



Peterborough
Public Health

2017 ANNUAL REPORT

Serving the residents of **Curve Lake**
and **Hiawatha First Nations**, and the
County and **City of Peterborough**





GREETINGS from the Medical Officer of Health

Rosana Salvaterra, MD, CCFP, MSC, FRCPC

“Every year presents new challenges and opportunities in public health, and 2017 was no exception. A resurgence of mumps and an intense flu season reminded us how unpredictable infectious diseases can be. The Peterborough community came together on many fronts to address the risks and harms from prescribed and illicit opioids. Meanwhile the incredible Peterborough Public Health (PPH) team found ways to expand several public health services and made impressive headway addressing poverty, food insecurity and other health equity issues. What remains consistent year after year is how inspired I am by my fellow public health colleagues and community partners who work together to improve local public health in meaningful ways.”



GREETINGS from the Board of Health Chair

Mayor Mary Smith, Township of Selwyn

“I’m very proud of the work undertaken by the Board of Health in 2017 to press for significant policy changes provincially and federally to improve public health for all. The social and financial burdens of poverty and systemic injustices are acutely experienced by many of our local residents so urgent action is needed. I commend the board’s leadership in advancing evidence-based thinking to support creative solutions to today’s complex public health issues.”

2017 BOARD OF HEALTH MEMBERS

Chair: Mayor Mary Smith, *Township of Selwyn* **Vice-Chair:** Councillor Henry Clarke, *City of Peterborough (Monaghan Ward)*

Members at Large:

Councillor Gary Baldwin, *City of Peterborough (Ashburnham Ward)*

Gregory Connolley, *Provincial Appointee*

Kerri Davies, *Provincial Appointee*

Deputy Mayor John Fallis, *Township of Cavan Monaghan*

Councillor Lesley Parnell, *City of Peterborough (Otonabee Ward)*

Catherine Praamsma, *Provincial Appointee*

Andy Sharpe, *Provincial Appointee*

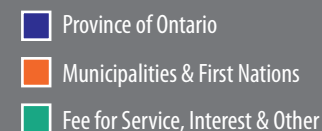
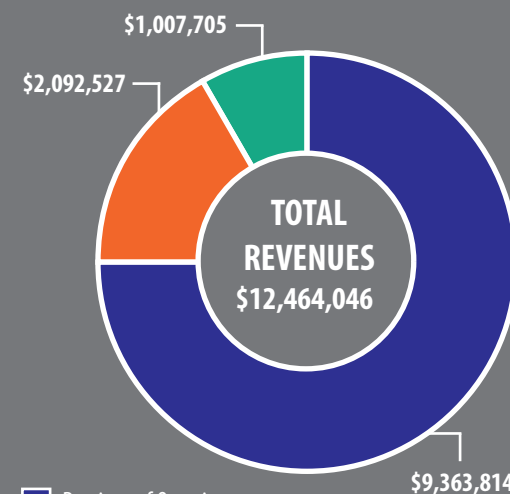
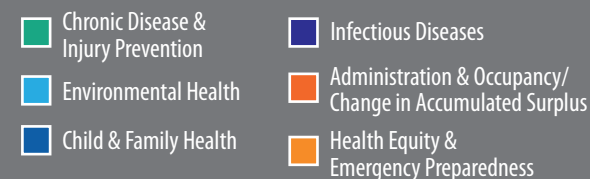
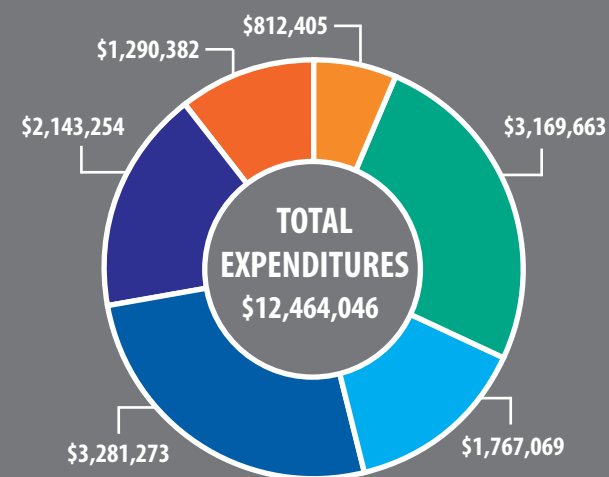
Michael Williams, *Provincial Appointee*

Chief Phyllis Williams, *Curve Lake First Nation*

Councillor Kathryn Wilson, *Hiawatha First Nation*

Mayor Rick Woodcock, *Township of North Kawartha*

2017 FINANCIAL SUMMARY



This financial information is based on PPH's 2017 audited consolidated financial statements. The full financial statements are available on www.peterboroughpublichealth.ca.

Child & Family Health

Building resilience by supporting expectant parents and families

PPH delivers a number of programs to support healthy child development from preconception to school transition. This includes the Healthy Babies, Healthy Children (HBHC) Program, Infant & Toddler Development Program (ITDP) and Oral Health Program. Our talented staff offer a wide range of services, including breastfeeding support, parenting education, home visits, dental screening for children, and dental treatment through the Community Dental Health Centre (CDHC).



1,533 client visits to families by HBHC staff



3,299 appointments at the Community Dental Health Centre



133 calls to Family HEALTHline



193 clients assisted through Dental Treatment Assistance Fund



516 client visits to families by ITDP staff



413 expectant parents attended prenatal education



3,840 students screened by our Oral Health team in the 2016-17 academic year

2017 HIGHLIGHTS



Protecting Children from the Digital Storm

Child Health Expert Dr. Jean Clinton Presents Two Workshops

Helping Kids Who Struggle with Attending School

World Read Aloud Day

New Breastfeeding Room Opens at PPH

The Earlier, the Better: Speech & Language Month

Chronic Disease & Injury Prevention

Promoting healthy living across the lifespan

PPH's multi-disciplinary staff collaborate with community partners to promote healthy living in meaningful ways. Their work helps residents improve their nutrition, limit tobacco use, address harm reduction and addiction to substances, increase physical activity levels, and reduce injuries. In addition to delivering programs that engage residents directly, PPH also works with local partners to create supportive environments that encourage healthy lifestyles.



40 Come Cook With Us series totalling **165** classes



12 Collective Kitchens in City and County



429 individuals trained and **101** retrained in administering naloxone in collaboration with other community partners



602 naloxone kits distributed to eligible participants



136 vendors inspected for Smoke-Free Ontario Act display/promotion compliance



4,359 Just Food Boxes delivered in partnership with the YWCA



91% of tobacco vendors in compliance with youth access legislation

2017 HIGHLIGHTS



New Menu Labelling Rules Help Residents Make Informed Food Choices

PPH Honours 2017 Tobacco-Wise Champions

Love My Life Art Gala

Hundreds of Apsley Students Make Water Their Drink of Choice

Together We Eat: Belonging Through Food

Taking a Bite Out of Student Hunger for 25 Years

Peterborough's Healthy Playspace Policy Featured at International Conference in Calgary

Environmental Health

Protecting the community from health hazards by inspecting and monitoring places where we live, work and play

Public Health Inspectors fan out into the community every day to inspect food premises, small drinking water systems, tobacco/e-cigarette retailers, tanning salons, tattoo parlours, spas, and public beaches, pools and splash pads. Our environmental health team aims to prevent food and water-borne illness and vector-borne diseases like rabies, West Nile virus and Lyme disease through a number of strategies. These include education, surveillance, enforcement and policy development.



100% of high risk food premises inspected every four months



102 food complaints investigated



1,829 inspections of food premises throughout City and County



22 beaches tested regularly in the summer



2 frostbite alerts issued & **2** heat warnings issued



220 public facility inspections (seasonal & year round pools, wading pools, splash pads, spas)



29 boil water advisories issued



1,075 pets vaccinated during April 29 low-cost rabies clinics



1,717 participants earned their safe foodhandler certificates

2017 HIGHLIGHTS



Celebrating 20,000 Certified Food Handlers Since 1997

Free Radon Test Kits for County and City Residents

First Human Case of West Nile Virus

First Lyme Disease-Positive Tick Identified of the Season


Free Water Sample Testing Service in Trent Lakes & North Kawartha


Infectious Disease & Immunization

Working together to prevent and control infectious diseases

Reducing the impact of infectious diseases requires the incredible collaboration of public health experts, healthcare providers, schools, long-term care facilities, and every family in our community. Our highly-trained team investigates and manages disease outbreaks, oversees the supply of vaccines, conducts ongoing surveillance, and prevents the spread of illness by immunizing residents of all ages. PPH also runs clinics for sexual health, travel health, and routine immunizations.


 **27,496** condoms distributed


 **43** outbreaks investigated

 **5** mumps cases connected to a local outbreak

 **658** confirmed cases of sexually-transmitted & blood-borne infections managed by PPH

 **100%** of personal service settings were inspected for infection control

 **91%** of students were compliant with the Immunization of School Pupils Act

 **76,882** vaccine doses distributed to healthcare providers to immunize their patients

2017 HIGHLIGHTS

May 9 Pandemic Preparedness Event “Your Worst Nightmare”

New 9-Strain HPV Vaccine Available to Better Protect Students

New Online Portal Launched for Immunization Record Updates

Flu Immunization Rates for Local Nursing & Retirement Home Staff Hit 79%

Health Equity

Empowering all residents to reach their full health potential, regardless of socially determined circumstances

It's well documented that people who are exposed to greater levels of adversity experience poorer health outcomes. The goal of health equity can only be achieved by addressing the social determinants of health, i.e. factors beyond an individual's biology and behaviours. This program gathers the evidence and links community partners to design public health services and interventions that aim to improve the conditions in which people are born, grow up, live, learn, work and play.



FEB 9 Co-hosted Healthy Rural Communities Workshop to support integrating public health principals into the County's Official Plan

JUNE 12 Association of Local Public Health Agencies adopted PPH-sponsored resolution for public health to implement Truth and Reconciliation Commission's Calls to Action

SEPT 21 PPH staff and municipal partners take part in a Blanket Exercise to learn about the legacy of colonialism

OCT 13 PPH releases Limited Incomes Report

DEC 13 Release of Low Income Status Report

2017 HIGHLIGHTS

A Higher Minimum Wage Improves Public Health and the Economy

The Basic Income We Want

Healthy Eating Not An Option for Residents Living on Low Incomes

Not All Water Systems are Created Equally

Health Providers Call for Better Access to Dental Care for Vulnerable Adults and Seniors

Low Income Status Report

SEPT 26  Grand Council Chief Patrick Madahbee presents Update on Truth & Reconciliation Commission's Calls to Action



We respectfully acknowledge that Peterborough Public Health is located on the Treaty 20 Michi Saagiig territory and in the traditional territory of the Michi Saagiig and Chippewa Nations, collectively known as the Williams Treaties First Nations, which include: Curve Lake, Hiawatha, Alderville, Scugog Island, Rama, Beausoleil, and Georgina Island First Nations.

Peterborough Public Health respectfully acknowledges that the Williams Treaties First Nations are the stewards and caretakers of these lands and waters in perpetuity, and that they continue to maintain this responsibility to ensure their health and integrity for generations to come.

We are all Treaty people.



Design adapted with permission from York Region Community and Health Services.