

For Your Information

News for Health Care Providers in
Peterborough County and City

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Infectious Disease Update

UPDATED: Vaccine Storage and Handling Guidelines

The Ontario Ministry of Health and Long Term Care will be mailing health care providers an updated information package on vaccine storage and handling. The package will contain:

1. Vaccine Storage and Handling Guidelines

The Vaccine Storage and Handling Guidelines are intended to assist you with how to properly store and handle publicly funded vaccines. Prior to ordering vaccine, you are required to understand and meet the vaccine storage and handling requirements indicated in this document. Essential information is now highlighted throughout the Vaccine Storage and Handling Guidelines.



2. "How to Monitor Refrigerator Temperature" Sticker

This describes temperature monitoring practices. It may be placed on the Storage Pocket or directly on the vaccine refrigerator.

3. Storage Pocket

The Storage Pocket is a convenient plastic pouch where you can store your vaccine storage and handling materials (e.g., Vaccine Storage and Handling Guidelines and the Vaccine Refrigerator Maintenance Log Book). The pocket can be affixed to or close to the refrigerator.

4. "Protect Your Vaccines – Protect Your Patients" Poster

The "Protect Your Vaccines – Protect Your Patients" poster provides some key messages regarding vaccine storage and handling requirements. As the poster is printed on cling material, this will allow the poster to adhere to the surface of a wall beside the vaccine refrigerator without the use of magnets or glue.

5. "Do Not Unplug" Sticker

The "Do Not Unplug" sticker should be placed above or beside the vaccine refrigerator electrical outlet. This sticker will act as a reminder to prevent the accidental unplugging of the refrigerator.

6. "Stop" Sticker

Place the "Stop" sticker on the vaccine refrigerator door. This sticker will help to reduce the number of times the refrigerator door is opened.

Although not included, the Vaccine Temperature Log Book has been redesigned and is more user friendly with temperature graphs removed. Please use the Vaccine Temperature Log Book to document vaccine refrigerator temperatures twice daily. You may place the Vaccine Temperature Log Book in the Storage Pocket provided or hang it next to the refrigerator.

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Vaccine Storage and Handling Guidelines

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The Vaccine Refrigerator Maintenance Log Book is a new resource that you can use to document refrigerator maintenance and repairs. Each refrigerator storing publicly funded vaccines should have a log book.

Additional packages, along with the new Vaccine Temperature Log Book, will be available at the Health Unit by the end of the April.

For further information, please contact:
Zina Allen, Secretary
705-743-1000, ext. 283

Thank you for your continued support and commitment to the safe storage and handling of publicly funded vaccines.

Dental Services on Wheels!

The Health Unit has launched their mobile dental services! As of January 2012, the mobile clinic is offering oral hygiene and treatment services throughout Peterborough County and First Nations communities. It provides services to individuals and families on government benefit programs including:

- Ontario Works
- Ontario Disability Support Program
- Healthy Smiles Ontario
- Non-Insured Health Benefits (delivered through Health Canada for First Nations patients)
- Children In Need of Treatment (CINOT); as well as
- Dental Treatment Assistance Fund recipients (a local fund administered by the Health Unit)

If you encounter a patient receiving government benefits, and residing in a rural area where transportation may be a barrier to dental care, they may be eligible to receive services on our mobile clinic. Please visit, or encourage patients to visit, www.pcchu.ca to view the ten mobile outreach sites and corresponding service dates, or call 705-743-1000, ext. 265 to inquire about eligibility or to schedule an appointment.



UPDATE: National Shortage of Quadracel and Td Polio Vaccines

Provincial orders to health units of Quadracel and Td Polio vaccines may be reduced, which may result in reduced orders for local health care providers. Please note the following until supplies stabilize:

- Ensure that the vaccines are being administered according to the Publicly Funded Immunization Schedules.
 - *Quadracel as a booster dose given at 4-6 years of age and NOT for those over 7.*
 - *Td Polio for unimmunized adults or those with unknown polio immunization history who may be exposed to imported polio cases.*
- Monitor inventory of these vaccines regularly and apply accurate forecasting to avoid over-ordering.
- Ensure cold chain requirements are monitored and maintained to minimize wastage.

For further information, please contact:
Zina Allen, Secretary
705-743-1000, ext. 283

Oxycontin Updates to Ministry of Health & Long Term Care

The LHIN has asked Ministry funded addiction service providers to submit weekly updates on community experiences related to recent changes in Oxycontin availability. If you have information, scenarios, trends that you become aware of please forward them to Donna Rogers drogers@fourcast.ca for inclusion in her weekly reporting.

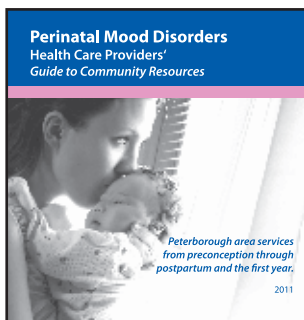
Funding Opportunity for Elderly-Focused Practices

Healthcare providers are encouraged to apply for the Care of the Elderly Alternative Funding Program. This program model is designed to compensate physicians who have practices with predominantly frail elderly patients. Applications are due May 18, 2012 and must include a Letter of Support from the LHIN.

Please contact
lisa.lambert@lhins.on.ca
or visit www.centraleasthin.on.ca
for more information.
To contact the Ministry directly,
call 1-866-766-0266
and press "6" to be redirected.

Perinatal Mood Disorders:

A Resource for Health Care Providers in the Peterborough Community



Depression is the most common complication of childbearing. One in five mothers will have a postpartum mood disorder. If left untreated, mothers with postpartum depression are at higher risk of developing future episodes of depression. Mother-to-child bonding and social functioning may be negatively affected. Children of depressed mothers are at greater risk for poor developmental outcomes.

Due to stigmas concerning mental illness and societal expectations for bliss, many mothers are reluctant to come forward and tell their care provider that they are anxious, depressed, or feeling as though they are 'going crazy'.

However, women are relieved to be asked about their mood. Questions can be integrated into prenatal visits and well-baby check-ups, and will provide insight into the emotional and physical well-being of the new mother.

Long-term negative health consequences for women and their families can be averted by recognizing risk factors and intervening early.

To assist physicians, nurse-practitioners, midwives, and other care providers, the local Perinatal Mood Disorders (PMD) Collaborative Group introduced the *PMD Resource for Health Care Providers in the Peterborough Community*.

This resource package includes:

- information on risk factors and symptoms of PMDs;
- questions to ask your patients;
- a tear-off pad of Edinburgh Postnatal Depression Scale (EPDS) sheets;
- instructions for use of the EPDS, which helps providers determine the level of risk;
- a care pathway;
- information about evidence-based treatment options;
- local resources with contact numbers; and
- a sample information booklet for clients, titled "Life With a New Baby is Not Always What You Expect".

For further information, or if you would like to receive the PMD Resource, please contact Jennifer Lesurf, Public Health Nurse, at 705-743-1000, ext. 235.

A Public Health Nurse will visit clinics this spring to distribute the PMD resource.

Hand, Foot and Mouth Disease Diagnosis

Updates available at www.pcchu.ca - click on Health Care Providers section.

CAMH Webinars about Managing Chronic Pain - Recordings Now Available Online

Chronic Pain and Treatment presented by Dr. Andrew Smith MDCM (CAMH), November 18, 2011. Download presentation here: <http://tinyurl.com/Pain-Treatment>

Opioid Monitoring, Tapering and Substitution Therapy presented by Dr. Peter Selby, MD (CAMH), December 15, 2011. Download presentation here: <http://tinyurl.com/Opioid-Monitor-Taper-Sub>

Non-pharmacologic Therapy and Chronic Pain presented by Dr. Andrew Smith MDCM (CAMH), January 17, 2012. Download presentation here: <http://tinyurl.com/Non-Pharma-Pain-Therapy>

Also recommended by Dr. Selby: **Understanding Pain: What to do about it in less than five minutes?**
<http://www.youtube.com/watch?v=4b8oB757DKc>

Details on other Educational Opportunities are available by visiting the "For Health Professionals" page on www.pcchu.ca or <http://www.ricn.on.ca/>

Educational Opportunities

Upcoming Conferences

May 11, 2012 - 8:00 a.m. - 3:30 p.m.

Working Memory, Learning, and Language

Understand the connection between language and memory, and activities to improve it in school-aged children

Westdale United Church, Peterborough

Register at: slhap@live.ca

May 14-16, 2012

6th National Community Health Nurses Conference: "Wisdom to Action: The Power to Shape Change"

Toronto, ON <http://www.chnc.ca/annual-nursing-conference.cfm>

June 14, 2012 - 7:00 p.m.

Immunize...Why Not?

Dr. Peter Hughes will speak about the importance of immunizations and current immunization recommendations.

Evinrude Centre, Peterborough

For more details, call 705-743-1000, ext. 139

Health Events for Patients

Supermarket Tours

Patients can tour your local grocery store with a Registered Dietitian guiding them to the healthiest food choices! Open to everyone in the community who would like to eat healthier to prevent disease and enhance health and well-being. Offered free of charge; limited to 15 participants.

For information and to register, contact the Canadian Diabetes Association, call 705-742-2733 or e-mail diabetes@trytel.net

Looking for a specific health topic?

Visit the FYI Newsletter archive at

www.pcchu.ca



Less than one month left - REGISTER TODAY!

Are We Ready for the Next Pandemic?

Thursday, May 10, 2012
9:00 a.m. to 12:00 noon

Evinrude Centre
911 Monaghan Road

FREE ADMISSION

Who should attend?

- Healthcare professionals
- Emergency response workers
- Business operators
- Agricultural workers
- General public

To register call or email:
705-743-1000, ext. 257
cschofield@pcchu.ca

Peterborough County-City HEALTH UNIT
...because health matters!
www.pcchu.ca

