food and Drugs Act to include warning labels on alcoholic beverages.

Alcoholic beverages — warning (to be added after section 5)

5.1 No person shall sell a beverage that contains 1.1 per cent or more alcohol by volume unless the package in which it is sold bears, in the prescribed form and manner, a label warning against the risks of alcohol consumption to the health of consumers and showing, in addition to any other prescribed information,

(a) the volume of beverage that, in the opinion of the Department, constitutes a standard drink;

(b) the number of standard drinks in the package;

(c) the number of standard drinks that, in the opinion of the Department, should not be exceeded in order to avoid significant health risks; and

(d) a message from the Department that sets out the direct causal link between alcohol consumption and the development of fatal cancers.

Alcohol consumption, while very prevalent in the Canadian context carries adverse health impacts, even at lower levels. Alcohol is a Class 1 carcinogen as classified by the World Health Organization and contributes to at least 7 types of cancers including breast and colon cancer.¹

According to recent data from Ontario Health, alcohol consumption causes approximately 4,330 (4.3%) deaths, 22,009 (2.1%) hospitalizations and 194,692 (3.7%) emergency department visits each year in Ontario.² In the Peterborough Public Health, this translates to 61 deaths, 310 hospitalizations and 2,641 emergency department visits each year.³

The recent Canadian Guidance on Alcohol and Health presents evidence-based recommendations on alcohol consumption.⁴ The guidance is based on the principle that people living in Canada have a right to know that all alcohol use comes with risk. It identifies a continuum of risk associated with weekly alcohol use where the risk of harm is:

- *0 drinks per week — Not drinking has benefits, such as better health, and better sleep.*
- *2 standard drinks or less per week — You are likely to avoid alcohol-related consequences for yourself or others at this level.*
- *3–6 standard drinks per week — Your risk of developing several types of cancer, including breast and colon cancer, increases at this level.*
- *7 standard drinks or more per week — Your risk of heart disease or stroke increases significantly at this level.*
- *Each additional standard drink radically increases the risk of alcohol-related consequences.*
- *Consuming more than 2 standard drinks per occasion is associated with an increased risk of harms to self and others, including injuries and violence.*
- *When pregnant or trying to get pregnant, there is no known safe amount of alcohol use.*
- *When breastfeeding, not drinking alcohol is safest.*
- *No matter where you are on the continuum, for your health, less alcohol is better.*

A recent systematic review found that alcohol labels could improve awareness of alcohol consumption, could have strong public support, and decrease intention to buy alcohol and the total amount consumed.⁵ Labels are used extensively in Canada to provide nutrition information, and health risks for tobacco consumption. A recent pilot study in Yukon introduced alcohol labels, and saw a decrease in sales for labelled products by 6.6%.⁶ Improved health awareness, individual health decision-making around the consumption of alcohol, and decreases in the large health system burdens caused by alcohol are anticipated if the proposal in S-254 is ultimately passed.

ATTACHMENTS:

- a. [Timiskaming Letter](#)
- b. [Northwestern Health Unit Letter](#)
- c. [Simcoe Muskoka District Health Unit Letter](#)

REFERENCES:

¹ World Health Organization. Alcohol consumption – IARC. https://www.iarc.who.int/wp-content/uploads/2018/07/WCR_2014_Chapter_2-3.pdf

² Ontario Health. 2023. Burden of Health Conditions Attributable to Smoking and Alcohol by Public Health Unit in Ontario. <https://www.ontariohealth.ca/health-system-planning-management/burden-health-conditions-linked-smoking-alcohol-consumption>

³ Ontario Health. 2023. Burden of Health Conditions Attributable to Smoking and Alcohol by Public Health Unit in Ontario. <https://www.ontariohealth.ca/health-system-planning-management/burden-health-conditions-linked-smoking-alcohol-consumption>

⁴ Canada's Guidance on Alcohol and Health. 2023. <https://ccsa.ca/canadas-guidance-alcohol-and-health>

⁵ Enhanced Alcohol Container Labels: A Systematic Review. <https://www.ccsa.ca/sites/default/files/2022-02/CCSA-Enhanced-Alcohol-Container-Labels-Systematic-Review-Summary-2022-en.pdf>

⁶ Zhao, 2020. The Effects of Alcohol Warning Labels on Population Alcohol Consumption: An Interrupted Time Series Analysis of Alcohol Sales in Yukon, Canada. <https://www.jsad.com/doi/full/10.15288/jsad.2020.81.225>



Head Office:

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Branch Offices:

Englehart Tel.: 705-544-2221 Fax: 705-544-8698
Kirkland Lake Tel.: 705-567-9355 Fax: 705-567-5476

www.timiskaminghu.com

February 8, 2023

Right Honourable Justin Trudeau
Prime Minister of Canada
House of Commons
Ottawa, ON K1A 0A6

Dear Prime Minister Trudeau:

Re: Letter re: Alcohol Health Warning Labels

On January 25, 2023, at a regular meeting of the Board for the Timiskaming Health Unit, the Board received a [Briefing Note 'Mandatory Labels on Alcohol Containers'](#) and passed the following motion:

Motion (#6R-2023) was passed which included the following:

BE IT RESOLVED that the Board of Health resolve to Call on the Government of Canada to amend the Food and Drug Act to make mandatory that all alcohol beverage containers have enhanced alcohol labels affixed:

1. Indicating what constitutes a standard drink;
2. Illustrating the number of standard drinks in the beverage container; and
3. Displaying health messages regarding adverse health outcomes, including the cancer risks associated with the consumption of alcohol.

AND FURTHER THAT, the THU Board of Health endorse, in principle, Bill S254 – An Act to Amend the Food and Drug Act (Warning Labels on Alcoholic Beverages) and Motion M-61 A National Warning Label Strategy for Alcoholic Products.

The Timiskaming Health Unit fully supports the above recommendation, and thanks you for your consideration.

Sincerely,

Stacy Wight, Board of Health Chair

Copy to:

- Hon. Jean-Yves Duclos, Minister of Health
- Dr. Theresa Tam, Chief Public Health Officer of Canada
- Dr. Kieran Moore, CMOH

- Chair of the *Council of Chief Medical Officers of Health*
- Hon. Anthony Rota, MP Nipissing Timiskaming
- Hon. Charlie Angus, MP Timmins-James Bay
- Hon. Patrick Brazeau, Senator, Independent
- Hon. Lisa Marie Barron, MP Nanaimo-Ladysmith
- Loretta Ryan, Executive Director, Association of Local Public Health Agencies
- Ontario Boards of Health
- Canadian Public Health Association
- Timiskaming Drug and Alcohol Strategy

210 First Street North
Kenora, ON P9N 2K4



The Right Honourable Justin Trudeau, P.C., MP
Prime Minister of Canada
Office of the Prime Minister
80 Wellington Street
Ottawa, ON K1A 0A2

Dear Prime Minister Trudeau:

via email: justin.trudeau@parl.gc.ca

Re: Alcohol Health Warning Labels

On March 3, 2023, at a regular meeting of the Board of Health for the Northwestern Health Unit, the Board received a report titled *Update to Canada's Guidance on Alcohol and Health*.

The report outlined the following:

- Northwestern Health Unit (NWHU) catchment area has the highest rates in the province for ER visits and hospitalizations attributable to alcohol:
 - ER visits due to alcohol: NWHU rate of 7,486.6 per 100,000 in 2021, **13 times as high as the provincial rate** of 543.3 per 100,000⁸
 - Hospitalization due to alcohol: 1,498.9 per 100,000, **7 times as high as the provincial rate** of 210.9 per 100,000⁹
- NWHU Self-report data from 2019/20 also reveals higher heavy drinking rates than the province:¹⁰
 - Proportion of people reporting heavy drinking in the NWHU is 20.2%, statistically higher than the province (15.6%). This rate has decreased from the 25.5% reported in 2015/16.

Considering the health harms associated with alcohol and the benefits of alcohol health warning labels, the Board of Health passed the following resolution:

BE IT RESOLVED THAT the Northwestern Health Unit (NWHU) Board of Health call on the Government of Canada to amend the Food and Drug Act to make mandatory that all alcohol beverage containers have enhanced alcohol labels affixed:

1. Indicating what constitutes a standard drink;
2. Illustrating the number of standard drinks in the beverage container; and
3. Displaying health messages regarding adverse health outcomes, including the cancer risks associated with the consumption of alcohol.

AND FURTHER THAT the Northwestern Health Unit Board of Health endorse, in principle, [Bill S254](#) – An Act to Amend the Food and Drug Act (Warning Labels on

Alcoholic Beverages) and [Motion M-61](#) A National Warning Label Strategy for Alcoholic Products.

The Northwestern Health Unit fully supports the above recommendation, and thanks you for your consideration.

Sincerely,



Douglas Lawrance
Chair, Board of Health, Northwestern Health Unit

Copy to:

- Hon. Eric Melillo, Member of Parliament, Kenora
- Hon. Marcus Powlowski, Member of Parliament, Thunder Bay - Rainy River
- Hon. Jean-Yves Duclos, Minister of Health
- Dr. Theresa Tam, Chief Public Health Officer of Canada
- Hon. Greg Rickford, Member of Provincial Parliament, Kenora - Rainy River
- Hon. Sol Mamakwa, Member of Provincial Parliament, Kiiwetinoong
- Hon. Kevin Holland, Member of Provincial Parliament, Thunder Bay - Atikokan
- Dr. Kieran Moore, CMOH
- Chair of the *Council of Chief Medical Officers of Health*
- Loretta Ryan, Executive Director, Association of Local Public Health Agencies
- Ontario Boards of Health
- Canadian Public Health Association
- Rainy River District Ontario Health Team
- All Nations Health Partners Ontario Health Team
- Kiiwetinoong Healing Waters Ontario Health Team

March 15, 2023

Honourable Jean-Yves Duclos
Minister of Health, Canada
House of Commons
Ottawa, ON K1A 0A6
jean-yves.duclos@parl.gc.ca

Dear Honourable Minister Duclos:

Re: Support for 'BILL S-254 An Act to amend the Food and Drugs Act (warning label on alcoholic beverages)'

On March 15, 2023, the Board of Health for the Simcoe Muskoka District Health Unit (SMDHU) received information on the 2023 [Canada's Guidance on Alcohol & Health](#) and passed a motion to endorse Bill S-254 – An Act to Amend the Food and Drug Act (Warning Label on Alcoholic Beverages), calling on the federal government of Canada to implement health warning labels on alcohol.

According to the Canadian Community Health Survey (CCHS) in 2019/20, 20% of adults in Simcoe Muskoka ages 19 years and older reported drinking at a high-risk level (7+ drinks) in the past week. This was significantly higher than the comparable provincial average of 15%. SMDHU's Board of Health is committed to our mandate under the Ontario Public Health Standards to influence the development and implementation of healthy policies and programs related to alcohol and other drugs to reduce harms associated with substance use.

As such, we ask for your support of Bill S-254 and the implementation of federally mandated labels on all alcohol containers sold in Canada, to better inform Canadians about the health risks of alcohol. This is especially important given that the majority of Canadians are unaware that alcohol is classified by the [World Health Organization \(WHO\) as a Class 1 carcinogen](#) and is a cause of 7 different types of cancer, including breast and colon.

Bill S-254 aligns with the recent call in Canada's Guidance on Alcohol and Health for mandatory labelling of all alcoholic beverages with the number of standard drinks in a container, risk levels from Canada's Guidance on Alcohol and Health, and health warnings. This recommendation by the Canadian Centre on Substance Use and Addiction is based on their [2022 systematic review of enhanced alcohol container labels](#), and is supported by other scientific experts in the field, including [Evidence-based Recommendations for Labelling Alcohol Products in Canada](#) developed by [Canadian Alcohol Policy Evaluation \(CAPE\) Project](#) researchers. A recent study in Yukon has contributed to the growing evidence base regarding the [impact of warning labels](#); briefly introduced labels on alcohol products in government-owned liquor stores saw sales of labelled alcohol products decrease by 6.6%, while sales of unlabeled alcohol products increased by 6.9%¹. The extensive evidence regarding warning labels applied to tobacco products is also informative, having been shown to lead to increased health knowledge and decreased tobacco use (WHO, 2022).

❑ **Barrie:**
15 Sperling Drive
Barrie, ON
L4M 6K9
705-721-7520
FAX: 705-721-1495

❑ **Collingwood:**
280 Pretty River Pkwy.
Collingwood, ON
L9Y 4J5
705-445-0804
FAX: 705-445-6498

❑ **Cookstown:**
2-25 King Street S.
Cookstown, ON
L0L 1L0
705-458-1103
FAX: 705-458-0105

❑ **Gravenhurst:**
2-5 Pineridge Gate
Gravenhurst, ON
P1P 1Z3
705-684-9090
FAX: 705-684-9887

❑ **Huntsville:**
34 Chaffey St.
Huntsville, ON
P1H 1K1
705-789-8813
FAX: 705-789-7245

❑ **Midland:**
A-925 Hugel Ave.
Midland, ON
L4R 1X8
705-526-9324
FAX: 705-526-1513

❑ **Orillia:**
120-169 Front St. S.
Orillia, ON
L3V 4S8
705-325-9565
FAX: 705-325-2091

In Canada, similar to [tobacco](#) and [cannabis](#) products, it is time for the Government of Canada to require warning labels on alcohol. According to a 2020 report on [Canadian Substance Use Costs and Harms](#), alcohol is a drug that cost Canada \$16.6 billion and was responsible for more than 18,000 deaths in 2017 alone.

The Senate plays a key role in introducing legislation to serve the best interests of Canadians and we urge you to join Senator Brazeau in supporting Bill S-254.

Sincerely,

ORIGINAL Signed By:

Ann-Marie Kungl, Board of Health Chair
Simcoe Muskoka District Health Unit

AMK:CG:LS:sh

cc:

Members of Parliament for Simcoe and Muskoka
Ontario Boards of Health
Dr. Kieran Moore, Chief Medical Officer of Ontario
Senator Patrick Brazeau
Loretta Ryan, Executive Director, Association of Local Public Health Agencies, alPHa
Dr. Theresa Tam, Chief Public Health Officer of Canada

¹ Weerasinghe, A., Schoueri-Mychasiw, N., Vallance, K., Stockwell, T., Hammond, D., McGavock, J., Greenfield, T.K., Paradis, C., Hobins, E. Improving Knowledge that Alcohol Can Cause Cancer is Associated with Consumer Support for Alcohol Policies: Findings from a Real-World Alcohol Labelling Study. *Int. J. Environ. Res. Public Health* 2020, 17, 398. Retrieved from: <https://doi.org/10.3390/ijerph17020398>

**PETERBOROUGH PUBLIC HEALTH
BOARD OF HEALTH**

| | |
|---------------------|--|
| TITLE: | Correspondence for Information |
| DATE: | April 12, 2023 |
| PREPARED BY: | Alida Gorizzan, Executive Assistant |
| APPROVED BY: | Dr. Thomas Piggott, Medical Officer of Health & CEO |

PROPOSED RECOMMENDATIONS

That the Board of Health for Peterborough Public Health receive the following for information:

- a. E-newsletter dated March 16, 2023 from the Association of Local Public Health Agencies (alPHA).
- b. Email dated March 23, 2023 from alPHA regarding a summary of the Ontario 2023 Budget.
- c. Emails dated March 24, 2023 to the Public Appointments Unit, Ministry of Health, and a response, regarding a request for an update on the provincial appointment request for Professor David Newhouse.
- d. Letter dated April 6, 2023 to Minister Jones regarding support for the provincial reappointment of Dr. Hans Stelzer.

Correspondence from Local Public Health Agencies:

- e. Consumption and Treatment Site Funding – Sudbury & District
- f. Food Insecurity – North Bay Parry Sound
- g. Food Insecurity – Sudbury & District
- h. Physical Literacy – Windsor Essex

From: allhealthunits
Sent: Thursday, March 16, 2023 11:00 AM
To: AllHealthUnits
Subject: [allhealthunits] March 2023 Infobreak

[View this email in your browser](#)

PLEASE ROUTE TO:
All Board of Health Members
All Members of Regional Health & Social Service Committees
All Senior Public Health Managers

March 16, 2023

March 2023 InfoBreak

This update is a tool to keep alPHA's members apprised of the latest news in public health including provincial announcements, legislation, alPHA activities, correspondence, and events. Visit us at alphaweb.org.

Registration for alPHA's Annual Conference and AGM now available!

alPHA's 2023 Annual General Meeting (AGM) and Conference will be held at the University of Toronto's Dalla Lana School of Public Health on Tuesday, June 13, 2023. In addition, a pre-conference walking tour and reception will be held on the afternoon and evening of Monday, June 12th and the Section meetings will be on the morning of Wednesday, June 14th. Registration is now available and can be found by clicking [here](#).

The [Conference Poster](#), [Sponsorship Prospectus](#) and [Sponsorship Commitment Form](#) are available online. Further details including, the conference program, will be available in the coming weeks. Updates are posted on our [Conference webpage](#), so check this page regularly. Attendees are encouraged to book accommodations as soon as possible. alPHA does not have a room block, however there are a number of nearby hotels, including the [Chelsea](#) and the [Holiday Inn](#).

alPHA members were notified about the [June 2023 alPHA AGM Notice and Package](#), which is now available. Individual documents can be found here:

1. [Notice for the 2023 alPHA Annual General Meeting](#)

2. Call for 2023 alPHA Resolutions
 3. Call for 2023 alPHA Distinguished Service Awards
 4. Call for Board of Health Nominations
-

Leader to Leader – A Message from the alPHA President - March 2023

February was a busy and highly productive month for alPHA, beginning with the engagement of all members for input **that contributed to the development and release of alPHA's 2023 Pre-Budget Consultation submission.** In addition to members' advice, the submission was based on the four pillars of alPHA's Strategic Plan, base-budget survey data from 34-member health units, Resolutions, and key foundational documents. February wrapped up with several successful key adjacent events.

On Tuesday, February 21st, BOH Section Chair Carmen McGregor, Executive Director Loretta Ryan, and I, as President, participated in the Ontario Chronic Disease Prevention Alliance Day **at Queen's** Park which was hosted by the Honourable Ted Arnott, Speaker of the House. This included recognition in the Ontario Legislature, followed by a luncheon where we had the opportunity to engage in productive conversations with several key decision-makers, including Cabinet Ministers, Parliamentary Assistants, MPPs and their staff.

On Wednesday, February 22nd, alPHA was pleased to host a conference for local public health **Executive and Administrative Assistants who support alPHA's members in local public health's** senior leadership. Thank you to the team who put this together and for the opportunity for me to bring welcoming remarks. Thank you too, to our other speakers, including alPHA Board members **Dr. Alex Summers and Paul Sharma, alPHA's Executive Director** Loretta Ryan, and Franger Jimenez, our Centennial College student placement.

The alPHA Board held their quarterly meeting on Thursday, February 23rd. This included discussion on key public health issues, including framing out the process for the development of a new Strategic Plan to lead the association into 2024 and beyond, government relations, and compliance with the Ontario Not for Profit Corporations Act. **Ontario's Chief Medical Officer of Health, Dr. Kieran Moore, along with Liz Walker, the Ministry of Health's Executive Lead for Public Health and Michael Sherar, President, and CEO of Public Health Ontario (PHO),** participated in discussions with the Board. The alPHA Board meeting concluded with recognition of departing Board members Dr. Penny Sutcliffe, COMO H Representative, North Region and Kerry-Schubert-Mackey, Affiliate Representative, ODPH. The alPHA Board extended sincere appreciation and thanks, wishing them well in their future endeavours.

Also on Thursday, BOH and Affiliate members participated in alPHA's Road 2 Mental Readiness Workshop that COMO H participated in last fall. This was developed in collaboration with the

Canadian Armed Forces and tailored for public health leaders, based on a cycle that entails preparation, performance, and recovery.

February concluded with the resounding success of **alPHA's 2023 Winter Symposium** on February 24th. The **event began with greetings and support for alPHA members' work in public health** from: the Honourable Doug Ford, Premier of Ontario; the Honourable Sylvia Jones, Deputy Premier of Ontario, and Minister of Health; Dr. Theresa Tam, Chief Public Health Officer of Canada; **Colin Best, President, Association of Municipalities of Ontario; Allan O'Dette, President & CEO, Ontario Medical Association and Steini Brown, Dean, Dalla Lana School of Public Health.**

Carmen McGregor, Chair, BOH Section; Dr. Eileen de Villa, Chair, COMO H Section; Loretta Ryan, **alPHA Executive Director, and I, provided updates on alPHA's recent activities including alPHA's latest Public Health Matters infographic and the newly launched companion video, alPHA member engagement in, and highlights of, alPHA's Pre-Budget Consultations and alPHA's key partnerships.**

Updates were received from Dr. Chris Simpson, Ontario Health, and Michael Sherar, Public Health Ontario (PHO). As well, a team from PHO introducing the Ontario Public Health Information Dataset, a **robust tool to examine the impacts of funding changes in Ontario's** public health system on population health and health equity.

Ontario Provincial Police Constable Hughes provided tips to manage harassment and how to protect oneself in more serious cases of threatening behaviour.

On behalf of the Honourable Steven Lecce, Ontario's Minister of Education, Deputy Minister of Education Nancy Naylor brought greetings and updates and spoke of the productive working relationship between their ministry, the Ministry of Health, COMO H, and local public health partners, to ensure the health and well being of Ontario's students.

The symposium concluded with informative updates and an interactive Q&A session with Dr. Kieran Moore.

Meetings of the COMO H Section, and the BOH Section which included Affiliate members, were held on the afternoon of February 24th. alPHA presented BOH orientation sessions on roles, legislated and legal responsibilities, and liability.

Thank you to this wonderful line-up of speakers, the moderators from the alPHA Board of Directors and the volunteer planning team - all of whom so generously donated their time. Be sure to check out their **bios**, along with the presentations that were shared with alPHA at **www.alphaweb.org**.

While this event was planned and hosted by alPHA, it took place with the generous support of the University of Toronto's Dalla Lana School of Public Health and the Eastern Ontario Health Unit. I would like to sincerely thank them for their ongoing support.

Thank you to the alPHA staff of Gordon Fleming and Melanie Dziengo under the leadership of Loretta Ryan, alPHA's Executive Director. Special recognition goes to Loretta Ryan's exceptional leadership, planning and coordination of alPHA's work and events. Ms. Ryan has leveraged alPHA to new heights and has greatly increased the association's capacity.

Most of all, I would like to thank all who participated in these events. It is only through the involvement and support of alPHA's members that we are able to do what we do and, as evidenced by the strong attendance numbers, we have an engaged membership.

alPHA's dedicated governance Board of Directors and Executive Committee, supported by alPHA's Executive Director and staff, *provides strategic leadership with one, unified voice representing the public health system across its member constituents.* alPHA will continue to provide valued resources and services to you, its members, leading in the ever-changing public health sector. alPHA is committed to influencing Ontario's decision-makers to ensure a robust local public health system with ample resources to protect the entire population's health.

Trudy Sachowski
President

'The leadership role is really to build the riverbanks and let the water flow freely.'

alPHA 2023 Winter Symposium resources

Presentations from this year's Winter Symposium are available by event and have been uploaded as packages. Please note, you will need to log in to view them.

1. [Symposium Resources](#)
2. [Boards of Health Section Resources](#)
3. [R2MR Workshop Resources](#)
4. [Speaker Bios](#)

The winner of the post-event survey gift card is Dr. Hamidah Meghani of Halton Region Health Department.

New for this year! alPHA Workplace Health and Wellness Month

The alPHA Fitness Challenge is being rebranded as the [alPHA Workplace Health and Wellness Month](#)! This is an opportunity for all alPHA members to engage in activities that promote physical and mental health for at least 30 minutes during the month of May. Members are encouraged to participate and share their success via Twitter. All you have to do is tweet a picture, tag @PHAgenies, and use the hashtags #PublicHealthLeaders and #alPHA2023. The **pictures will be highlighted at this year's Conference and AGM.**

Additionally, resources, provided by public health units, that members can use to improve their physical, mental, and nutritional health will be coming to the alPHA website soon. There will also be health tools and tips you can use to improve your wellness at home and at work.

Are you interested in healthy recipes but don't know where to start? Information from [Toronto Public Health](#) can help. There, you can find tips to help you make wise choices when preparing food and some other websites where you can find healthy recipes to prepare at home!

Shareable alPHA public health materials

alPHA has created documents to profile public health and the important role the association plays in the sector. These include:

1. [Spring 2022 Public Health Matters Infographic](#), [its accompanying video](#), [Public Health Matters Infographic #2](#), and [its video](#)
2. [alPHA Public Health Brochure](#)
3. [Pre-Budget Submission 2023](#)
4. [Statement of Principles](#) (2019 - conditions agreed upon by the alPHA Board for the foundations of a successful PH system)
5. [alPHA Resolutions - Public Health Funding and Policy](#)

These documents can be widely shared and demonstrate the value and return on investment public health provides. These are also useful for meetings with local councillors, MPPs, and other important stakeholders. Members are strongly encouraged to use these resource materials.

Guidelines on Minimum Retentions now available

alPHA's Record Retention Resource Document for Public Health Units is now up on [the website](#). This a document health units can use to ensure their records retention

bylaw/policy, schedule and/or procedure is updated and follows current best practices. It also provides a general overview of the records from a public health services and programs perspective that need to be considered in records retention bylaws/policies, schedules and/or procedures.

Climate Change Update: February 2023



Research continues to report that climate change is harming Ontario's health, wellbeing, and equity with risk increasing exponentially with every increment of temperature elevation. Ongoing literature and global reports including scientific evidence, Indigenous knowledge and surveillance data suggests that provincial prioritization of climate change and its impact is necessary to protect the health system. To read more, please click [here](#).

Boards of Health: Shared Resources

A resource [page](#) is available on alPha's website for Board of Health members to facilitate the sharing of and access to orientation materials, best practices, by-laws, resolutions, and other resources. If you have a best practice, by-law or any other resource that you would like to make available, please send a file or a link with a brief description to gordon@alphaweb.org and for posting in the appropriate library.

Resources available on the alPha website include:

- | | |
|--|--|
| 1. Orientation Manual for Boards of Health (Revised Feb. 2023) | 1. The Ontario Public Health Standards |
|--|--|

- | | |
|---|---|
| <ol style="list-style-type: none"> 2. <u>Review of Board of Health Liability, 2018, (PowerPoint presentation, Feb. 24, 2023)</u> 3. <u>Legal Matters: Updates for Boards of Health (Video, June 8, 2021)</u> 4. <u>Obligations of a Board of Health under the Municipal Act, 2001 (Revised 2021)</u> 5. <u>Governance Toolkit (Revised 2022)</u> 6. <u>Risk Management for Health Units</u> 7. <u>Healthy Rural Communities Toolkit</u> | <ol style="list-style-type: none"> 2. <u>Public Appointee Role and Governance Overview (for Provincial Appointees to BOH)</u> 3. <u>Ontario Boards of Health By Region</u> 4. <u>List of Health Units sorted by Municipality</u> 5. <u>List of Municipalities sorted by Health Unit</u> 6. <u>Map: Boards of Health Types</u> 7. <u>NCCHPP Report: Profile of Ontario's Public Health System (2021)</u> 8. <u>The Municipal Role of Public Health (2022 U of T Report)</u> |
|---|---|

Association of Municipalities (AMO) New Head of Council and New Councillor Training

AMO is offering training for New Heads of Councillors and New Councillors. The training **will feature subject matter experts, helping participants “managing diverse aspects and expectations on issues you will find before your term.”** You can register for the New Head of Councillor Training [here](#) and register for New Councillor training [here](#).

AMO 2023 Ending Homelessness Symposium

The Association of Municipalities of Ontario (AMO) is holding an Ending Homelessness Symposium on May 3-4, 2023. This one and a half-day event is open to elected officials; municipal staff; social, health, and economic partners; and all interested sector **associations. AMO’s Ending Homelessness Symposium will offer** perspectives on the root causes of homelessness – including income insecurity, insufficient supply of deeply affordable housing, insufficient responses to mental health and addictions challenges and the policy responses required. Deadline to register is April 26th. More information, including how to register, can be found [here](#).

Public Health by 2033: TOPHC Announces Plenary Panelists and More

More than three years of the SARS-CoV-2 pandemic has taught public health agencies, governments and the broader healthcare sector to re-evaluate the status quo and plan

for an uncertain future. The future of public health will be the focus of the plenary session: *Public Health by 2033*, a virtual discussion that is part of [TOPHC 2023's](#) March 27 virtual convention.

Moderated by **Toronto's Medical Officer of Health, Dr. Eileen de Villa**, this plenary features panelists:

- Dr. Theresa Tam, Chief Public Health Officer of Canada
- Dr. Bonnie Henry, Provincial Health Officer for British Columbia
- Dr. Gaynor Watson-Creed, Associate Dean of Serving and Engaging Society for Dalhousie University's Faculty of Medicine and Assistant Professor in the Department of Community Health and Epidemiology

These public health thought leaders will look ahead to the next decade in public health. The discussion will focus on key public health priorities along with the challenges and the unique opportunities presented by strategic and technological advances. The panelists will also delve into the possibilities for a shared vision of public health in 2033 through collaboration across governments, sectors and communities.

In addition to the plenary, TOPHC's virtual convention will include live and recorded presentations on a range of public health issues, new research findings, and proven health promotion strategies. Everyone who registers for Day One – the virtual convention – will also get six months' access to a virtual library that will include the presentations and other resource material.

TOPHC will also be offering in-person workshops at the Beanfield Centre in Toronto on March 30 – Day Two of the convention. These workshops range from half-day to full-day sessions that will offer hands-on, interactive learning with experts from across the spectrum of public health disciplines. They will address ongoing public health issues including management of rising incidence of syphilis, strategies for re-building trust for science in public health, improving health outcomes for Indigenous communities, the future of health promotion and reducing stigma through trauma and violence-informed care.

TOPHC is an annual educational and networking event planned and delivered by Public Health Ontario (PHO), the Association of Local Public Health Agencies (aLPHa), and the Ontario Public Health Association (OPHA).

To learn more and register for TOPHC 2023, visit <https://www.tophc.ca>.

Public Health Ontario

Burden of Health Conditions Attributable to Smoking and Alcohol by Public Health Unit in Ontario

This report, produced collaboratively by Public Health Ontario and Ontario Health, provides estimates of the number of deaths, hospitalizations and emergency department visits caused by smoking and alcohol consumption for Ontario and its public health units. Also included is a discussion of tobacco and alcohol control strategies for preventing and reducing smoking and alcohol consumption.

COVID-19 Variants of Concern

1. [Phylogenetic Analysis of SARS-CoV-2 in Ontario](#)

COVID-19 Epidemiological Surveillance Report

1. [SARS-CoV-2 Genomic Surveillance in Ontario](#)
2. [COVID-19 Wastewater Surveillance in Ontario](#)
3. [Respiratory Virus Overview in Ontario](#)
4. [Comparison of COVID-19 Hospitalizations and Deaths in 2022 and 2021](#)
5. COVID-19 in Ontario [Weekly Epidemiological Summary](#)

IPAC Resources

1. [COVID-19 Preparedness and Prevention in Congregate Living Settings](#)
2. [Managing COVID-19 Outbreaks in Congregate Living Settings \(CLS\)](#)

Vaccination and Vaccine-Preventable Diseases

1. [Considerations for the 2023 COVID-19 Vaccine Program in Ontario](#)

Additional Resources – New

1. [Childhood Fall Prevention Indicators for Public Health Practice in Ontario](#)

PHO Events

Interested in our upcoming events? Check out our [Events](#) page to stay up-to-date with all PHO events.

Missed an event? Check out our [Presentations](#) page for full recordings our events.

Upcoming DLSPH Events and Webinars

1. The Ontario Public Health Convention (Mar. 27, Mar. 30)
 2. Improving Immunization with People Experiencing Homelessness (Mar. 27)
 3. Environments and Health Webinar: Obesity and Environment (Mar. 27)
 4. Environments and Health Webinar: Microbiome - Environment Interactions and the impact on health (Mar. 29)
 5. Environments and Health Webinar: Agri-Food, the Food-Water Nexus and Health (Apr. 5)
-

RRFSS Update

There are still more opportunities to join RRFSS this year and the next cycle of data collection starts in May. Data collection is available for 2023 in a variety of modes: telephone (dual-frame landline and cell phone samples) and online (panel and convenience samples). Costs vary by data collection method, number of completed interviews and survey length. For example, 720 completed telephone interviews (50 percent landline/50 percent cell) with ten minutes of interview questions would cost approximately \$35,000. A panel sample with 600 completed interviews and a ten-minute survey would cost approximately \$20,000. RRFSS also allows for custom surveys based on specific budgets. Please visit the RRFSS website to see available survey questions and further information about joining RRFSS: <https://www.rfss.ca/>

COVID-19 Update

The Ministry of Health COVID-19 resource pages:
<https://www.ontario.ca/page/covid-19-coronavirus> (English)
[Ministry of Health - guidance for the health sector](#)
[Public Health Ontario's COVID-19 landing page](#)
[Public Health Agency of Canada's COVID-19 landing page](#)
[alPHa's recent COVID-19 related submissions can be found here.](#)

As part of the ongoing response to COVID-19, alPHa continues to represent the public health system and work with key stakeholders.

News Releases

The most up to date news releases from the Government of Ontario can be accessed [here](#).

The 2023 Ontario Budget was released on March 23rd, 2023. It is largely focused on balancing the budget after years of deficit spending, prioritizing spending on industry, particularly skilled trades and manufacturing, as well as the already announced priorities of infrastructure (e.g. transportation) and investments in health care (e.g. hospitals, health care human resources).

There are virtually no references to public health in this document, and where they are, three are in the context of the impact of public health measures and restrictions on the economy and the fourth is a pledge to consult with public health among others as the government considers modernizing Ontario's [tobacco tax administration](#) (scroll up the page just a bit after clicking the link).

Please note that the practice of inviting alPHa to a full budget lockup, which traditionally gave interested parties access to the complete budget documents and four hours to analyze them has been replaced with 30-minute, high-level technical briefings since the outset of the pandemic. This year, the briefing occurred just prior to the public release. This summary is therefore a result of a less in-depth analysis, but if we identify anything else of interest, this will be communicated promptly.

Links to the official documents and an excerpt relevant to local public health are provided below.

- Landing page for the 2023 Ontario Budget is [here](#).
- The full Budget can be read online and downloaded [here](#).
- Budget highlights are [here](#).
- The News Release is [here](#).
- Technical Briefing slide deck (screen caps) [here](#).

Excerpts from the Ontario Budget related to Public Health

COVID One-Time Funding

Chapter 3, Page 6 of Section 2 of the Budget (Ontario's Economic Outlook and Fiscal Outlook in Brief) includes a table entitled [Ontario's Fiscal Plan](#), on which there is a line for COVID-19 Time-Limited Funding that clearly indicates that this will not continue past this year.

The presenter during the technical briefing framed this as not being reported separately rather than a full cessation, so alPHa will make further inquiries on this as part of its ongoing discussions with the Province on public health funding and resources.

Paid Sick Days

While this was not in the Budget itself, the Minister confirmed during interviews prior to its release that the temporary, COVID-related provision of up to 3 paid sick days will expire on Thursday March 31, 2023. Although this is seen by many as an employment standards issue, [alPHa advocated for their](#)

[implementation](#) during the acute phase of the pandemic as a public health measure, calling for the permanent inclusion of paid sick leave provisions under the Employment Standards Act, as a public health measure to prevent transmission of communicable diseases in general.

Selected Media Coverage

[CBC \(pre-release\)](#)

[CBC \(post-release\)](#)

[Globe and Mail \(pre-release\)](#)

[Globe and Mail \(post release\)](#)

[Toronto Star \(pre-release\)](#)

[Toronto Star \(post-release\)](#)

We hope you find this information useful.

From: Da Silva, Lolly (MOH)
Sent: Friday, March 24, 2023 3:45 PM
To: Alida Gorizzan
Cc: Dhalla, Rosemin (MOH)
Subject: RE: FOLLOW UP -- CORRESPONDENCE: Letter of Support for Provincial Appointment - David Newhouse

Good afternoon Alida,

Thank you for following up with us. The Minister's Office is actively looking into new appointments to your board. As soon as we have any updates to share, we will definitely be in touch with you!

Thanks and have a wonderful weekend!
Lolly

Lolly da Silva | Senior Program Consultant, Public Appointments, Agency Coordination & Corporate Initiatives Unit,
Corporate Management Branch
Ministry of Health | Ministry of Long-Term Care | 56 Wellesley Street West, 2nd Floor, Toronto ON M5S 2S3

From: Alida Gorizzan
Sent: March 24, 2023 1:17 PM
To: Da Silva, Lolly (MOH); Dhalla, Rosemin (MOH)
Cc: Piggott, Dr. Thomas; Dave Smith; Dave Piccini; Laurie Scott; David Newhouse
Subject: FOLLOW UP -- CORRESPONDENCE: Letter of Support for Provincial Appointment - David Newhouse
Importance: High

Good afternoon,

At its March 8, 2023 meeting, the Board of Health for Peterborough Public Health requested that staff inquire about the status of this reappointment request.

We would be grateful to receive an update as the Board would certainly benefit not only from additional provincial appointee representation, but even more so from an Indigenous community member who will bring valuable knowledge and perspectives to the current membership.

With thanks,
Alida Gorizzan

Alida Gorizzan
Executive Assistant to Dr. Thomas Piggott
Medical Officer of Health & CEO, and the Board of Health
Peterborough Public Health
Jackson Square, 185 King St., Peterborough, ON K9J 2R8

April 6, 2023

Hon. Sylvia Jones
Minister of Health
c/o Public Appointments, Agency Coordination & Corporate Initiatives Unit
Corporate Management Branch, Ministry of Health
56 Wellesley Street West, 2nd Floor
Toronto, ON M5S 2S3

Dear Minister Jones,

RE: Reappointment Request – Dr. Hans Stelzer

At its March 8, 2023 meeting, the Board of Health for Peterborough Public Health unanimously expressed its support for the reappointment of Dr. Hans Stelzer. Dr. Stelzer was re-appointed on August 13, 2021, for a two-year term.

We hope that the Province will be able to make a timely decision on this matter so that our board will benefit from full and robust membership. As communicated previously, the BOH is experiencing a significant gap in provincial representation.

Thank you in advance for your consideration of this request, should you have any questions or concerns, please do not hesitate to contact us.

Sincerely,

Original signed by

Councillor Kathryn Wilson
Chair, Board of Health

Original signed by

Dr. Thomas Piggott, MD PhD CCFP FRCPC
Medical Officer of Health & Chief Executive Officer

cc: Dave Smith, MPP Peterborough-Kawartha
David Piccini, MPP Northumberland-Peterborough South
Laurie Scott, MPP Haliburton-Kawartha Lakes-Brock
Dr. Hans Stelzer



February 24, 2023

VIA ELECTRONIC MAIL

The Honourable Doug Ford
Premier of Ontario
Legislative Building
Queen's Park
Toronto ON M7A 1A1

Dear Premier Ford:

Re: Provincial Funding for Consumption and Treatment Services

At its meeting on February 16, 2023, the Board of Health carried the following resolution #11-23:

WHEREAS as recognized by motion [14-21](#), Sudbury and districts continue to experience an opioid crisis with the second highest opioid-related death rate in Ontario; and

WHEREAS the Ontario Public Health Standards require boards of health to collaborate with health and social service partners to develop programs and services to reduce the burdens associated with substance use; and

WHEREAS evidence shows that supervised consumption sites, as a harm reduction strategy, reduce overdose deaths, increase access to treatment and other health and social services, reduce transmission of infectious diseases, including HIV and Hepatitis C, reduce public injection of drugs, and reduce publicly discarded hazardous syringes; and

WHEREAS the provincial application for approval and funding for Sudbury's Consumption and Treatment Services was submitted in August 2021 and the application remains under review; and

WHEREAS Réseau Access Network received the required federal exemption and has been operating Sudbury's supervised consumption services site since September 2022 with temporary operating funds provided by the City of Greater Sudbury; and

WHEREAS there is uncertainty about the future of supervised consumption services in Sudbury given the temporary nature of current municipal funding and the outstanding provincial application;

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Sudbury East / Sudbury-Est

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f: 705.867.0474

Espanola

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f: 705.869.5583

Île Manitoulin Island

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f: 705.377.5580

Chapleau

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f: 705.864.0820

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1.866.522.9200

phsd.ca



THEREFORE BE IT RESOLVED THAT the Board of Health reaffirm motion [14-21](#), sounding the alarm on the local and regional opioid crisis – a crisis that has continued to intensify since 2021; and

THAT the Board of Health urge the provincial government to immediately approve funding for the Sudbury supervised consumption services site, operating as a Consumption and Treatment Services site under the Ontario model; and

FURTHER THAT this resolution be shared with relevant federal and provincial government ministers, area members of parliament and provincial parliament, local municipal leadership, the Chief Medical Officer of Health, and boards of health.

The worsening drug poisoning crisis in our community requires concerted efforts on behalf of many partners. The Board of Health for Public Health Sudbury & Districts is looking to the provincial government as one of these key partners.

In addition to the primary goal of saving lives, Consumption and Treatment Services decrease health care pressures by reducing emergency services and hospital utilization and decreasing the transmission of infectious diseases such as HIV and Hepatitis C. They also facilitate referral to treatment for substance use and early treatment for other health concerns. Consumption and Treatment Services are an investment into the health of those that use the services and the health of our health care system.

The Board urges the provincial government to immediately approve and fund Sudbury's Consumption and Treatment Services site.

Thank you for your urgent and positive consideration of this request.

Sincerely,



Penny Sutcliffe, MD, MHSc, FRCPC
Medical Officer of Health and Chief Executive Officer

cc: Dr. Kieran Moore, Chief Medical Officer of Health
Honourable Sylvia Jones, Deputy Premier, Minister of Health
Honourable Michael Tibollo, Associate Minister, Mental Health and Addictions
Honourable Jean-Yves Duclos, Minister of Health of Canada
Honourable Carolyn Bennett, Associate Minister, Mental Health and Addictions
Honourable Gwen Boniface, Order of Ontario, Senator
Viviane Lapointe, Member of Parliament, Sudbury
France Gélinas, Member of Provincial Parliament, Nickel Belt
Jamie West, Member of Provincial Parliament, Sudbury
Marc G. Serré, Member of Parliament, Nickel Belt
Michael Mantha, Member of Provincial Parliament, Algoma-Manitoulin
Paul Lefebvre, Mayor, City of Greater Sudbury
All Ontario Boards of Health

March 3, 2023

The Honourable Doug Ford
Premier of Ontario
Legislative Building, Room 281
Queens Park
Toronto, ON M7A 1A1

The Honourable Sylvia Jones
Minister of Health / Deputy Premier
777 Bay Street, College Park, 5th Floor
Toronto, ON M7A 2J3

The Honourable Merrilee Fullerton
438 University Avenue, 7th Floor
Toronto, ON M5G 2K8

Dear Premier Ford, Minister Jones, and Minister Fullerton:

RE: Food Insecurity in Ontario

On behalf of the Board of Health (Board) and staff of the North Bay Parry Sound District Health Unit (Health Unit), we are expressing our concerns about the high rates of food insecurity in Ontario. Most recent estimates show that one in six households experience food insecurity, and one in five children live in a food insecure household. This is not acceptable. The magnitude of the problem, paired with the severe health consequences associated with experiencing food insecurity, make this an important and pressing public health issue that requires attention from all levels of government.

Food insecurity means a household has inadequate or insecure access to food due to financial constraints. Not being able to afford food has profound adverse effects on people's physical and mental health, and their ability to lead productive lives. The health consequences of food insecurity are also a large burden on our healthcare system.

As per the Ontario Public Health Standards, health units are required to monitor food affordability. We recently released our local 2022 Cost of Eating Well report, which draws attention to the inadequacy of current social assistance rates. It highlights that households with social assistance as their main income do not have enough money for the costs of living, including food. An excerpt from the report is included as **Appendix A**. It is important to note the scenarios presented include very modest estimates of both food costs and rent. Local data from the Canadian Mortgage and Housing Corporation is used for rent estimates which may or may not include utilities. Food costs are based on the Nutritious Food Basket (NFB). Grocery stores are surveyed locally to determine the cost of the NFB, which provides an estimate of the cost of following Canada's Food Guide. Examining food costs and rent rates alongside household income scenarios determines if food is affordable. For those receiving social assistance, it is clear they do not have enough money for the costs of living.

.../2

As record high food inflation rates persist, there is no doubt the financial situation is increasingly dire for these households. While the Ontario Disability Support Program (ODSP) was increased by 5% in 2022 and will be indexed to inflation going forward, the current rates are not based on the costs of living. Further, Ontario Works (OW) has not been increased since 2018 and is not indexed to inflation.

Last week, our Board passed a series of motions demonstrating collective support from Health Unit staff, leadership, and Board members, to call on the province for income-based policy action to reduce food insecurity. The complete list of resolutions and motions are attached as **Appendix B**. To summarize, our Board is urging the Province of Ontario to:

- Legislate targets for the reduction of food insecurity as part of the Ontario Poverty Reduction Strategy.
- Increase social assistance rates to reflect the costs of living, and to index Ontario Works rates to inflation going forward.
- Resume investigating the feasibility of creating a guaranteed living wage (basic income) in the Province of Ontario.

Income is an important social determinant of health (SDOH) that greatly impacts other SDOHs, including food security. Income support programs are recognized globally as important and effective population health interventions, meaning they can impact the health of the whole population. Ensuring low-income households have enough money to meet their basic needs is essential for health.

Food insecurity in Canada is a persistent and highly prevalent problem that has not improved since systematic monitoring began in 2005. Our Health Unit has been vocal in the past about the importance of adequate income to reduce food insecurity. Most recently, we called on the federal government to consider the importance of a basic income program for all in light of COVID-19 pandemic response benefits, and we called on the province to establish a Social Assistance Research Commission to advise on strengthening social assistance in Ontario. We will continue to monitor food affordability and follow the evidence on this issue, as health units are required to 'assess and report on the health of local populations describing the existence and impact of health inequities and identifying effective strategies that decrease health inequities.'

The Province of Ontario holds the power to reduce food insecurity and extreme poverty among households receiving social assistance. From a public health perspective, our Board urges you to take action. Please consider the motions our Board passed on this important issue and thank you for reviewing this information.

Sincerely yours,

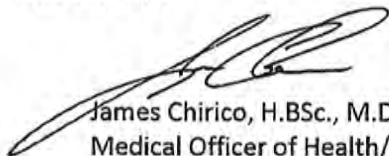


Rick Champagne
Chairperson, Board of Health

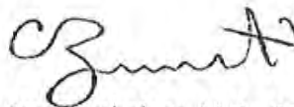
To: Premier Ford, Minister S. Jones, Minister M. Fullerton

Page 3 of 5

Date: March 3, 2023



James Chirico, H.BSc., M.D., F.R.C.P. (C), MPH
Medical Officer of Health/Executive Officer



Carol Zimbalatti, M.D., CCFP, MPH
Associate Medical Officer of Health

/sb

Enclosures (2) – Appendix A and B

Copy to:

Vic Fedeli, MPP, Nipissing
Graydon Smith, MPP, Parry Sound-Muskoka
John Vanthof, MPP, Timiskaming-Cochrane
Hon. Anthony Rota, MP, Nipissing-Timiskaming
Hon. Scott Aitchison, MP, Parry Sound-Muskoka
Hon. Marc Serre, MP, Nickel Belt
Ontario Boards of Health
Association of Local Public Health Agencies (alPHA)
Association of Municipalities of Ontario (AMO)
Federation of Canadian Municipalities (FCM)
Health Unit Member Municipalities

References:

Tarasuk V, Li T, Fafard St-Germain AA. *Household food insecurity in Canada, 2021*. Toronto: Research to identify policy options to reduce food insecurity (PROOF). 2022. Retrieved from: <https://proof.utoronto.ca/>
North Bay Parry Sound District Health Unit. *2022 Cost of Eating Well: Monitoring food affordability in the North Bay Parry Sound District*. 2023. Retrieved from: [https://www.myhealthunit.ca/en/health-topics/HU_FoodInsecurity_Report22-\(1\).pdf](https://www.myhealthunit.ca/en/health-topics/HU_FoodInsecurity_Report22-(1).pdf)
Ministry of Health. *Ontario Public Health Standards: Requirements for programs, services and accountability*. 2021. Retrieved from: https://www.health.gov.on.ca/en/pro/programs/publichealth/oph_standards/docs/protocols_guidelines/Ontario_Public_Health_Standards_2021.pdf
World Health Organization. *Closing the Gap in a Generation: Health Equity through Action on the Social Determinants of Health*. Geneva: WHO. 2008. Retrieved from: <https://www.who.int/publications/i/item/WHO-IER-CSDH-08.1>

Appendix A



Single man receiving Ontario Works

This person does not have enough money to cover rent and food in a month, or their other costs of living. Current social assistance rates in Ontario are not based on the real costs of living. There are few income supports in place for working aged adults without children, leaving them in extreme poverty should they be unemployed.

**Income is based on OW basic allowance and maximum shelter allowance, GST/HST credit, Ontario Trillium Benefit, and the Ontario Climate Action Incentive Payment.*

| | |
|----------------------------|---------------|
| ===== | |
| Monthly income:* | \$876 |
| Rent (bachelor apartment): | \$650 |
| Food: | \$404 |
| ===== | |
| | -\$178 |



Single woman with 2 kids receiving Ontario Works

It is highly unlikely that the \$688 remaining after paying for rent and food will be enough to cover this family's monthly expenses. Parents in Canada are eligible for the Canada/Ontario Child Benefit (CCB), which provides a seemingly significant amount of money monthly for low-income households. Yet, 1 in 5 children in Ontario live in a food insecure household, suggesting the CCB does not provide enough money to protect against food insecurity.

**Income is based on Ontario Works basic allowance for one recipient and two dependents and maximum shelter allowance for a family size of three, Canada and Ontario Child Benefit, GST/HST credit, Ontario Trillium Benefit, and the Climate Action Incentive Payment.*

| | |
|-----------------------------|--------------|
| ===== | |
| Monthly income:* | \$2548 |
| Rent (2 bedroom apartment): | \$1032 |
| Food: | \$828 |
| ===== | |
| | \$688 |

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Appendix B

Board of Health Motion: #BOH/2023/02/04 – February 22, 2023

Moved by: Marianne Stickland

Seconded by: Jamie McGarvey

Whereas, the Ontario Public Health Standards require public health units to monitor food affordability, as well as assess and report on the health of local populations, describing the existence and impact of health inequities;

Whereas, it is well documented that food insecurity has a detrimental impact on physical and mental health;

Whereas, adequate income is an important social determinant of health that greatly impacts food security;

Whereas, 67% of households in Ontario with social assistance as their main source of income experience food insecurity;

Whereas, the 2022 Nutritious Food Basket Survey results show that households reliant on social assistance do not have enough money for the costs of living, including food;

Therefore Be It Resolved, That the Board of Health for the North Bay Parry Sound District Health Unit continue to support the efforts of staff and community stakeholders to raise awareness about, and work to reduce, health inequities, including food insecurity; and

Furthermore Be It Resolved, That the Board of Health call on the Province of Ontario to legislate targets for the reduction of food insecurity as part of the Ontario Poverty Reduction Strategy; and

Furthermore Be It Resolved, That the Board of Health call on the Province of Ontario to increase social assistance rates to reflect the costs of living, and to index Ontario Works rates to inflation going forward; and

Furthermore Be It Resolved, That the Board of Health urge the province to resume investigating the feasibility of creating a guaranteed living wage (basic income) in the Province of Ontario; and

Furthermore Be It Resolved, That the Board of Health provide correspondence of these resolutions to district municipalities, Ontario Boards of Health, Victor Fedeli, MPP (Nipissing), Graydon Smith, MPP (Parry Sound-Muskoka), John Vanthof, MPP (Timiskaming-Cochrane), the Honourable Doug Ford (Premier), the Honourable Merrilee Fullerton (Minister of Children, Community and Social Services), the Honourable Sylvia Jones (Minister of Health) and the Association of Local Public Health Agencies (aLPHA), MP Anthony Rota, MP Scott Aitchison, MP Marc Serre, the Association of Municipalities of Ontario (AMO), and the Federation of Canadian Municipalities (FCM).



February 24, 2023

VIA ELECTRONIC MAIL

The Honourable Doug Ford
Premier of Ontario
Legislative Building
Queen's Park
Toronto ON M7A 1A1

Dear Premier Ford:

Re: Community Engagement to Address Food Insecurity

At its meeting on February 16, 2023, the Board of Health carried the following resolution #08-23:

BE IT RESOLVED THAT the Board of Health for Public Health Sudbury & Districts, in recognition of the root causes of food insecurity, call on the provincial government to incorporate local food affordability findings in determining adequacy of social assistance levels; and

THAT the Board of Health reaffirm its support for the Association of Local Public Health Agencies (ALPHA) resolutions [A18-02](#) (Minimum Wage that is a Living Wage) and [A15-04](#) (Basic Income Guarantee); and

THAT the Board of Health intensify its work with relevant area agencies and community groups, and municipalities to shift the focus of food insecurity initiatives from food charity to income-based solutions, including but not limited to the sharing of data and evidence-based income solutions; and

FURTHER THAT the Board of Health for Public Health Sudbury & Districts Board share this motion with area partners, Ontario boards of health, ALPHA, and the relevant provincial government ministers.

Sudbury

1300 rue Paris Street
Sudbury ON P3E 3A3
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Elm Place

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Sudbury East / Sudbury-Est

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Espanola

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Île Manitoulin Island

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f: 705.377.5580

Chapleau

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toll-free / sans frais

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Letter to Premier Ford
Re: Community Engagement to Address Food Insecurity
February 24, 2023
Page 2

The health consequences of food insecurity have serious adverse effects on people's physical and mental health and the ability to lead productive lives. Ontarians living with food insecurity are at greater risk for numerous chronic conditions including mental health disorders, non-communicable diseases (e.g., diabetes, hypertension and cardiovascular disease), and infections.¹ People who have chronic conditions and are food insecure are more likely to have negative disease outcomes, be hospitalized, or die prematurely.²

The health consequences of food insecurity are a significant burden on our province's healthcare and social service system. Adults in food insecure households are more likely to be admitted to acute care; they also may stay in hospital for a longer period and are more likely to be readmitted.³ Income-based policies that effectively reduce food insecurity offset considerable public expenditures on healthcare and social services in Ontario by reducing demands on these services and reducing costs.

Thank you for your attention to this important issue – the solutions for which will not only help many Ontarians in need but also protect the sustainability of our critical health and social services resources.

Sincerely,



Penny Sutcliffe, MD, MHSc, FRCPC
Medical Officer of Health and Chief Executive Officer

cc: Dr. Kieran Moore, Chief Medical Officer of Health
Honourable Sylvia Jones, Deputy Premier and Minister of Health
Honourable Merrilee Fullerton, Minister of Children, Community and Social Services
Honourable Steve Clark, Minister of Municipal Affairs and Housing
France G linas, Member of Provincial Parliament, Nickel Belt
Jamie West, Member of Provincial Parliament, Sudbury
Michael Mantha, Member of Provincial Parliament, Algoma-Manitoulin
All Ontario Boards of Health
Constituent Municipalities

¹ Tarasuk V, Li T, Fafard St-Germain AA. (2022). Household food insecurity in Canada, 2021. Toronto: Research to identify policy options to reduce food insecurity (PROOF). Retrieved 15 February 2023 from <https://proof.utoronto.ca/>.

² Tarasuk V, Li T, Fafard St-Germain AA. (2022). Household food insecurity in Canada, 2021. Toronto: Research to identify policy options to reduce food insecurity (PROOF). Retrieved 16 February 2023 from <https://proof.utoronto.ca/>.

³ Tarasuk V. Implications of a basic income guarantee for household food insecurity. Northern Policy Institute – Research Paper No. 24. Retrieved 16 February 2023 from: <https://proof.utoronto.ca/wp-content/uploads/2017/06/Paper-Tarasuk-BIG-EN-17.06.13-1712.pdf>

February 28, 2023

sylvia.jones@ontario.ca

The Honourable Sylvia Jones
Minister of Health and Deputy Premier
Ministry of Health
College Park 5th Floor, 777 Bay St
Toronto, ON M7A 2J3

Dear Minister Jones:

Letter of Support – Physical Literacy for Healthy Active Children

On February 16, 2023 at a regular meeting of the Windsor-Essex County Board of Health, the Board considered a letter from Sudbury & Districts Public Health to Directors of Education, Local School Boards, Sports and Recreation Organizations and Early Learning Centres, encouraging them to work to improve physical activity levels among children and youth, including agencies that provide comprehensive physical literacy training to teachers, coaches, recreation providers and early childhood educators.

The following motion was passed:

Motion: **That the WECHU Board of Health support the letter from Sudbury & Districts Public Health to Directors of Education, Local School Boards, Sports and Recreation Organizations and Early Learning Centres, encouraging them to work to improve physical activity levels among children and youth.**

The Windsor-Essex County Health Unit fully supports the above recommendation, and thanks you for your consideration.

Sincerely,



Fabio Costante, Chair
Windsor-Essex County Board of Health

c: Kenneth Blanchette, CEO, WECHU
 Windsor-Essex County Directors of Education
 Loretta Ryan, Executive Director, alPHa
 Ontario Boards of Health
 Lisa Gretzky, MPP Windsor-West
 Andrew Dowie, MPP Windsor-Tecumseh
 Anthony Leardi, MPP Essex
 Trevor Jones, MPP Chatham-Kent

PETERBOROUGH PUBLIC HEALTH BOARD OF HEALTH – STAFF REPORT

| | |
|---------------------|--|
| TITLE: | Summary of Peterborough Public Health’s Annual Service Plan Submission |
| DATE: | April 12, 2023 |
| PREPARED BY: | Hallie Atter, Acting Director, Health Promotion Donna Churipuy, Director, Health Protection |
| APPROVED BY: | Dr. Thomas Piggott, Medical Officer of Health |

PROPOSED RECOMMENDATIONS

That the Board of Health for Peterborough Public Health receive the staff report, Summary of Peterborough Public Health’s Annual Service Plan Submission, for information.

FINANCIAL IMPLICATIONS AND IMPACT

On November 9, 2022, the Board of Health approved a cost-shared 2023 budget for Peterborough Public Health (PPH).

DECISION HISTORY

The Chair of the Board of Health approved previous Annual Service Plans.

BACKGROUND

This staff report is to advise the Board of Health of program highlights submitted to the Ministry of Health as part of the Annual Service Plan (ASP) submission.

On February 22, 2023, the Ministry circulated the ASP template for cost-shared and 100% funded programs to local public health agencies.

The template is intended to ensure that boards of health provide: population health assessments in program areas and demonstrate how this informed program priorities; program descriptions based on standardized categories within programs; and, financial information showing proportion of funding allocation to each program.

The ASP includes a community assessment which describes community needs and priorities, priority populations, and unique challenges and risks. It also includes a description of how the Foundational Standards will be implemented. This is followed by all of the current programs which are sorted by their relevance to the remaining program standards (see Attachment A). The template also requires the inclusion of program details including: local evidence demonstrating need or priority, key stakeholders, objectives, descriptions of the included

interventions and locally developed indicators where applicable. The final submission represents a fulsome collaboration between Program Managers.

RATIONALE

PPH is committed to addressing the deepened health inequities arising from the pandemic; stressors on local services (e.g., human resources strains, funding strains) or resources (housing availability, access to employment) are clearly evident. We have begun to identify sources of evidence about the presence and impact of social determinants and use those for planning our programs (e.g., where to hold local pop up vaccination clinics, which schools to prioritize for Comprehensive School Health), which neighbourhoods to prioritize for engagement purposes) and in our engagement with partner organizations.

An equity approach will be incorporated throughout all programs first by the continual reference to the explicit vision statement within our new Strategic Plan..."Equity will be in everything we do". The PPH Strategic Plan guided prioritization of programs for 2023. Key areas of program emphasis can be found in the:

- Healthy Growth Development standard with the inclusion of a Nurse Family Partnership pilot project and other activities with the objective of reducing adverse childhood experiences and in return reduce chronic diseases and substance use;
- Healthy Environments standards to complete a climate change vulnerability assessment and adaptation plan (expected to be completed in 2024); and
- Substance Use and Injury Prevention with an emphasis on the drug poisoning crisis.

Other priority areas are listed below:

- Update our health-focused Hazard Identification and Risk Assessment (HIRA) to confirm our priorities for action on training, updating our All Hazards emergency response plan documents and sub-plan documents.
- Food Security and Food Literacy with a focus on the priority populations identified in strategic plan
- Food handling training and certification for those providing service to vulnerable or under-served populations
- Improving immunization coverage
- Prevention and control of infectious diseases
- Surveillance, monitoring and inspections of recreational water facilities and Small Drinking Water Systems
- 24/7 response to adverse water quality reports, health hazards, diseases of public health significance, food safety complaints, and animal bites
- Comprehensive school health, identifying priority schools using EDI scores and supporting schools with prioritizing health topics of significance
- Oral health screening to students in JK, SK, as well as grades 2, 4 and 7 in all schools for both spring and fall of 2023
- COVID-19 response

As a result of the prioritization, some previous program areas have been deprioritized and activities are not planned. These include:

- Health promotion activities related to the built environment, alcohol, cannabis, injury prevention, physical activity (with the exception within comprehensive school health), sleep, UV exposure (with the exception of tanning beds), vector-borne diseases, and healthy sexuality;
- Child Visual Health and Vision screening;
- Low risk food premises inspections;

STRATEGIC DIRECTION

This report applies to the following strategic direction(s):

- Our Community
- Our System

ATTACHMENTS:

a. [Ontario Public Health Standards](#) (web hyperlink)

- **Foundational Standards:** Population Health Assessment; Health Equity; Effective Public Health Practice; Emergency Management
- **Program Standards:** Chronic Disease Prevention & Well-Being; Food Safety; Healthy Environments; Healthy Growth & Development; Immunization; Infectious & Communicable Diseases Prevention & Control; Safe Water; School Health; Substance Use & Injury Prevention

**PETERBOROUGH PUBLIC HEALTH
BOARD OF HEALTH**

| | |
|---------------------|--|
| TITLE: | Association of Local Public Health Agencies Membership |
| DATE: | April 12, 2023 |
| PREPARED BY: | Alida Gorizzan, Executive Assistant |
| APPROVED BY: | Dr. Thomas Piggott, Medical Officer of Health & CEO |

PROPOSED RECOMMENDATIONS

That the Board of Health for Peterborough Public Health:

- receive the letter dated April 1, 2023 from the Association of Local Public Health Agencies (alPHa) regarding 2023-24 membership; and,
- approve the 2023-24 membership fee in the amount of \$11,143.08.

BACKGROUND

For your information, the fee for the previous year was \$10,871.29, the difference is an increase of \$271.79 or 2.5%.

ATTACHMENTS:

- a. [alPHa Letter, April 1, 2023](#)
- b. [alPHa Invoice for 2023-24 Membership](#)

alPHa's members are
the public health
units in Ontario.

alPHa Sections:

Boards of Health
Section

Council of Ontario
Medical Officers of
Health (COMOH)

**Affiliate
Organizations:**

Association of Ontario
Public Health Business
Administrators

Association of
Public Health
Epidemiologists
in Ontario

Association of
Supervisors of Public
Health Inspectors of
Ontario

Health Promotion
Ontario

Ontario Association of
Public Health Dentistry

Ontario Association of
Public Health Nursing
Leaders

Ontario Dietitians in
Public Health

April 1, 2023

RE: 2023-2024 alPHa Membership

Dear Dr. Thomas Piggott,

It is time for your board of health to renew its membership in the Association of Local Public Health Agencies (alPHa), the collective voice of Ontario's public health units.

alPHa continues to offer active and outstanding support to its members by providing Ontario's Medical Officers of Health, Boards of Health, and Affiliate organizations with a strong and unified voice on issues that affect local public health. Each of Ontario's 34 boards of health is a current member in good standing, and this is essential continued strength and unity.

Over the past year, alPHa has continually profiled the importance of public health's upstream focus on prevention, communicated the key role local public health plays in communities, and reinforced the extraordinary value of the work carried out by Ontario's public health professionals every day.

Through alPHa's Board of Directors, COMOH and BOH Sections, and Affiliate organizations, the voice of local public health is actively represented at a variety of tables and heard by numerous stakeholders, including government ministries, the Office of the Chief Medical Officer of Health, Public Health Ontario, and Ontario Health. alPHa has also forged strong alliances with other organizations that support the aims of public health, such as the Ontario Medical Association and the Association of Municipalities of Ontario.

During the past fiscal year, alPHa has, as always, been very active in [corresponding](#) with decision-makers on a variety of public health program, governance and resource matters; developing [public policy submissions, reports and other communications tools](#) meant to reinforce the value of public health in a more public-facing manner (election materials, infographics, videos); and taking positions on topics identified as priorities by its members via alPHa [Resolutions](#). The common thread of public health's return on investment was strong throughout, highlighting the need for the full resumption of routine public health programs and services in addition to ongoing duties related to the enduring pandemic. alPHa continues to use these materials as a foundation for advocacy on behalf of its members for a stable, sustainable, resilient, and locally-based public health system in Ontario.

In addition, alPHa continues to provide relevant and timely information to members as well as facilitating ongoing discussion among them regarding developments in public health policy. Our e-mail lists, website and newsletter keep information and discussions going in between regular meetings (over 40 per year) of alPHa's Board and its subcommittees (i.e. alPHa, COMOH, BOH Section and Executive Committees).

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Our Annual Conference and Fall & Winter Symposiums are also an important opportunity for the true “collective voice” to assemble. alPHa continues to attract high profile speakers to these events, which this year included the 2022 AGM and Conference, the 2023 Winter Symposium, a special conference for EAs/AAs and two “Road to Mental Readiness” workshops (for COMOH in November 2022 and for BOH members in February 2023), that were facilitated by members of the Canadian Armed Forces, who recognized what public health professionals experienced during the response to the pandemic was not dissimilar to a military deployment. In keeping with this, alPHa, has relaunched the Fitness Challenge in the month of May as the Workplace Health and Wellness Month and will be dedicating additional resources to support the physical and mental health of our members.

We are looking forward to holding our first [in-person conference](#) in over three years in Toronto, which will include our 2023 AGM, plenary sessions, Section meetings and more, from June 12 - 14. Please remember, only alPHa members are permitted to attend these essential public health events!

alPHa recognizes and understands the challenges facing our members and we continue to work tirelessly on your behalf. We cannot do it without you though and we need your support. Enclosed is an invoice for the 2023-2024 annual membership renewal for your public health agency with alPHa. We are all made stronger through the work we do together, and we thank you for your commitment.

Sincerely,



Trudy Sachowski
President



Loretta Ryan
Executive Director



Association of Local Public Health Agencies (alPHA)

480 University Avenue, Suite 300

Toronto ON M5G 1V2

INVOICE

BILL TO

Peterborough Public Health
Jackson Square 185 King
Street
Peterborough ON K9J2R8
Attn: Thomas Piggott

INVOICE # 74538

DATE 01/04/2023

TERMS Net 30

| DESCRIPTION | AMOUNT |
|---------------------------------|----------|
| alPHA Membership Fees 2023-2024 | 9,861.13 |

Payment is by electronic fund transfers only.
Banking details are below.

SUBTOTAL 9,861.13

HST (ON) @ 13% 1,281.95

TOTAL 11,143.08

If you have questions as to how to make
payment, please contact info@alphaweb.org

BALANCE DUE \$11,143.08

BANKING DETAILS:

Bank name: Royal Bank of Canada

Bank No: 003

Transit No: 06542

Account No: 100-449-8