

ALERT: Seasonal Influenza Confirmed Locally

January 15, 2016

Peterborough County-City
HEALTH UNIT
...because health matters!

First local lab-confirmed case of seasonal influenza

The first local acquired and laboratory-confirmed case of influenza was reported to the Health Unit yesterday. Areas surrounding Peterborough are also reporting sporadic laboratory confirmed cases.

The Health Unit recommends that you take this opportunity to remind your patients to be immunized. The influenza vaccine is recommended for everyone over six months of age. The vaccine is especially important for people with a weakened immune system, pregnant women, young children, the elderly and anyone who takes care of people in these groups.

Flu shots are widely available at many local pharmacies, from physician offices, and the Health Unit is also offering its final clinic by -appointment at 185 King Street, Saturday January 16, 2016.

Vaccine is still available to order.

If you have questions, please call an Infectious Disease Program Nurse at (705)743-1000.

Flu Resources:

For more information about influenza, please go to www.pcchu.ca, click on "For Professionals", then "Health Professionals", and go to the section for "Reportable Diseases". On that page there is a link for "Reportable Disease websites" which lists credible website information for healthcare professionals. Each disease is listed alphabetically, so click on "I" for influenza. The same links for influenza information are also provided below:

[Canadian Paediatric Society](#)

[Centre for Disease Control and Prevention](#)

[Influenza Surveillance and Activity in Ontario](#)

[Ministry of Health and Long Term Care](#)

[Public Health Agency of Canada](#)

[Public Health Ontario](#)