# FREE Activities for Families Summer 2017

More information is available at:

Family HEALTHline: 705-743-1000 and

http://www.peterborough.ca/Living/Recreation/Free\_in\_Peterborough.htm

# 150<sup>th</sup> Birthday Celebrations and Canada Day

**July 1, 2017** Canada Day and 150<sup>th</sup> birthday parades and celebrations are being held in Peterborough City and County locations <a href="http://thekawarthas.ca/canada150/">http://thekawarthas.ca/canada150/</a>

## **Art Gallery of Peterborough**

705-743-9179

http://agp.on.ca/about/hours-admission/

250 Crescent St.

Free admission to gallery for parents and children of all ages.

Summer art camps available for a fee.

#### **Beaches**

There are many local beaches and playgrounds with free swimming and sand play. Water quality reports can be found at:

http://www.peterboroughpublichealth.ca/my-home-environment/my-community/beach-testing/beach-testing-results/

Beavermead Park on Ashburnham Drive and Rogers Cove on Maria Street will have lifeguards seven days a week from June 30 to August 27 between the hours of 11 am – 6 pm. Both beaches have washrooms. Remember to pack your hats, sunglasses, sunscreen and lots of water for drinking.

# **Beavermead Campground**

http://beavermeadcampground.com/

#### **Discovery Days #1**

**July 8:** Yoga in the Park (10 - 11 pm), family friendly, bring mat/towel Sciensational Snakes (1 - 3 pm), Get up close and personal with local species of snakes

Water Safety Display and workshop with Peterborough Power and Sail Squadron **July 9:** Guided Paddling Tour of Little Lake (3:30 - 4:30 pm)

#### **Discovery Days #2**

**July 22:** Yoga in the Park (10-11 am) -family friendly, bring mat/towel Sciensational Snakes (1 -2 pm) Get up close and personal with local species of snakes

Turtles of Ontario - Live Specimens (2:30 - 3:30pm)

#### **Discovery Days #3**

**August 12:** Yoga in the Park - family friendly, bring mat/towel (10 -11am) Paddling Puppeteers - Interactive puppet show including songs of the Kawartha Lakes (1 – 2pm)

Turtles of Ontario - Live specimens (2:30 - 4pm)

Campfire - Meet at the Gatehouse for a campfire under the stars! (8 – 10pm) Bat Walk - Join us for a night walk to learn about bat species and behaviour.

(8:30 - 9:30pm)

August 13: OFAH/OPG Tackleshare Fishing Workshop- Learn to fish. Includes games and fish identification. All equipment provided. (11am -1pm) Otonabee Conservation Guided paddling tour of Little Lake - Bring your own canoe or kayak or borrow one of ours! (TBD)

## **Bikeways and Trails**

http://peterboroughmoves.com/maps-resources/

705-743-7777 ext 1485

Enjoy a walk, stroller or bike ride along one of Peterborough's many trails. There are many in town and in the county. Visit the website for many printable maps and details. Printed copies of the maps are available at the City of Peterborough, Peterborough Green-Up, Kawartha Tourism, Wild Rock Outfitters and Peterborough Public Health.

#### **Books**

Summer is a great time to dive into a book and get lost on an adventure. Books are a great and free way to travel without leaving town. Paper books, audiobooks, and e-books are available on every topic imaginable. Listening to audio books together while driving on a long road trip can help you enjoy the trip together and the drive will seem much shorter. **Check your local library for free books of every kind.** Also check the following website for book ideas:

The Children's Book Centre, <a href="http://bookcentre.ca/resources/how-to-choose-a-book/">http://bookcentre.ca/resources/how-to-choose-a-book/</a>

Kid Talk, http://kidtalk.on.ca/index.php/reading-songs-videos

A Mighty Girl, http://www.amightygirl.com/books

Meaningful Values, <a href="http://www.goodnet.org/articles/25-childrens-books-that-teach-kids-meaningful-values">http://www.goodnet.org/articles/25-childrens-books-that-teach-kids-meaningful-values</a>

The Joys of Boys, <a href="https://www.thejoysofboys.com/how-to-encourage-boys-to-read/">https://www.thejoysofboys.com/how-to-encourage-boys-to-read/</a>

# **Bowling**

Register at <a href="www.kidsbowlfree.com">www.kidsbowlfree.com</a> and receive 2 free games of bowling every day at Lakeview Bowl (George St. and Rink St.) for each child under 15 years of age, from June 7 – Sept. 3. After registering your child you will be directed to a payment page for adult registration. You do NOT have to provide payment information if you do not plan to bowl with your kids. Shoe rental is extra.

# Canada Day and 150th Birthday Celebrations

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#### Canadian Canoe Museum

http://www.canoemuseum.ca/

All year, every Thursday evening from 5 - 8 pm, explore the Canoe Museum for free. Kid's activities are located throughout the museum.

## **Canadian Tire Jumpstart Program**

http://jumpstart.canadiantire.ca/en.html#apply

Canadian Tire Jumpstart is a charitable program that helps kids in financial need aged 4 to 18 participate in organized sport and recreation activities. A parent or guardian can apply online at the above website. If you have additional questions call 1-844-937-7529

## **Cooking Classes**

705-743-1000 ext. 316

Peterborough Public Health will be offering summer cooking classes and other free food programs for parents and children in the city and county. Call the above information for details and to register.

# **Ecology Park**

http://www.greenup.on.ca/ecology-park/

705-745-3238

1899 Ashburnham St.

Saturday and Sunday 10 am to 4 pm.

Thursday 12 pm to 6 pm.

Ecology Park is a 5 acre park which is part of the Trans-Canada Trail. There are special theme gardens, for example, children's, butterfly, and wildlife. Bring a picnic and enjoy the gardens.

# First Rider Program

1-800-757-0307

Fri Aug 25, 2016 3 – 6 pm

Sat Aug 26, 10 am – 1 pm

Lansdowne Place, 645 Lansdowne St West, Peterborough

This school bus safety program is strongly encouraged for young children and parents as it is especially important for children who will riding the bus for the first time in September. Each session runs for 30 minutes on the hour and half hour and includes a ride on a school bus.

#### **Fishing**

http://www.ontariofamilyfishing.com/

July 1-9 is license-free fishing for adults 18-64 years of age and is a great time to teach your children how to fish.

During all other time periods, Canadian residents between the ages of 18 and 64 years must purchase a valid fishing license to legally fish in Ontario.

Learn to Fish booklet: <a href="http://www.ontariofamilyfishing.com/wp-content/uploads/2012/05/Learn-to-Fish-booklet-english.pdf">http://www.ontariofamilyfishing.com/wp-content/uploads/2012/05/Learn-to-Fish-booklet-english.pdf</a>

## **Home Depot Kids Workshops**

Register at <a href="https://www.homedepot.ca/en/home/ideas-how-to/workshop/workshops.html?store=7116#kids-workshops">https://www.homedepot.ca/en/home/ideas-how-to/workshops.html?store=7116#kids-workshops</a>

Free workshops for children 4-12 years of age; an adult must stay with the child.

#### **Jackson Park**

http://www.peterborough.ca/Living/Recreation/Peterborough\_Parks/Jackson\_Park.htm

705-742-7777

610 Parkhill Road

Jackson Park is a wonderful place to spend the day with friends and family. The upper area of Jackson Park has a playground structure, picnic tables, washrooms and area to sit in the shade. The Trans Canada Trail runs through the park, along with other trails, a creek and a pond.

Jackson Park has 2 entrances; one located at the Monaghan Road and Parkhill Road intersection and the other located at the corner of Parkhill Road and Fairbairn Street.

# **Junior Parks Program**

705-742-7777 ext 1805

http://www.peterborough.ca/Living/Recreation/Junior Parks.htm

This program is a drop-in program for children ages 4-8 and registration is NOT required. However, parents are reminded that they need to stay in the park while the program is being offered.

Summer student employees of the Recreation Division will offer games, crafts and special theme days in the parks. All Junior Parks staff are HIGH FIVE certified. The program will be offered on the following dates at the parks and times listed below:

Date	Location	Time
July 4 to July 21	John Taylor Memorial Park McKellar Street	9:00 am to 12:00 pm
July 4 to Aug 11	Kiwanis Park Middlefield & Milford Gates	9:00 am to 12:00 pm
July 4 to Aug 11	Stewart Street Park	1:00 pm to 4:00 pm

	Stewart Street	
July 4 to July 21	Sherbrooke Park, Sherbrooke St & Monaghan Rd	1:00 pm to 4:00 pm
July 24 to Aug 11	Walker Park Walker Avenue	1:00 pm to 4:00 pm
July 24 to Aug 11	Cameron St. Tot Lot Cameron St. & Erskine Ave.	9:00 am to 12:00 pm

## **Lakefield Literary Festival**

http://lakefieldliteraryfestival.com/event/celebration-at-the-childrens-tent/

Saturday, July 12, 9:30 am

Cenotaph Park, 2 Queen St., Lakefield,

Free Admission for everyone to the Children's Tent only; all other events require tickets to be purchased.

Authors, Sheree Fitch and Werner Zimmermann will entertain.

## **Lovesick Lake Community Action Program for Children**

http://www.llnwa.com/#!community-action-program-for-children-/c152e

Call Melody Benson at 705-652-8787

This program is for families with children between the ages of 0-6 years of age, of aboriginal ancestry and living off reserve. Child care is provided.

#### Movies in the Park

**Lakefield:** Cenotaph Park, 6 pm, bring your own blankets and chairs http://business.kawarthachamber.ca/events/details/free-movies-in-the-park-3960

July 6th - Antz

July 13th - The Croods

July 20th - 9

July 27th - How to Train Your Dragon

August 3rd - Agent Cody Banks

August 10th - Jimmy Neutron: Boy Genius

August 17th - Jackie Chan: Around the World in 80 Days

August 24th - The Water Horse

August 31st - Surprise

**Peterborough:** Millenium Park, 8:30-10 pm, bring your own blankets and chairs <a href="https://www.facebook.com/Ben-van-Veen-Summer-Family-Film-Series-784478951597109/">https://www.facebook.com/Ben-van-Veen-Summer-Family-Film-Series-784478951597109/</a>

June 30 – Beauty and the Beast

July 21 – Harry Potter and the Philosopher's Stone

August 25 - Moana

## **Multicultural Canada Day**

Saturday, July 1 (see Canada Day above)
Del Crary Park, George St., Peterborough
Hosted by the New Canadians Centre,
<a href="http://www.nccpeterborough.ca/?page\_id=9361">http://www.nccpeterborough.ca/?page\_id=9361</a>

## **Old Millbrook School Family Centre**

www.millbrookfamilycentre.com

705-932-7088

1 Dufferin St., lower level, Millbrook

Drop-in program for children (0-6 years) and their parents/caregivers

Drop-in Gym

2nd Thursday of each month

9:30 - 11:30 am

Stay n' Play - Drop-in Play Group Tuesdays and Thursdays, 9:30 am – 1:00 pm Enjoy a potluck at Stay n' Play during the last Thursday of each month! Bring a kid-friendly dish to share at 11:30am

#### **Ontario Provincial Parks**

FREE day pass at all parks on **July 21/2017** www.ontarioparks.com/hphp/freedayuse

#### **Parks and Trails**

http://www.peterborough.ca/Living/Recreation/Free\_in\_Peterborough/Parks\_\_\_Tr ails.htm

The uniquely diverse topography of Peterborough & the Kawarthas creates endless opportunities for outdoor recreation, and trail systems of varying use and terrain types are among the region's best features.

# **Peterborough Astronomical Association (PAA)**

http://www.peterboroughastronomy.com/specialevents.php

Date	Event	Location
August 12	Perseid Meteor Shower - Public Viewing - 8:30PM to 12:00AM	Armour Hill
August 21	Solar Eclipse - Public Viewing - 1:00PM - 3:00PM - Because of our location we will see only a 67% eclipse but well worth the trip up Armour Hill	Armour Hill
August 25 - 26	Emily Park - August 25 with backup night on August 26 - Public Viewing - Start Time 9PM - Details on website.	Emily Park
August 26	Rock the Lock Buckhorn - Solar Viewing and Public Outreach -	Buckhorn
	10:00AM - 4:00PM - Details on website.	Locks

These events are open to the public and are free of charge. Join us to learn more about the stars and to see the solar system through PAA equipment.

# Peterborough Family Resource Centre/Ontario Early Years Centre – closed for July and August

## **Peterborough Folk Festival**

http://www.peterboroughfolkfest.com/

August 18 – 20, 2016 at Nicholls Oval Park. Concerts all weekend.

Free activities in the children's village for children of all ages.

## **Peterborough Lift Lock Visitor Centre**

http://www.pc.gc.ca/en/lhn-nhs/on/trentsevern/activ/interpretation

705-750-4950

353 Hunter Street East

The Peterborough Lift Lock Visitor Centre is located next to Lock 21 and has free admission, exhibits and movies.

Open hours from June 26 - Sept 4:

Mon – Thurs, 9 am – 6 pm

Fri - Sun and holidays, 9 am - 7 pm

## **Peterborough Museum and Archives**

www.peterboroughmuseumandarchives.ca

705-743-5180

300 Hunter Street East (Armour Hill)

Mon - Fri, 9 am - 5 pm.

Weekends & Holidays, 12 noon to 5 pm.

Barrier-Free Access, Free Parking, Picnic Facilities.

Admission to Museum exhibitions is "By Donation".

Special events may require a separate entrance fee.

# **Peterborough Musicfest**

http://www.ptbomusicfest.ca/

Free outdoor concerts for all ages at Del Crary Park, every Wednesday and Saturday evenings from July 1 to August 26. Concerts begin at 8:00 pm. There is no smoking in the park. Bring a lawn chair or blanket to sit on, Deet insect repellent, and water for drinking.

# **Peterborough Public Library**

http://www.peterborough.library.on.ca/Kids/Programs\_for\_Kids/Summer\_Programs\_and\_Events.htm

705-745-5382

Temporary location: 360 George St. N. Peterborough Square, Lower Level

Summer hours: Mon-Thurs, 10 am - 7 pm

Fri - Sat, 10 am – 5 pm

Sun, 2 – 5 pm

Summer programs, see above link for details:

TD Summer Reading Club, June 30th - August 18, (all ages)

BOARD'm Buster Mondays, Mondays throughout July and August, (all ages)

Make & Create Art Cart, Tuesday July 4, 18, August 1, 15, (all ages)

Storytime in the Park, Wednesday's in July and August, (all ages)

Readers Theatre, Wednesdays, July 12, 26, August 9, (grades 2-4)

LEGO Build and Play, Thursdays, July 6, 20, August 3, 17, (all ages)

PJ Storytime, Thursdays July 13, 27, August 10, (all ages)

Can You Escape the Box? Tuesday July 18, (ages 13-18) Call for details and to register.

Drop In Paint Bookends events, July 6, August 3, (ages 12-19) Call for details.

**Delafosse Branch**: 727 Parks St. S., Peterborough, 705-745-8653

Hours year round: Tues and Thurs, 2 – 7 pm

Sat 10 am - 3 pm

Closed Monday, Wednesday, Friday, Sunday

Both library locations have Summer Reading Clubs for all ages from preschool to teens.

There are many fun workshops and events. Most events are free, however some have a small fee for supplies. Please visit the library website or pick up a listing of events at the library.

Always available for free are books, magazines, DVDs, computer and internet and Peterborough Healthy Families Resources,

# **Peterborough County Libraries**

Contact your local library for information about free summer programs.

Asphodel-Norwood Public Library: 705-696-2744

http://www.anpl.org/at-your-library/childrens-services/

Selwyn Public Library:

Bridgenorth 292-5065 / Ennismore 292-8022 / Lakefield 652-8623

http://www.selwyntownship.ca/en/selwynlibrary/Programs.asp

North Kawartha Library: Apsley 705-656-4333

http://www.northkawarthalibrary.com/index\_files/Page342.htm

Cavan Monaghan Libraries; Millbrook Branch 705-932-2919

http://www.cavanmonaghanlibraries.ca/

Curve Lake First Nation Public Library: 705-657-3217

http://www.curvelakefirstnation.ca/services-and-departments/library.php

# Peterborough Pulse

Saturday, July 15, George St.

http://www.ptbopulse.com/

Peterborough Pulse invites the whole city to walk, bike, dance, play and socialize in spaces typically used by cars. For one summer day, George Street transforms into a vibrant car-free corridor filled with families pushing strollers, cyclists and roller-skaters, Karate and Zumba, art and music, and more.

#### **Riverview Park and Zoo**

Canada's Only Free-Admission CAZA/AZAC Accredited Zoo

1230 Water St. N., Peterborough

www.peterboroughutilities.ca/Park and Zoo.htm

Open every day, 8:30 am – dusk

- Splash pad, playground, picnic shelters, disc golf, 27 exhibits, 45 species
- "Meet the Keeper" Mon Fri at 1 pm; meet zoo staff and their animals.
- Otter feeding daily at 1:30 and 4 pm.
- Free musical concerts at the gazebo every other Sunday, May 28 Sept 3, 3:00 – 5:00 pm. Remember to bring a lawn chair or blanket.
- Miniature Train operates 10 am 6 pm daily, \$2 per person over 2 years of age for a 15 minute ride.
- Visit the web site for a virtual tour and fact sheets about the animals
- Do NOT bring pets to the zoo.

## Splash Pads

http://www.peterborough.ca/Assets/City+Assets/LIS/Wading+Pool+Map.pdf

Peterborough's new splash pads located in local parks have special features including water jellies, spray tunnels, tipping pots and water willows. They will be a fun way to cool off and keep your children engaged for hours. Splash pads are NOT supervised. Remember to pack your hats, sunglasses, sunscreen and lots of drinking water.

Splash pads are open daily from 9 am – 8 pm and are located at the following parks:

- Nicholls Oval, 725 Armour Road
- Rogers Cove Park, 131 Maria Street
- Kinsmen Park, 775 Sherbrooke St.
- King Edward Park, 455 George Street South

## **Sports Facilities**

http://www.peterborough.ca/Living/Recreation/Free in Peterborough/Sports Exercise.htm

There are numerous facilities available free for community use, including baseball diamonds, tennis courts, soccer and lacrosse fields, basketball courts, a disc (frisbee) golf course, a skateboard park, and beach volleyball courts.

#### Swim to Survive

705-742-7777 ext 1873

http://www.peterborough.ca/Living/Recreation/Swim\_to\_Survive.htm

Saturday mornings from July 8 – August 5.

Advance registration is required with the Recreation Division by calling the above number, or in person at 210 Wolfe St., Mon to Fri, 8:30 – 4:30 pm.

This 30 minute free drowning prevention program is for children 5 to 12 years of age. The goal is to provide children with basic swimming techniques to help them survive a fall into water. Parents must stay with their children during the program. This is NOT a swimming lesson - but an excellent opportunity to familiarize children with water.

## **Wading Pools**

http://www.peterborough.ca/Assets/City+Assets/LIS/Wading+Pool+Map.pdf

705-742-7777 ext 1873 Open Jun 30 - Aug 27.

Supervised daily from 11:30 am - 4:30 pm, seven days a week

Wading pools are suitable for young children up to approximately 8 years of age.

**Please note**: Children must NOT be left alone in the park without appropriate adult supervision.

Remember to pack your hats, sunglasses, sunscreen and lots of drinking water. Wading pools are located at the following parks:

- Barnardo Park, 955 Barnardo Ave.
- Knights of Columbus Park, 5 Park St. North,
- Turner Park, 673 Chamberlain St.,
- Chelsea Gardens Park, 964 Southlawn Dr.
- John Taylor Memorial Park, 500 McKellar St.

## Whetungs' Ojibway Art Gallery

www.whetung.com

705-657-3661

Curve Lake, Buckhorn

The Whetung Centre contains the art gallery, museum and craft store, is open year round, 7 days a week, 9 am – 5 pm and offers free admission, parking, wheelchair access, and picnic area.

# **Hope Valley Day Camp (faith based camp)**

705-652-6850

www.hopevalley.ca

2882 Lakefield Rd., Lakefield

Day camp for all children ages 7 - 17 years. Fee is by donation only. A bus will pick children up at several locations throughout Peterborough. Registration form, camp themes, and a bus schedule can be found on the web site.