

## My Child Was TESTED for COVID-19... Now what?

Follow-up instructions for children and household members who were tested for COVID-19

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If your child has symptoms of COVID-19 they cannot go to school/child care today.

If your symptomatic child has NOT been in close physical contact with someone who tested positive and has NOT travelled outside of Canada they can return to school if:

- 1) they have a negative test result, and
- 2) they do not have a fever (without medication), and
- 3) their symptoms have been improving for at least 24 hours.

In the meantime, your child should self-isolate at home.

In this situation, household members including siblings of the ill child do not need to self-isolate but should self-monitor for symptoms. Parents can attend work and siblings can attend school/child care.

All students, child care attendees and staff should complete the COVID-19 school screen daily before leaving for school. It can be found at <https://covid-19.ontario.ca/school-screening/>.

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If your child has symptoms and another risk factor as listed below they cannot go to school/child care today.

If your symptomatic child has been in close physical contact with someone who tested positive OR if your child has travelled outside of Canada, a period of 14 days of self-isolation is required even if their test result is negative.

If your child's test result is negative they can attend school when:

- 1) **they have completed their 14 days of self-isolation**, and
- 2) they do not have a fever (without medication), and
- 3) their symptoms have been improving for at least 24 hours.

Household members including siblings of the ill child are not required to self-isolate unless otherwise directed by public health. If you have any questions about this seek please call Peterborough Public Health by calling 705-743-1000.

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If your child has no symptoms, BUT they have been in close physical contact with someone who tested positive, OR they have travelled outside of Canada in the last 14 days they cannot go to school/child care today.

If you have been advised by a Public Health Nurse that your child must self-isolate from others for 14 days either from their last contact with the person who tested positive or 14 days or from when they returned to Canada, they must stay at home and self-isolate even if their test result is negative.

If the whole family has travelled outside of Canada, everyone must self-isolate for 14 days.

When a child has no symptoms and is self-isolating because they are a close contact, other household members including siblings of the child do not need to self-isolate but should self-monitor for symptoms.

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### What if my child's test result is positive?

If your child tests positive for COVID-19 you will be contacted by public health. A public health nurse will work with you to identify any close contacts and will provide recommendations to your child's contacts about self-isolation and testing. Public health will advise you when your child can return to school.

#### Close physical contact means:

- Living in the same home; or
- Being less than 2 metres (6 feet) away in the same room or area from another person for more than 15 minutes; or
- Being in the same classroom or seated within close vicinity on the same school bus

This also includes receiving an exposure notification from the COVID Alert app.

**You will be notified by public health about next steps including the period of isolation if your child is considered a close contact of someone who tested positive.**

For questions or more information, call **705-743-1000** or visit  
[peterboroughpublichealth.ca/covid19](https://peterboroughpublichealth.ca/covid19)