



Ontario Introduces HPV9 Vaccine to Publicly Funded Immunization Program

On August 17, the Ministry of Health and Long Term Care announced that starting in mid-September 2017, Ontario will offer the nine-valent HPV vaccine (HPV9 or Gardasil®9) as part of the provincial publicly funded immunization program.

The HPV9 vaccine protects against the same HPV types as the HPV4 vaccine, plus five additional HPV types, which can lead to cervical and anogenital cancers, as well as certain cancers of the head and neck. Offering the HPV9 vaccine is in line with current scientific and expert recommendations, including Canada's National Advisory Committee on Immunization (NACI).

School-Based HPV Immunization Program

Beginning September 2017, the HPV9 vaccine will be offered to all students in Grade 7 in the 2017/18 school year. Students eligible prior to the 2017/18 school year (including males in Grade 8 and females in Grades 8 to 12) who have not started or completed their HPV vaccine series will continue to receive HPV4 vaccine.

High-Risk HPV Immunization Program

HPV9 vaccine will also be offered to eligible men who have sex with men (MSM) individuals who have not received HPV vaccine previously. Those individuals who have not completed their HPV4 series will continue to be eligible to receive HPV4.

In addition, for a time limited period until August 31, 2018, HPV4 vaccine may be offered through public health-run sexual health clinics to individuals 26 years of age and younger who have multiple sex partners and have not been vaccinated.

Public health units will continue to be the primary delivery mechanism for the publicly funded HPV immunization program. However, the HPV vaccine may also be administered by a student's healthcare provider (physician, nurse practitioner) through special release of the vaccine from the public health unit on a case by case basis.

For more information, or to order the HPV 9 vaccine, please contact a Public Health Nurse in the Vaccine Preventable Disease program at 705-743-1000, ext. 131.

To access related online links and resources go to www.peterboroughpublichealth.ca under For Professionals | Health Professionals | FYI Newsletter



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Peterborough Public Health Confirms Local Human Case of West Nile Virus

On August 18 Peterborough Public Health confirmed the first locally-acquired human case of West Nile virus (WNV). WNV is transmitted through the bite of an infected mosquito. Symptoms usually develop 2 to 14 days after receiving a bite from an infected mosquito.

Approximately 80% of those infected with WNV do not show any symptoms. Of the 20% that do show symptoms, most experience mild illness with symptoms such as:

- Fever
- Headache
- Body aches
- Fatigue
- Skin rash
- Vomiting and nausea (occasionally)

Less than 1% of those infected with WNV experience severe illness involving the central nervous system.



For information on lab testing and interpreting results please see the Public Health Ontario (PHO) website at www.publichealthontario.ca.

WNV is currently listed under “hot topics” on the PHO website.

Changes to the Immunization Act Related to Non-Medical Exemptions

The Immunization of School Pupils Act (ISPA) has been revised to strengthen the vaccine exemption process in Ontario. These changes will support parents in making an informed decision if they choose to not vaccinate their children for non-medical reasons.

Effective September 1, 2017, the education requirements for non-medical exemptions that were passed as part of Bill 87 will come into effect. Parents who intend to submit a non-medical exemption with respect to the immunization requirements under the ISPA will need to complete an immunization education session delivered by Public Health. Parents will need to submit a revised Statement of Conscience or Religious Belief form and a certificate of completion providing proof that they have completed the education session to Public Health.

The amended legislation is available on the e-laws website at: www.ontario.ca/laws/statute/90i01.

Additional information on these educational sessions is forthcoming.

For more information, contact a Vaccine Preventable Disease Nurse at 705-743-1000, ext. 131.



Coming Soon - Fall 2017

ICON (Immunization Connect Ontario) is a NEW secure online system for submitting student immunization information to Peterborough Public Health. Parents will be able to gain access to their child's immunization record from Peterborough Public Health's (PPH) website. They will also have the ability to add immunizations online through PPH's website.

Questions? Call a Vaccine Preventable Disease Program Nurse at 705-743-1000, ext. 131.

World Health Organization Position on Diphtheria Immunization

All children worldwide should be immunized against diphtheria. Recent diphtheria outbreaks in several countries reflect inadequate vaccination coverage and have demonstrated the importance of sustaining high levels of coverage in childhood immunization programmes.

Every country should seek to achieve timely vaccination with a complete primary series plus booster doses. Those who are unimmunized are at risk regardless of the setting.

Source: www.who.int search [Weekly Epidemiological Record, 4 August 2017](#)

Baby-Friendly Initiative (BFI) 20-Hour Train the Trainer

About the BFI 20-Hour Course Train the Trainer Workshop:

This workshop is a two-day session to support healthcare organizations to have trained staff, so that they in turn, can train other staff to complete the BFI 20 Hour Course. The BFI 20-Hour Course is the basic education required for direct care providers to meet the breastfeeding best practice standards of BFI.

Participants of the workshop will receive a BFI 20-Hour Course Toolkit to take back to their organization.

Content of the Train the Trainer workshop includes:

- Overview of materials required to teach the WHO/UNICEF BFI 20-Hour Breastfeeding Course curriculum.
- A brief overview of the breastfeeding/BFI content of the course, with special attention on how to effectively deliver the material including suggested teaching strategies
- Strategies regarding the recommended supervised clinical practice component of the BFI 20-Hour Course.
- A toolkit with slides, speaker notes, activity ideas, forms, a CD with slide presentation, video and summary game, and a participant handbook will be provided.

There is no cost to the workshop and lunch will be provided.

To register or for more information about the workshop, visit www.tegh.on.ca and go to [Programs & Services](#) | [Maternal Newborn & Child Health](#) | [BFI Strategy](#) | [Upcoming BFI Strategy Webinars and Workshops](#) or contact Dawn Hanes, Public Health Nurse at dhanes@peterboroughpublichealth.ca.



Events For HCPs

Perinatal Anxiety and Supporting Parental Mental Health

SAVE THE DATE

Monday, September 25, 2017

10:00 a.m. - 4:00 p.m.

Peterborough Public Health

Second Floor, Jackson Square, 185 King Street

Speakers:

Hilary Brown, PhD

Jo-Anne Robertson, MPH

Jaime Charlebois, MScN

This workshop will help service providers better understand perinatal anxiety and provide information to support parents with mental health issues.

Perinatal anxiety will be described in detail and participants will have the opportunity to consider how, where and when to refer parents/caregivers living with anxiety in their local community.

To register visit en.beststart.org and click on [Workshop - Perinatal Anxiety and Supporting Parental Mental Health – Peterborough](#) under **News and Events**

Registration Fee:

\$75 includes lunch, coffee breaks and handouts

For questions related to registration, please contact:

Amanda Dupupet: a.dupupet@healthnexus.ca

1-800-397-9567

or 416-408-2249 ext. 2235

For questions related to content, please contact:

Jo-Anne Robertson: j.robertson@healthnexus.ca

1-800-397-9567

or 416-408-2249 x2238



Resources For Patients

What's Available in 2017 for Patients to Quit Smoking

There is no single more powerful impact on an individual's motivation to quit smoking than the advice of a trusted healthcare provider.

The "Quit Smoking Help Peterborough" resource list has been revised highlighting cessation support services available to Peterborough area residents, from one-to-one counselling to the online community. Make this resource part of your "how to quit smoking" conversation and save time in the process!

Interest in quitting smoking remains high with two-thirds of residents who smoke in Peterborough reporting intentions to quit in the next six months. Multiple quit attempts are a normal and necessary part of quitting smoking for good.

Peterborough Public Health is providing monthly cost-free quit smoking workshops that include a group education session and five weeks of nicotine replacement therapy patches. The next workshop is scheduled on Thursday, September 14, 2017.

This STOP Program is led by the Centre for Addiction and Mental Health (CAMH) in partnership with Peterborough Public Health.

Anyone interested can call 705-743-1000 for more information and to register.

Every attempt to quit is a success to be congratulated!

