

## Tuberculosis and Diabetes

In Ontario, the prevalence of diabetes has been steadily increasing in recent years. Diabetes increases a person's risk of progression from latent tuberculosis infection (LTBI) to active disease by about three times compared to those without diabetes. Ontario healthcare providers should be encouraged to assess a diabetic person's potential risk for LTBI, assessing them on an individualized basis.

*The Canadian Tuberculosis Standards* (7th edition) states LTBI screening and treatment should be considered for individuals under the age of 65, who are a part of a population with an increased prevalence of LTBI.

Ontario is similar to other provinces in the overall percentage of LTBI cases with diabetes. However, the percentage of TB cases with diabetes is higher in those born outside of Canada, and those born in Canada who identify as Registered Status Indians, or other Aboriginals, in comparison to non-Aboriginal people born in Canada.

If healthcare providers have any questions regarding LTBI, please feel free to contact a nurse in the Infectious Diseases Program at PCCHU at 705-743-1000.

### References:

1. PHO Monthly Infectious Diseases Surveillance Report (March 2015)
2. Canadian Tuberculosis Standards, 7th Edition, 2014

## For All Immunizers!

The updated Publicly Funded Immunization Schedules for Ontario and supporting material from the Ministry of Health and Long-Term Care are now available:

### 1. Publicly Funded Immunization Schedules for Ontario- March 2015

- Updated to reflect new and enhanced immunization programs
- Simplified formatting for ease-of-use
- Available at [www.health.gov.on.ca](http://www.health.gov.on.ca) and search *Ontario's Publicly Funded Immunization Schedules*
- Hard copies will be available through Service Ontario at a later date

### 2. Information Sheet for the Publicly Funded Immunization Schedules for Ontario

- Provides an overview of the changes to the Schedules
- Available at [www.health.gov.on.ca](http://www.health.gov.on.ca) and search *Ontario's Publicly Funded Immunization Schedules*
- Hard copies will be available through Service Ontario at a later date

### 3. Yellow Immunization Record

- Now in a passport-sized booklet format
- Option to indicate the entry of historical immunization records (e.g., transcription of out-of-country vaccination documents onto the Yellow Card)
- Hard copies will be available through the Ontario Government Pharmaceutical and Medical Supply Service beginning May 2015

### 4. Immunization Through the Lifespan Poster

- Available at [www.health.gov.on.ca](http://www.health.gov.on.ca) and search *Ontario's Publicly Funded Immunization Schedules*
  - Hard copies are available through Service Ontario at [www.publications.serviceontario.ca](http://www.publications.serviceontario.ca)
- Order numbers: English - 019717, French - 019718

## Limited Supply of DTaP-IPV

The Ontario Government Pharmacy has advised health units that they have been seeing a significant increase in orders for DTaP-IPV vaccine (previously distributed as Quadracel®, and now Infanrix®-IPV).

The Infanrix®-IPV supply is limited. Please order DTaP-IPV vaccine only for 5 and 6 year olds who are unimmunized and require doses for their primary series of tetanus, diphtheria, pertussis and polio. Please see Catch-Up Schedule 1 in the Publicly Funded Immunization Schedules for Ontario-March 2015 at [www.health.gov.on.ca](http://www.health.gov.on.ca) and search *Ontario's Publicly Funded Immunization Schedules*.

For the 4-6 year booster dose, use the Tdap-IPV (i.e., Adacel®-Polio or Boostrix®-Polio). Contact a Vaccine Preventable Disease Nurse if you have questions at 705-743-1000.

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## Liberia Still on the List for Ebola Virus Disease

On May 9, 2015, the World Health Organization announced that Liberia is Ebola virus disease (EVD)-free after 42 days without any new cases. This is promising and eagerly anticipated news in the fight against this devastating disease – and it demonstrates the progress that continues to be made by government officials, health workers and community leaders in West Africa to manage the response to this epidemic. However, the Ontario Ministry of Health and Long Term Care (MOHLTC) has been in discussion with the federal government to determine whether it would impact the current measures in place in Canada. There are factors, such as the porous borders between Liberia and the other affected countries, which must continue to be taken into account. At this time, the federal government will continue to screen and issue orders to travellers from Liberia under the federal quarantine program. As such, Ontario’s measures will remain unchanged until further notice.

Hospitals, paramedic services and primary care settings should continue to consider EVD in patients with recent travel history to Liberia. Health units will continue to monitor travellers from Liberia that are issued orders under the federal quarantine program, and to support any travellers that develop symptoms compatible with EVD to access the health system. Resources to support these activities are available at [www.ontario.ca/ebola](http://www.ontario.ca/ebola). The MOHLTC will continue to monitor the situation in West Africa in partnership with colleagues at the federal and provincial levels.

Health sector employers and health care workers may continue to contact the MOHLTC Health Care Provider Hotline by email at [emergencymanagement.moh@ontario.ca](mailto:emergencymanagement.moh@ontario.ca) or by phone at 1-866-212-2272 with questions or concerns about EVD.

## Combating Stigma – For Physicians and Other Health Professionals

The stigma associated with mental illness influences a person’s access to, and quality of, care. This new Web-Based Continuing Education (CME) course titled, “*Combating Stigma for Physicians and Other Health Professionals*” is intended to educate family physicians and specialists in the recognition of stigma related to mental illness. The course is designed to help provide participants with an opportunity to recognize attitudes and behaviours that could potentially lead to stigma as well as provide an example of a practical clinical approach to helping doctors, other healthcare professionals, and patients. This course recommends that not only do we need to change the way we think about mental illness, but also how we deliver health services and supports. This approach will address some of the challenges of stigma, especially social distancing, health social contact, and good communication.

### Course learning objectives

After completing this course you will be able to:

1. Examine your attitudes, beliefs and behaviours toward persons with mental health problems, towards mental health providers, and to the social context and structures of healthcare delivery.
2. Identify mental health problems as having biological, psychological, and social aspects to them.
3. Describe an organized approach to the treatment of mental health issues using simple practical skills and competencies that work within a busy clinical setting.
4. Develop an increased level of comfort and interest in addressing mental health problems and effectively combat the various types of mental health stigma in one’s practice and healthcare system.

To learn more, and to access the course, visit:  
[www.mdcme.ca/courseinfo.asp?id=143](http://www.mdcme.ca/courseinfo.asp?id=143).

## Income and Basic Needs Support in Peterborough City and County

Poverty represents a significant and reversible risk factor for poor health. This new online resource is designed to help health professionals connect their low-income patients to vital local services and supports for their wellbeing. The resource includes information on local access to income supports, such as Ontario Works and the Ontario Disability Support Program (ODSP), as well as services related to housing, food access, dental services, child care and legal support, among others. Contact numbers and website links are included.

To access the guide, visit [www.pcchu.ca](http://www.pcchu.ca) under **For Professionals** on the right sidebar.

## New Immunization Posters from Health Canada:



These can be ordered by clicking here or by visiting [www.healthycanadians.gc.ca](http://www.healthycanadians.gc.ca) and scrolling down to click on "Immunization and Vaccines".

## New Rabies Fax Line at PCCHU

Effective immediately, the Peterborough County-City Health Unit has a new designated Rabies Fax Line for reporting Rabies and Animal Exposure Incidents:  
**705-743-1203.**

### Please Fax and Call:

To ensure that our we comply with our privacy and security requirements and meet our Accountability Agreement Indicators, we request that all rabies incident reports be sent through this new fax number **and called in** to 705-743-1000 during business hours, from 8:30 a.m. to 4:30 p.m. Monday to Fridays. After hours, on weekday evenings or on weekends, please fax to the new fax line and call 705-760-8127 to speak to an after-hours Inspector or Manager. Details are also on the attached fax reporting form, which is to be used.

For general rabies consultations, please contact Inspection Services at 705-743-1000.

## Universal Influenza Immunization Program

Organizations interested in participating in Ontario's 2015/16 Universal Influenza Immunization Program (UIIP) are required to complete the annual application process in order to receive and administer publicly funded influenza vaccine. The 2015/16 Universal Influenza Immunization Program (UIIP) application materials are available on the Ontario Ministry of Health and Long Term Care website for both pharmacies and healthcare agencies at [www.health.gov.on.ca/en/pro/programs/publichealth/flu/uiip/](http://www.health.gov.on.ca/en/pro/programs/publichealth/flu/uiip/). This year's UIIP application period goes from May 15, 2015 to June 30, 2015. For questions regarding the 2015/16 UIIP and the application process, please email the ministry at [UIIP.MOH@ontario.ca](mailto:UIIP.MOH@ontario.ca).

For questions regarding vaccine storage and handling and the cold chain inspection process, please contact: Sharon Hele or Colleen Lynch at 705-743-1000.

## Ontario's Autism Parent Resource Kit

The Ministry of Children and Youth Services is pleased to offer a resource kit about the availability of a resource kit for parents and caregivers of children and youth with autism spectrum disorder (ASD).

This web-based kit provides information and resources to support families of children and youth with ASD at all stages of their child's progress and development.

### The kit includes information about:

- Diagnosis and treatment
- Strategies for daily living
- Services and assistance available in Ontario, including information on financial support
- School support, extra-curricular and recreational activities
- How your child develops, including sensory, physiological and social development
- Healthcare
- Parenting and family support



### For Service Providers/Professionals:

We encourage you to share this link widely with your colleagues, partners, stakeholders, and clients.

### For Parents/Families:

Please visit [Ontario's Autism Parent Resource Kit](http://Ontario's Autism Parent Resource Kit)

This kit is intended as a guide for parents and caregivers; it is not a substitute for professional advice. Visit [www.children.gov.on.ca](http://www.children.gov.on.ca) and click on "Autism Awareness" to access the resource kit.

## Health Events For HCPs

### Specimen Collection

#### Best Practice for Best Results

Wednesday, June 3, 2015

8:00 a.m. - 9:00 a.m.

Peterborough County-City Health Unit, Board Room  
10 Hospital Drive

For Long Term Care, Retirement Residence, and  
Physician Office Staff

**Presenter:** Pam O'Brien, Manager  
Public Health Ontario Laboratory, Peterborough

#### Brief Description:

- proper sample submission
- which kit to use
- current testing information (i.e. C-difficile infection)

#### RSVP by June 2, 2015

705-743-1000, ext. 139

Light breakfast, tea and coffee provided. FREE Parking.

## Resources For Patients

Visit [www.pcchu.ca](http://www.pcchu.ca) for information on:

**Spring Rabies Clinics - May 23** go to [Clinics & Classes](#) | [Clinics](#) | [Rabies Clinics](#). The Health Unit, in co-operation with the local veterinarians, is sponsoring low-cost rabies clinics in our area for dogs and cats over the age of three months.

**Fluoride** go to [My Life & Health](#) | [Adults](#) | [Fluoride in Drinking Water](#) and found under [Resources](#).

Resources include: Fluoridated Water & Infants, Top 10 Facts about Fluoride, Fluoride Facts for Parents, and more.

*More ways to stay informed!*

Protect yourself with the right health information.

Follow PCCHU on Twitter at [www.twitter.com/PCCHU](http://www.twitter.com/PCCHU), see us on Facebook at [www.facebook.ca/PCCHU1](http://www.facebook.ca/PCCHU1).



## Health Events For Patients

### Prenatal Classes for Patients

Our series of five, two-hour classes will prepare you for the challenges of birth, caring for your baby, and becoming a parent. You'll gain confidence as you explore up-to-date information, practice new skills, share ideas, and connect with other expecting moms and dads in a friendly and supportive environment.

#### You'll learn about:

- Caring for your newborn
- Breastfeeding your baby
- Your baby's birth
- Comfort measures for labour ( Lamaze )
- Medical management of pain and other interventions
- Changes and challenges of becoming parents
- Classes are led by experienced and enthusiastic Registered Nurses who are committed to supporting you with information you can trust to make informed choices for you and your family.

**Date:** Classes are ongoing on week nights from 7:00 p.m. - 9:00 p.m. They start at the beginning of your third trimester (28-30 weeks). Because classes fill up quickly, register as soon as you know you are going to have a baby, to ensure a spot.

**Place:** Board Room, Peterborough County-City Health Unit, 10 Hospital Drive Peterborough

**Fee:** \$50.00. This includes refreshments, the book *Baby's Best Chance* and other resources, as well as free parking for classes and your hospital tour.

Please let us know if the fee would prevent you from attending, as subsidies are available.

**To register or for more information,** call or email the Peterborough County-City Health Unit 705-743-1000, ext. 254 or 282 or [info@pcchu.ca](mailto:info@pcchu.ca)

**Hospital Tour:** To book a tour of the Peterborough Regional Health Centre's Labour and Delivery area, please call 705-876-5017.

View the **FYI Newsletter** online at [www.pcchu.ca](http://www.pcchu.ca) under For Professionals | Health Professionals | FYI Newsletter