

December 24, 2021

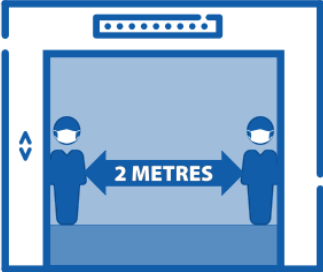
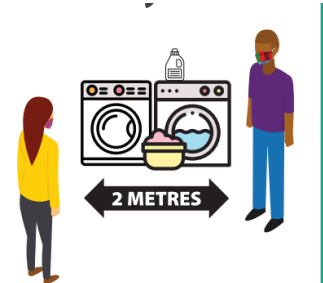
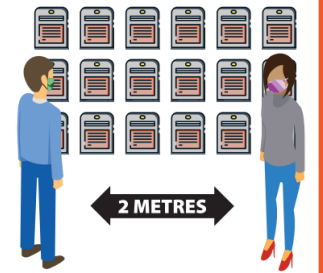

TO: All landlords, superintendents, owners, residents, and guests of people that live in multi-unit dwellings (i.e. apartments and condominiums) in the geographical area served by Peterborough Public Health (PPH)

Re: Requirements under O. Reg. 364/20: RULES FOR AREAS AT STEP 3 AND AT THE ROADMAP EXIT STEP

The colder weather is moving many groups indoors, at the same time that many people are preparing for special winter ceremonies, celebrations, and observances. Additionally, the news is full of stories about the Omicron variant of concern (VOC) – a variant that we still are learning about.

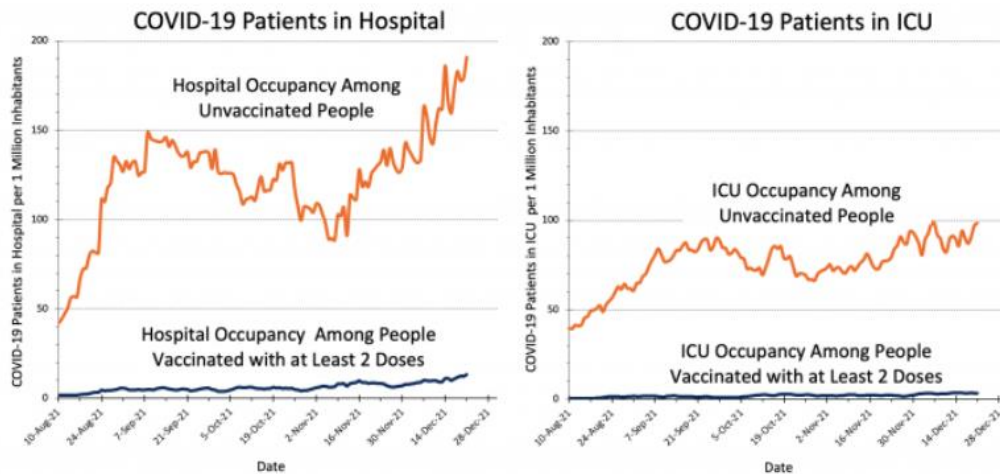
For those reasons, it is critical that we all continue to follow Provincial regulations related to public health measures while we gather with friends and loved ones in order to assist our collective efforts in reducing the transmission of COVID-19.

Foremost, please ensure you are abiding by physical distancing requirements at all times, and wearing a mask when in the common/shared areas of your building and cannot maintain 2m from others. These are two little things you can do to protect yourself and your neighbors, and required by provincial law.

<p>Maintain safe distancing on elevators:</p> <ul style="list-style-type: none"> ✓ Keep 2 metres apart from others ✓ Limit number of people per elevator 		<p>Maintain safe distancing:</p> <ul style="list-style-type: none"> ✓ Keep 2 metres apart from others ✓ Limit number of people in the laundry room 	
<p>Maintain safe distancing:</p> <ul style="list-style-type: none"> ✓ Keep 2 metres apart from others ✓ Limit number of people in the mail room 		<p>Maintain safe distancing:</p> <ul style="list-style-type: none"> ✓ Keep 2 metres apart from others ✓ Limit number of people in the stairwell 	

Additionally – please note that indoor gatherings are restricted to up to 10 people, though our recommendation is that ‘less is more’ and we are urging you to re-consider your holiday plans in light of the surge of cases locally. At this time, every effort you make to reduce your exposure and contacts will benefit your own health, and that of our whole community.

To say it's been a long 21 months is an understatement, but 21 months ago we didn't have [a safe and effective vaccine](#) that is readily available for those aged 5 years and older. (Search: "Questions and Answers – Ministry of Health and Long-term Care online). Looking at the data as of December 22nd, 2021 it is clear this has become a pandemic of the unvaccinated, and it is the largely those that have not been vaccinated occupying hospital space:



While high community-wide vaccination rates remain our best tool to get the pandemic under control, there isn't one single strategy or tool that will end the pandemic outright. Rather it will be a series of public health interventions – the ones we have come to know very well over the last 21 months – *combined* with vaccinations that will allow us to get back to the people, places, and spaces that we miss with an increased sense of normalcy.

If you are one of the many that have already been vaccinated – thank you. If you have not yet been vaccinated, please do so at your earliest convenience – the longer you wait, the longer this will last. (Search: Booking a COVID vaccine Ontario online).

- [Peterborough vaccine clinic information](#)
- [Information about the vaccines](#)
- [Information about first, second, and booster doses of the vaccine](#)
- [Booking a vaccine](#)

If you are hesitant to get vaccinated, or you have staff who have questions about the vaccine, the Scarborough Health Network has created a vaccine confidence clinic called VaxFacts. It provides an opportunity for a one-to-one, judgment-free phone call with a physician to address any questions or concerns about the COVID-19 vaccines. To make an appointment, call (416) 438-2911, extension 5738 or visit the [VaxFacts Clinic website](#).

The virus can be transmitted through respiratory droplets and aerosols when breathing, coughing, singings, sneezing, etc. These infectious droplets and aerosols can then reach someone through direct contact (droplet) or remain airborne and be inhaled (aerosol), especially in indoor spaces.

The more time that is spent in indoor spaces allows for greater airborne spreading of aerosols. Limit the amount of time spent inside and limit your visits with non-household members.

As we enter the holiday season, we are urging you to double down on the following:

Public Health Measure	Specific Intervention
Social Gatherings	<ul style="list-style-type: none">• Limit the number of people you socialize with; the virus doesn't move – we move the virus• Indoor social gatherings must not exceed 10 people• Outdoor social gatherings must not exceed 25 people
Screening	<ul style="list-style-type: none">• Stay home if you are unwell• Perform a self-assessment prior to attending an event<ul style="list-style-type: none">○ Some businesses and organizations will require you to actively screen before you enter their facility (i.e. sports facility, banquet hall) and will record your attestation that you don't have any symptoms of COVID-19, nor have been exposed to someone with COVID-19.
COVID-19 Vaccination	The vaccine is safe and effective . Vaccine appointments are readily available for those aged 5 and older.
Proof of Vaccine	Most high-risk indoor settings require you to show proof of being fully vaccinated . Every patron must have their proof of vaccine verified before they enter these higher-risk indoor facilities . Download your vaccine receipt here .
Ventilation	Visiting and socializing in well ventilated spaces, while wearing tight fitting masks are two ways to reduce the spread of COVID-19. Where possible, open the windows to increase ventilation. Better yet – have your visits outside while walking, hiking, or visiting a park.
Masking & Physical Distancing	Masking is required at all times by everyone at all indoor public settings (with limited exceptions). Physical distancing is required in all settings where proof of vaccine systems isn't in place (i.e. grocery store, retail stores, etc.). Consider using medical masks instead of cloth masks. Limiting the time you spend in one place, and reducing the number of close contacts you have will reduce the transmission of COVID-19 in our community. Wearing a mask indoors, even in private homes when you're around people you don't live with is encouraged.

We appreciate that the systems and requirements noted above add an extra burden to your holiday plans but like you, we are hoping to avoid another lockdown to minimize economic impacts, while at the same time protecting the health of our community. Adhering to the provincial legislated requirements designed to help prevent and control the spread of COVID-19 will help us do both.

Thank you for taking the time to review this information and your ongoing efforts to protect our community and operate your business safely. We wish you a very happy, healthy, and safe holiday season, whatever you celebrate. Please don't hesitate to be in touch if we can be of assistance.

With thanks,

COVID-19 Enforcement Team