## 2016-17 Seasonal Influenza Vaccine Consent



### What is influenza?

Influenza (commonly known as "the flu") is a serious respiratory illness that is caused by a virus. People who get influenza may have a fever, chills, cough, runny eyes, stuffy nose, sore throat, headache, muscle aches, extreme weakness and fatigue. The elderly may not have a fever. Children can also have earaches, nausea, vomiting and diarrhea. People of any age can get influenza. Most people recover within a week to ten days and sometimes longer in the elderly and in people with chronic diseases. Most people who get influenza are ill for only a few days, however, the cough and fatigue can persist for several weeks making the return to full activity difficult. Some people can develop complications and may require hospitalization. Influenza spreads by respiratory droplets from infected persons, through coughing or sneezing. It is also spread through direct contact with surfaces contaminated by the influenza virus, such as toys, eating utensils and unwashed hands.

# How well does the seasonal influenza vaccine protect against influenza?

For those over 18 years of age the publicly funded influenza vaccine protects against three strains of the virus. For those under 18 years of age, the publicly funded influenza vaccine protects against four strains of the virus. When there is a good match between the influenza strains in the vaccine and the influenza strains circulating in the community, the vaccine can prevent influenza illness in about 60% to 80% of healthy children and adults. Studies have shown that influenza immunization decreases the incidence of pneumonia, hospital admission and death in the elderly. It takes about two weeks after the immunization to develop protection against influenza; protection may last up to one year. People who receive the vaccine can still get influenza, but if they do, it is usually milder. The vaccine will not protect against colds and other respiratory illnesses that may be mistaken for influenza, but are not caused by the influenza virus.

### Can the vaccine cause influenza?

No, you cannot get the flu from the vaccine. Vaccination is the most effective way to prevent influenza.

### Who can get the seasonal influenza vaccine?

Anyone aged 6 months and older who lives, works or attends school in Ontario is eligible to receive the publicly funded vaccine free of charge.

# How many doses of the seasonal influenza vaccine are needed?

Because the influenza virus changes often, it is necessary to get an influenza immunization every year. Children previously immunized with seasonal flu vaccine and adults should receive one dose of the vaccine every year. Children less than 9 years of age receiving the vaccine for the first time require two doses of vaccine at least four weeks apart. Who should not get the seasonal influenza vaccine? The following persons should not get the influenza vaccine:

- Infants under 6 months of age
- Anyone who has had a serious allergic reaction (anaphylactic) to a previous dose of vaccine or to any of the vaccine components. However, those with a severe allergy to egg or egg products may still receive the vaccine as recommended by National Advisory Committee on Immunization (NACI). A serious allergic reaction usually means that the person develops hives, swelling of the mouth and throat or has trouble breathing and experiences a sudden drop in blood pressure.
- Anyone who has previously developed Guillian-Barré Syndrome (GBS) within the first 6 weeks following an influenza immunization should avoid influenza immunization at this time.

#### What are the risks from seasonal influenza vaccine? Most people who get the vaccine have either no side effects or mild side effects such as soreness, redness or swelling at the injection site. Life-threatening allergic reactions are very rare. If they do occur, it is within a few minutes to a few hours after receiving the vaccine. If this type of reaction occurs medical attention should be sought immediately.

*Guillain-Barré Syndrome (or GBS):* GBS is a very uncommon disease that causes muscle paralysis and has been associated with certain infectious diseases. Overall, the risk of GBS occurring in association with immunization is small.

*Oculo-Respiratory Syndrome (ORS):* During the 2000-2001 influenza season, ORS was reported after the influenza vaccine. Since 2000-2001, fewer cases of ORS have been reported. Persons who experienced ORS symptoms in the past may be safely re-immunized with influenza vaccine except for those who have experienced ORS with severe lower respiratory symptoms. These individuals should seek advice from their health care provider.

#### When should I seek medical attention after immunization with the seasonal influenza vaccine? You should seek medical attention if you believe that you or someone in your care has had a reaction to a vaccine.

Any reaction to a vaccine should be reported to your health care provider who will report these occurrences to Public Health.

# Who should I talk to if I have any questions about seasonal influenza or any other vaccines?

- Call 1-877-844-1944 (TTY#1-800-387-5559)
- ✓ Visit website <u>www.ontario.ca/flu</u>
- If you have questions about the vaccine that are specific to your medical condition, you should ask your health care provider
- ✓ Call Peterborough Public Health at 705-743-1000.

The information on this consent form is collected for the purpose of maintaining an immunization record for this person. Your influenza vaccine information will be entered on Public Health's computerized database. For more information, contact the Peterborough Public Health Freedom of Information Coordinator at 705-743-1000.

#### 2016-17 Seasonal Influenza Vaccine Consent

(Please Print Clearly with BLACK INK)

#### CONFIDENTIAL WHEN COMPLETED



Last Name:		First Name:	
Gender: 🗆 Male 🗆 Female	Birthdate:	/ /	Age:
Address:			
City:			Postal Code:
Phone:	Ema	il (Optional):	
1. Have you received the seasonal flu vaccine in the past?  No Yes Unsure			
2. Do you have a fever or are you currently feeling unwell? 🗆 No 👘 Yes - If Yes, describe:			
3. Have you experienced an adverse reaction to previous influenza vaccinations?  No Yes - If Yes, describe:			
4. Are you taking anticoagulants (blood thinners)? 🛛 No 🖓 Yes			
<ul> <li>Have you ever had Guillain Barré Syndrome (GBS) diagnosed 6 weeks after receiving the influenza vaccine?</li> <li>No</li> <li>Yes - If Yes, do not receive.</li> </ul>			
<ul> <li>6. Have you ever had Oculo-Respiratory Syndrome (ORS) (cough, wheeze, difficulty breathing, hoarseness, sore throat and/or facial swelling) within 24 hours after receiving the influenza vaccine with severe respiratory symptoms?</li> <li>□ No □ Yes –discuss with health care provider</li> </ul>			
<ul> <li>7. Do you fit into one of these high risk categories for contracting influenza or transmitting influenza? No Yes</li> <li>65 years old or older</li> <li>healthy child 6 to 59 months of age (under 5 years of age)</li> <li>health care worker and other care providers in facilities &amp; community settings</li> <li>provide essential community services (fire, police, ambulance)</li> <li>poultry worker</li> <li>members of a household expecting a newborn during the influenza season</li> <li>household contact/caregiver to an infant less than 6 months old or to anyone at high risk for influenza related complications</li> <li>provide regular child care to children who are between 0 to under 59 months of age</li> <li>have a chronic condition (cardiac, kidney, blood or pulmonary etc.)</li> <li>resident of a nursing home or chronic care facility</li> <li>child or adolescent with a condition treated with acetylsalicylic acid (ASA) (i.e. Aspirin)</li> <li>pregnant</li> <li>Aboriginal people</li> </ul>			
<ul> <li>provide services in closed or relatively closed settings (i.e. crew on a ship) to persons in one of the above categories</li> <li>8. Are you allergic to the following:</li> </ul>			
Neomycin: 🗆 No 🗇 Yes Formaldehyde: 🗆 No 🗇 Yes Kanamycin: 🗆 No 🗇 Yes Thimerosal: 🗆 No 🗇 Yes			
I confirm that I have read the information on the influenza vaccine and understand the benefits and possible risks of the vaccine. Any questions I had were answered to my satisfaction. I have been advised to wait 15 minutes following vaccination to be observed for potential adverse reactions. I am providing consent for myself (the above-named) to be vaccinated against influenza.			
Signature of client/parent/guardian:			Date: / /
If signing for someone other than yourself, you must be the appropriate substitute decision maker/legal guardian.			
Name of person completing form if different from above:			
Relationship to above:			
Contact in case of emergency: Phone:			
Notice of Collection: Personal information is collected under the authority of the Health Protection and Promotion Act R.S.O. 1990, to maintain a record of your immunization and to provide statistics required by Peterborough Public Health and the Ministry of Health and Long-Term Care. Should you have questions about the collection and maintenance of this information, please contact Dr. Rosana Salvaterra at 705-743-1000, ext. 264.			
For Vaccinator's Use Only When Electronic Clinic Management Is Not Used			
Are you feeling ill today? fever? infection? I No I Yes - If Yes, describe			
Have you ever had a flu shot before? DNO Pes - If Yes, describe problems, if any			
Have you ever had an allergic reaction to a vaccine?			
Do you have a blood disorder or are you taking medication that could affect blood clotting? No Yes - If Yes, describe:			
Did you read the information provided to you?	□ No □ Yes Ha	ave you had GBS 6 weeks pos	st immunization? 🗌 No 🗐 Yes
Vaccine: □ Fluviral® □ Agriflu® □ Influvac® ( <u>&gt;</u> 18 years) □ FluLaval Tetra® (<18 years) □ Fluzone Quadrivalent® (<18 years)			
Lot #:Expiry Date:/Date://Time:hrs			
Site: Deltoid Quad Right Left Dose: 0.5 ml			
Vaccinator Signature: Designation:			
Panorama Client ID#			
Dose 1: Consent Recorded (initials) imms recorded (initials) Invoiced (initials)			
Notes:			