

ALERT: Local Chickenpox Cluster and Toronto Listeria Cases

March 22, 2018



**Peterborough
Public Health**

*Serving the residents of Curve Lake and
Hiawatha First Nations, and the County and
City of Peterborough*

Attention: Health Care Providers

Local Cluster of Chickenpox (varicella)

Peterborough Public Health has been advised of a cluster of chickenpox cases related to Fleming College. A letter is being disseminated to students and staff of the college advising them of the potential exposure, symptoms and risk factors for infection. Peterborough Regional Health Centre, Infection Control, has also been advised. You may see patients presenting with questions, concerns, or symptoms relating to the disease.

Please refer to the following Infectious Disease Protocols from the Ministry of Health and Long Term Care for more information:

- [Disease-specific chapter on chickenpox \(varicella\)](#) or visit www.ontario.ca/health and search for keywords "chickenpox chapters"
- [Provincial Case Definition for chickenpox \(varicella\)](#) or visit www.ontario.ca/health and search for keywords "chickenpox definition"

Varicella is reportable and should be reported as soon as there is a clinical suspicion.

If you have any questions, please call a Public Health Nurse at 705-743-1000, ext. 131 between 8:30 a.m. and 4:30 p.m., Monday to Friday.

Listeria Cases at Druxy's in Princess Margaret Cancer Centre, Toronto

Your patients in treatment at Princess Margaret Cancer Centre may be at risk for Listeria

Toronto Public Health (TPH) is investigating three cases of Listeria infection in people who consumed deli sandwiches sold at the Druxy's restaurant located in Princess Margaret Cancer Centre at 610 University Ave. Any individuals who ate deli meats at this restaurant from January 1 to March 12, 2018 are asked to watch for signs and symptoms of Listeria infection and seek medical attention if they have symptoms. The incubation period for Listeria monocytogenes ranges from 3 to 70 days, with a median incubation of three weeks

Common symptoms include fever, diarrhea, vomiting, nausea and cramps. Severe symptoms include headache, stiff neck, confusion, loss of balance, and convulsions, and can develop suddenly in those with a weak immune system because of a medical treatment or a medical illness, and the elderly.

TPH continues to investigate the matter and has asked that all referring physicians and hospitals be alerted. The restaurant is currently closed and the owner is cooperating with TPH to ensure there is no further risk to the public.

If you have questions, please call Gillian Pacey or Ravi Shahe, Public Health Inspectors, at 705-743-1000.

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