

ALERT: Influenza Outbreak at Sherbrooke Heights

Monday, May 1, 2017



Attention: Healthcare Providers

On Thursday, April 27, 2017, an Influenza A outbreak was declared at Sherbrooke Heights, a retirement home in Peterborough. As this is not a long term care facility, there is no nursing staff on site, and there are no pre-existing protocols in place. Peterborough Public Health is working closely with the premise and the Peterborough Regional Health Centre to control the outbreak, however, to date, there are 27 resident cases, 5 staff cases, and 11 hospitalizations. The first case had an onset date of Thursday, April 20, 2017.

We were able to obtain provincial stockpiles of Tamiflu (oseltamivir) on Sunday, April 30, 2017. We offered prophylaxis for all residents not on the line listing who wished to receive it. If you have a patient who is a resident or staff member at Sherbrooke Heights, please be aware that he or she may be taking a daily dose of 75 mg for the duration of the outbreak. We are working with the pharmacy team at the High Street Guardian Pharmacy to provide all residents and staff who have requested prophylaxis with a blister pack containing one week's supply of medication. Additional supplies will be provided if needed.

If you have a patient who is a resident or staff member with impaired renal failure, please arrange with the pharmacist at Guardian or your own, for your patient to receive an alternative dose. They will need a prescription from you as we are only able to provide the 75 mg dose.

If you have a patient who is a resident or staff member of the facility who requires a treatment dose (twice the dosage), please ensure that they have their prescription filled by a pharmacist as we are only providing prophylaxis.

If you have any questions, please call 705-743-1000 and contact Public Health Nurses Brittany Colarossi (ext. 366) or Jessica Andrews (ext. 306).

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Medical Officer of Health