



ISONIAZID

MEDICATION INFORMATION SHEET

WHAT IS ISONIAZID USED FOR?

Isoniazid is a type of antibiotic medicine used to treat tuberculosis (TB). It can treat both latent tuberculosis (LTBI) and active tuberculosis (TB).

It is often a white round
or oval pill.



WHAT DO I NEED TO KNOW?

- ✓ This medicine works best on an empty stomach (1 hour before a meal OR 2 hours after). If it upsets your stomach, you may take it with food.
- ✓ Take at the same time each day until your health care provider tells you to stop.
- ✓ Do not drink alcohol. This can increase the chance of liver problems (hepatotoxicity).
- ✓ You may be told to take vitamin B6 (pyridoxine) to lessen the possible side effects of isoniazid, such as nerve pain.
- ✓ Avoid using acetaminophen (TYLENOL®).

Notify your health care provider if you experience any side effects. If side effects develop and you cannot reach your health care provider or public health nurse, stop taking the medication until you are able to speak with them.

POSSIBLE SIDE EFFECTS

- Nausea/vomiting
- Upset stomach
- Abnormal liver function tests
- Numbness, tingling, and/or burning pain in hands and feet
- Painful/swollen joints
- Increased thirst/urination
- Vision changes
- Easy bruising/bleeding
- Mental/mood changes (such as confusion, psychosis)
- Seizures

Food that contains tyramine/histamine (*ie. cheese, & some fish*) may interact with Isoniazid and cause the following symptoms:

- Increased blood pressure
- Flushing of the skin (red & hot skin)
- Headache
- Dizziness
- Fast/pounding heartbeat

If you miss a dose, take it as soon as possible. If it is almost time to take your next dose, do not take the missed dose.

Do not take 2 doses at the same time.

CONTACT INFORMATION:

Peterborough Public Health
Jackson Square, 185 King St., Peterborough
705-743-1000, ext. 131
www.peterboroughpublichealth.ca
EMERGENCY: **911**

NOTES:

Dose: _____

Pharmacy: _____

Prescriber: _____